



DIFFUSION-WEIGHTED IMAGING OF EXCITOTOXIC BRAIN INJURY

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Introduction

Trans-synaptic injury via excitotoxic amines is a specific type of injury in the peripheral and central nervous systems. Recent studies show that the receptors related to excitotoxic mechanisms are widely distributed in the brain, not only in the gray matter (neurons and astrocytes) but also in the white matter (astrocytes, oligodendrocytes, myelin sheaths, and axons) (1).

Excitotoxic brain injury is presumed to be related to any pathological condition that causes cytotoxic edema, resulting in decreased ADC areas on diffusion-weighted (DW) imaging. Such conditions include infarction, hypoxic ischemic encephalopathy, the early phase of wallerian and transneuronal degeneration, shaken baby syndrome, status epilepticus, a corpus callosum lesion related to seizures or antiepileptic drugs, diffuse axonal injury, toxic and metabolic leukoencephalopathy, the acute phase of multiple sclerosis, and Creutzfeldt-Jakob disease. This exhibit illustrates various diseases associated with excitotoxic mechanisms and DW imaging findings.

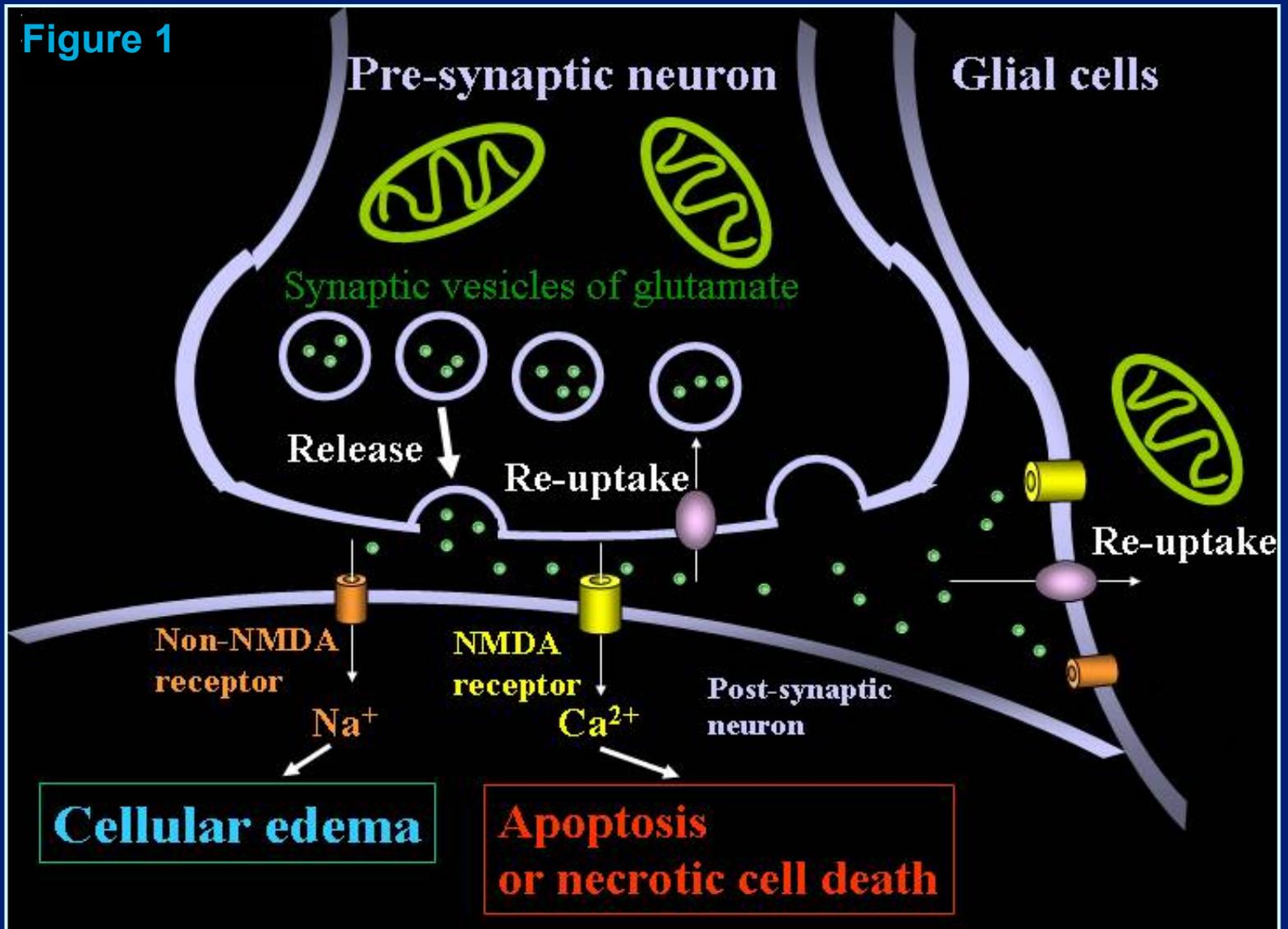
Excitotoxic Mechanisms (Fig. 1,2)

