



January 2010 Newsletter



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"Because health is more than medical care"

10th Annual Dyson Day—March 10, 2010



For 2010's Anne E. Dyson Memorial Grand Rounds lecture in community pediatrics, our speaker will be Dr. Sara Horstmann. Her talk, entitled *"Rochester Coping Power Plus: An Evidence-Based Youth Violence Prevention Model"* will focus on effective interventions for promoting pro-social behaviors in elementary-school-aged children. Youth violence remains a huge problem across America. Programs that prevent aggression before it gets out of hand can turn around children's lives and make communities safer.

Sara Horstmann, MD, is an Assistant Director of the PLC Program in the University of Rochester's Department of Pediatrics. She is also a member of the Pediatric Hospital Medicine program, providing in-patient clinical care in the Golisano Children's Hospital at URMC. She received two teaching awards in the past year—one from medical students and another from the pediatrics residents. She is a graduate of the University of Vermont College of Medicine, and completed her pediatric residency training at the University of Rochester. She received advanced training in advocacy during her residency through participation in the Community Advocacy Resident Education (CARE) Track. Implementation of Coping Power in Rochester began six years ago as a CARE Track resident project led by Dr. Horstmann and three other young physicians. The Coping Power project has received national recognition from the AAP, and Dr. Horstmann has lectured at multiple national conferences on how to implement Coping Power in new communities. She has also presented on how to effectively advocate for children in schools, and she is a member of the AAP section on school health. Coping Power has been working successfully in one city school for several years and the plan is to combine it with other effective programs and expand within the Rochester City School District.

The CARE Track was developed with the generous financial support of pediatrician Anne E. Dyson and we are proud for the first time to have a CARE Track graduate delivering the Dyson Day talk about a community program that started as a resident project. If you would like to see what the current CARE residents are up to, please stick around for the poster session following Grand Rounds at URMC.

The Dyson Day lecture will be held on Wednesday, March 10th in the Class of '62 Auditorium at the University of Rochester Medical Center at 8:00 AM. As in past years, there will be an informal reception with a CARE Track community project poster session from 9-11 AM in the Sarah Flaum Atrium. Residents and fellows will be available for questions and discussion of their community projects. Dr. Horstmann will be delivering the same talk on Tuesday, March 9th at Rochester General Hospital in the Twig Auditorium at 8:00 AM. Please RSVP if you intend to stay for the reception following Grand Rounds. For additional information, please call (585) 273-3737.

In the News

- ◆ PLC Residents, Drs. Kristy Perkowski, Erika Levy and Anne Corbett served turkey dinner at the Rosa Wims 23rd Annual Pre-Thanksgiving Day Free Turkey Dinner at the Montgomery Neighborhood Center on Cady Street on November 11, 2009. Link to article and news clip here: <http://www.13wham.com/mediacenter/local.aspx?videoid=210166@wokr.dayport.com&navCatId=5>
- ◆ PLC Faculty Member, Dr. Jeff Kaczorowski was recently interviewed by YNN News for his involvement on the 2010 Community Action Plan for Children. Link to article and news clip here: <http://rochester.ynn.com/all-news-news->
- ◆ CARE Track resident, Dr. LeKeyah Quinn was interviewed on December 21, 2009 by Rachel Ward of WXXI for a broadcast titled *A Difficult Journey: From the NICU to Success in the Classroom*. Link to story here: <http://www.publicbroadcasting.net/wxxi/news.newsmain/article/0/0/1591529/>



Erika Levy, Rosa Wims, Kristy Perkowski and Anne Corbett

Announcements

- ◆ PLC Faculty Member, Dr. Laura Jean Shipley was awarded the 2009 Local Heroes Award from the American Academy of Pediatrics. Link to article here: <http://www.aap.org/sections/socp/2009LocalHeroesShipley.html>



PLC University Office:
Department of Pediatrics, URMC
601 Elmwood Avenue, Box 777
Rochester, NY 14642
(585) 273-3737
(585) 276-2566 FAX

PLC Community Office:
Child & Family Health Services
691 St. Paul Street, 4th Floor
Rochester, NY 14605
(585) 753-5233
(585) 753-5272 FAX