

# Stepping Out: Community-Oriented News in Psychiatry



## From the Office of Mental Health Promotion Issue: September 10, 2012

### Events

- 2nd Latino Film Festival
- Aging Positively: Growing Old with HIV– For Providers
- Childhood Depression Seminar
- NAMI Basics Education Program
- 2012-2013 AIDS Institute Mental Health Training



### 2nd Latino Film Festival

**What:** The Puerto Rican Festival was formulated in 1969 for the express purpose of celebrating and recognizing the culture of Puerto Ricans. Puerto Ricans continue to be one of the largest growing Hispanic populations in New York State. The Puerto Rican Festival Incorporated sponsors a variety of events, which serve to share and celebrate Puerto Rican culture. The largest event is the Puerto Rican Festival, the longest running cultural festival in the County of Monroe.

**Where:** St. John Fisher College, 3690 East Avenue Rochester, NY

**When:** September 15, 2012 1-11pm

**More information:** Visit [www.prfestival.com/filmfest.html](http://www.prfestival.com/filmfest.html) or contact 585-234-7660. Please note seating is limited and based on a first come, first served basis. Entire Film Festival is FREE

### Aging Positively: Growing Old with HIV– For Providers

**What:** In this half-day forum providers will discuss health and mental health concerns consumers may have related to aging and HIV. We will describe recent research on the impact of chronic inflammation and long-term viral infection on aging. Local providers can share community resources that can support consumers and will discuss positive behavior changes that consumers can implement with minimal to moderate effort that can reduce

their risk for developing chronic health problems, improve quality of life, and in some cases, extend their lives.

**Where:** AIDS Care, 259 Monroe Ave., Rochester, NY 14607

**When:** Thursday, September 27, 2012, 9-12pm

**More information:** Please register in advance, contact Edward Rowlands, [ERowlands@caiglobal.org](mailto:ERowlands@caiglobal.org) or tel. 212-594-7741 x 215 or register at <http://www.caiglobal.org>

### **Childhood Depression Seminar**

**What:** The Mental Health Association presents the 2012 Mental Health Practitioners “Help Me, I’m Sad”: Recognizing, Treating and Preventing Childhood and Adolescent Depression.

**Where:** Unity Health System’s Education Center, 1555 Long Pond Road, Rochester

**When:** Thursday, September 27, 2012 6-8:30 pm or Friday, September 28, 2012 8:30—11am

**More information:** View the attached brochure for registration and more details.

### **NAMI Basics Education Program**

**What:** NAMI Basics is a free six week \*education course for parents and other family caregivers of children and adolescents living with mental illness. This course is taught by trained teachers who are also parents/caregivers of individuals who developed the symptoms of mental illness prior to the age of 13 years.

**Where:** Cayuga Centers, Monroe Youth and Family Center, 175 Humboldt Street, Rochester, NY 14610

**When:** Saturday, September 15, 22, 29, October 6, 13, 20, 27 2012 10am – 12:30pm

**More information:** Contact Jodie at (585) 423-1593 or [Jodie.terhune@namirochester.org](mailto:Jodie.terhune@namirochester.org) for registration

### **2012-2013 AIDS Institute Mental Health Training**

**What:** Cicatelli Associates is pleased to release the 2012-2013 AIDS Institute Mental Health Training Registration Brochure. Please feel free to distribute to those who may benefit from attending any of these training programs.

**More information:** Feel free to visit our website at

[http://www.caiglobal.org/caistage/index.php?option=com\\_content&view=article&id=40&Itemid=236](http://www.caiglobal.org/caistage/index.php?option=com_content&view=article&id=40&Itemid=236) for additional information as well as online registration. There is no fee for these programs, with funding being provided by NYSDOH AIDS Institute. If you have any questions, please do not hesitate to contact me at this email address or at the number below. Edward Rowlands at (212)594-7741 x215 or [ERowlands@caiglobal.org](mailto:ERowlands@caiglobal.org)

### **Reminders**

- Please consider applying your attendance for any events that might meet the objectives for independent study credit hours in order to complete your cultural

competence training requirements (minimum of 3 credit hours) for the Department of Psychiatry.

- To see any past Stepping Out newsletters, please visit our OMHP homepage for the Stepping Out Archives at [Psychiatry Department: Office of Mental Health Promotion](#)

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