Glutamate, aspartate and glycine are the dominant excitatory amino acids and the primary neurotransmitters in about half of all the synapses in the brain. Among them, glutamate is the most important and is responsible for many neurologic functions including cognition, memory, movement and sensation. In pathological conditions, glutamate mediates neuronal injury or death, particularly through activation of the N-methyl-D-aspartate (NMDA) subtype of the glutamate receptor (2).

Neuronal glutamate is released from the pre-synaptic terminal into the synaptic cleft (Fig. 1). Re-uptake of extracellular glutamate is done at the pre-synaptic terminals and adjacent glial cells which seems to protect the neurons from excitotoxic injury. Energy for re-uptake of the glutamate is provided by the mitochondria.

The excessive glutamate binding to NMDA receptors allows entry of Ca^{2+} into the post-synaptic neuron, causing necrotic cell death or apoptosis. The excessive glutamate binding to non-NMDA receptors allows entry of Na^{+} into the post-synaptic neuron, resulting in cytotoxic edema. Glial cells also have these receptors, so the excessive glutamate leads to glial cell swelling.

Figure 1



Excitotoxic mechanisms play an important role in various diseases. Glutamate excitotoxicity is the final common pathway resulting in brain injury for many seemingly unrelated diseases. Increased extracellular glutamate is a direct cause of excitotoxic brain injury (Fig. 2).

In acute excitotoxic injury, excessive extracellular glutamate results from

- 1) decreased re-uptake mainly by energy failure,**
- 2) increased release by excessive depolarization of neuronal membranes or by intracellular accumulation,**
- 3) leakage due to disruption of axonal membranes. Acute excitotoxic injury is also related to impaired glutamate receptor function and structurally similar substance to glutamate.**

There are two positive feedback loops (yellow arrows):

- a) increased extracellular glutamate depolarizes adjacent neurons that release glutamate;**
- b) neuronal injury causes leakage of glutamate. These make this mechanism self-propagating via neuron-glia cell units and transaxonal or transsynaptic routes along the fiber tracts.**

