

Stepping Out: Community-Oriented News in Psychiatry



From the Office of Mental Health Promotion Issue: June 18, 2012

Events

- Search for Sanity
- Miss Puerto Rico of Rochester Pageant
- Executive Jibaritos Networking
- Healing through Loss: A Two Day Retreat for Practitioners
- African American Network Annual Family Gathering
- Pride Parade



Search for Sanity

What: Search for Sanity, a TV special shot inside the Hudson River State Hospital in 1954, sets the stage for a special preview of a work-in progress about the former Rochester State Hospital's high rise on Elmwood Avenue, and the lives that were indelibly changed within its walls. Q&A with Dr. Laurence Guttmacher, Bob Riley and filmmaker Dylan Toombs

Where: Cinema Theatre, 957 S. Clinton Ave

When: Tuesday, June 26th 7pm

More information: For tickets and more information, www.thereelmind.com (585) 325-3145 ext. 100

Miss Puerto Rico of Rochester Pageant

What: Come support these young women showcase their talent and culture as we look to crown our new winners.

Where: Rochester Museum & Science Center, 657 East Ave Rochester, NY

When: Saturday June 30th, 3pm

More information: Visit our new website www.prfestival.com. Feel free to email president@prfestival.com for any questions.

Cost: \$10.00

Executive Jibaritos Networking

What: Come join us as we have our networking event. Females wear your country's flower in your hair or colors for a chance to win Puerto Rican Festival tickets. Males are encouraged to wear Guayaberas.

Where: Tapas, 177 St. Paul St Rochester, NY

When: Friday July 6th, 5:30pm

More information: Visit our new website www.prfestival.com. Feel free to email president@prfestival.com for any questions.

Cost: Free!

Healing through Loss: A Two Day Retreat for Practitioners

What: This two day retreat is designed to discover your inner strength through the exploration of the many facets of grief and loss. As practitioners, we are often confronted with the issue of loss brought in by our clients. Helping others through their journey asks that we become aware of our own experience within the grieving process. Through equine assisted exploration, art, Native American ritual, music and discussion, an arena of opportunities to learn how to incorporate dealing with loss into your professional and personal life, will be considered.

Where: Windhorse Farm, 75 Walker Road, Hilton, New York 14468

When: July 6 - 7, 2012 9am to 3pm

More information: Registration contact: Kimberly Henry (865)233-3090, kkhenry@manesupport.org www.manesupport.org **Fee is \$300** and lunch is included.

Reservations are required. No horse experience needed. All activities are unmounted.

African American Network Annual Family Gathering

What: Free event Sponsored by the African-American Network at the University of Rochester. Includes Live DJ, games, face painting, network, eating, and relaxing

Where: Genessee Valley Park

When: Thursday, July 12, 4:30-8pm

More information: Please RSVP by June 29th to Denise at denise_harris@urmc.rochester.edu and receive a ticket. Please contact the African-American Network at the University of Rochester (585) 276-3259 ext 2

Pride Parade

What: The University's participation in this event is currently being organized by the

Diversity and Inclusion Committee and the Pride Alliance at the University of Rochester, with the hope of having a strong ally visibility. Please consider showing your support by joining us for this fun event. Please wear University of Rochester-related clothing

Where: Line-up from 2:30 to 3:30 pm on Brunswick/Argyle Streets Parade Route: Park Avenue to Goodman Street to College Avenue.

When: Saturday July 14th 2012

More information: Please RSVP if you plan to join us at pridealliance@rochester.edu

Reminders

- Please consider applying your attendance for any events that might meet the objectives for independent study credit hours in order to complete your cultural competence training requirements (minimum of 3 credit hours) for the Department of Psychiatry.
- To see any past Stepping Out newsletters, please visit our OMHP homepage for the Stepping Out Archives at [Psychiatry Department: Office of Mental Health Promotion](#)

For more information on events in the community check out the [DBSA Website](#)

Our mailing address is:

Office of Mental Health Promotion
University of Rochester Medical Center's Department of Psychiatry
300 Crittenden Blvd., Box PSYCH
Rochester, NY 14642

Jessica Poweski
Secretary IV
Office of Mental Health Promotion
Phone: 585-275-3571

*Copyright © *2011-2012* *University of Rochester Medical Center*, All rights reserved.*