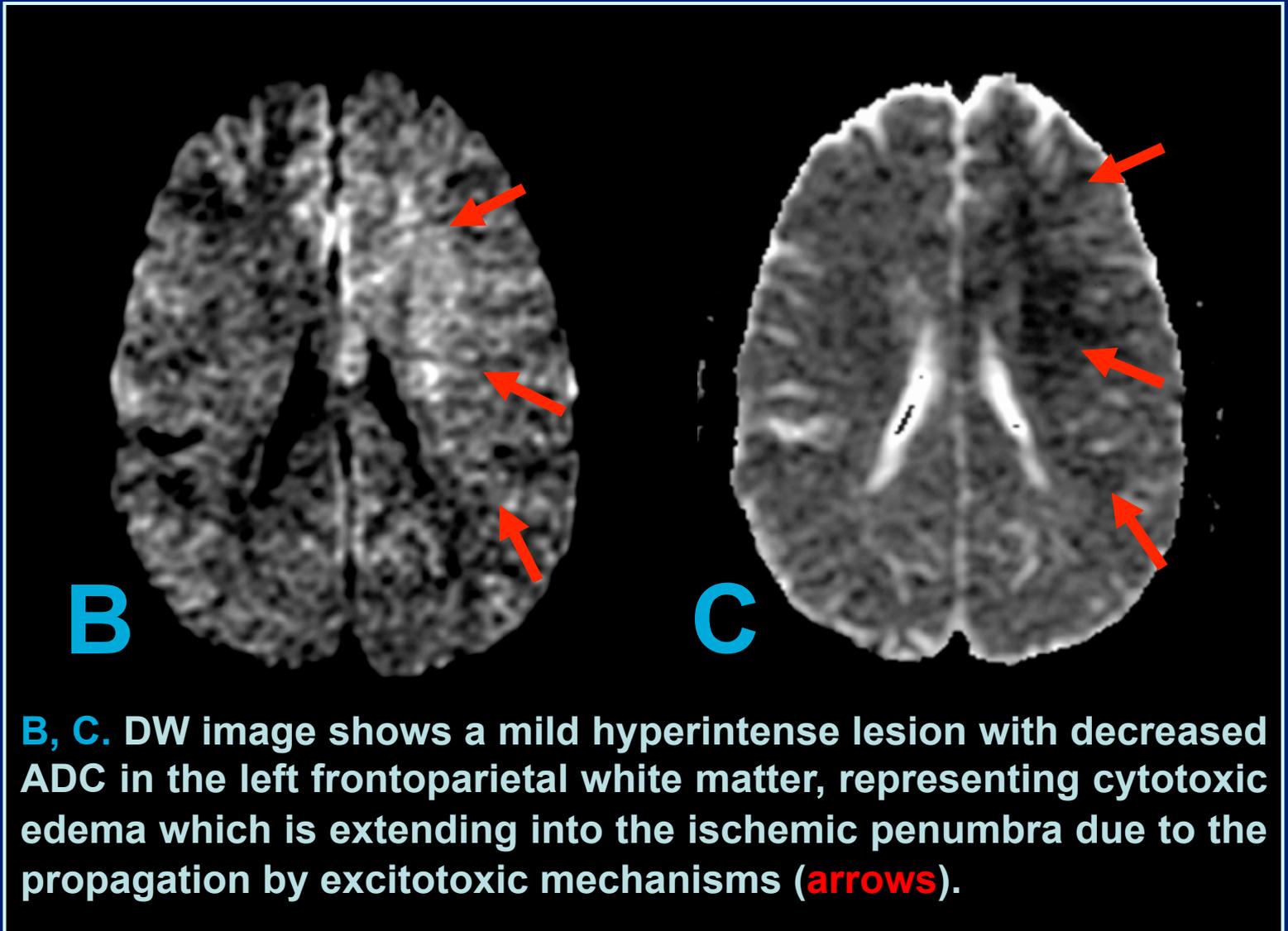
Brain Infarction (Fig. 3)

During ischemia, cytotoxic edema occurs primarily due to energy failure of neurons and astrocytes (Fig. 3). It is thought to extend secondarily into the region of penumbra via neuron-glia cell units and synapses by excitotoxic mechanism (3). Both mechanisms disable the sodium-potassium pump allowing sodium and water to enter the cell. Cytosol calcium ion levels may trigger protease and lipase production resulting in infarction. In an experimental study, NMDA type glutamate receptor antagonists (MK-801) reduces the volume of ischemic injury following MCA occlusion. This indicates that the pathophysiology of ischemic penumbra is associated with excitotoxic injury of glutamate (4).

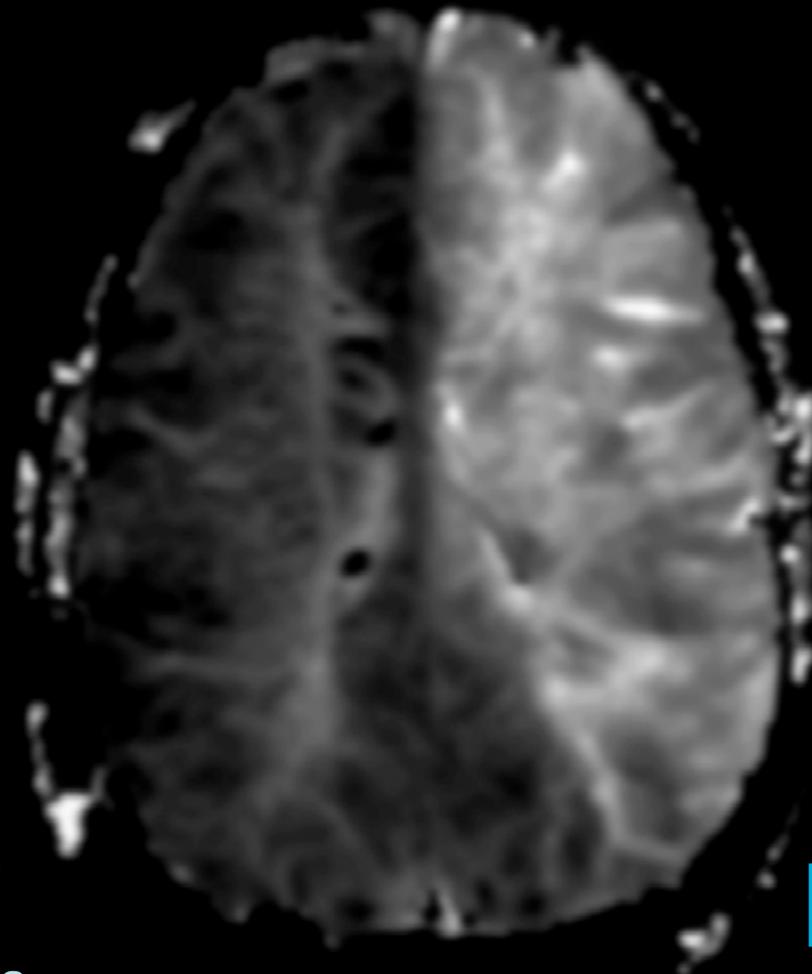
Figure 3.
Hyperacute infarction
(2 hrs from onset).
39-year-old man
with the left internal
carotid artery dissection,
presenting with right
side weakness



A. FLAIR image shows no apparent parenchymal abnormalities, but linear hyperintensities represent slow flow in the peripheral vessels (arrows).



D. Perfusion-weighted image shows the elongation of mean transit time in the entire left anterior and middle cerebral artery territories.



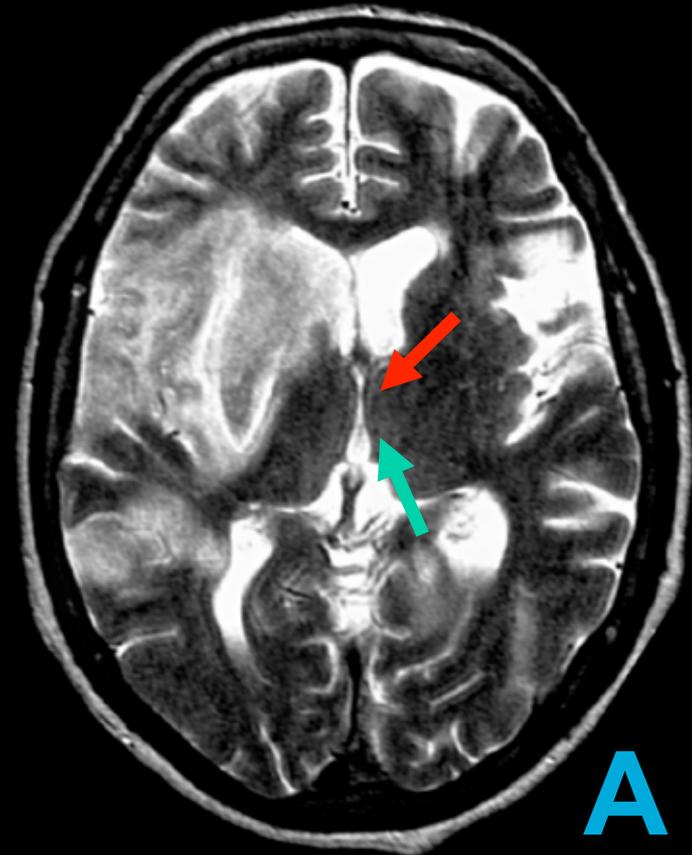
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Wallerian or Transneuronal Degeneration (Fig. 4)

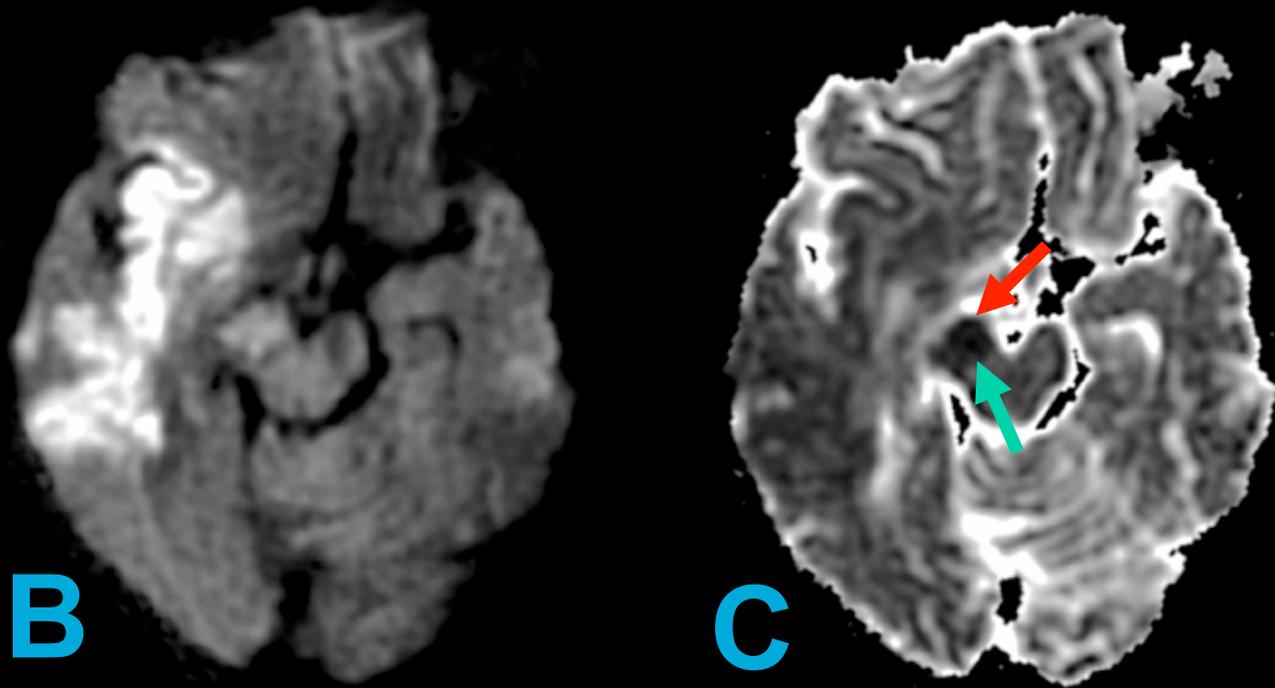
Cerebral infarction in the territory of the middle cerebral artery can cause wallerian degeneration of the corticospinal tract and transneuronal (trans-synaptic) degeneration in the ipsilateral substantia nigra. Wallerian degeneration is antegrade degeneration of the axons and myelin sheath resulting from injury of the proximal portion of the axons or cell bodies. Transneuronal degeneration in the substantia nigra occurs secondary to striatal infarction (5). Cytotoxic edema occurring in the early phase of degeneration may be related to excitotoxic mechanisms via axons or synapses (6).

DW imaging shows the early phase of wallerian or transneuronal degeneration as hyperintense associated with decreased ADC, presumably representing axonal/ intramyelinic or astrocytic swelling (7-10) (Fig 4).

Figure 4.
Wallerian and
transneuronal
degeneration.
A 76 year-old man
with a large infarct
in the right middle
cerebral artery
(MCA) territory
(6 days after onset).



A. T2-weighted image shows a right MCA infarct as hyperintense, including the left putamen.



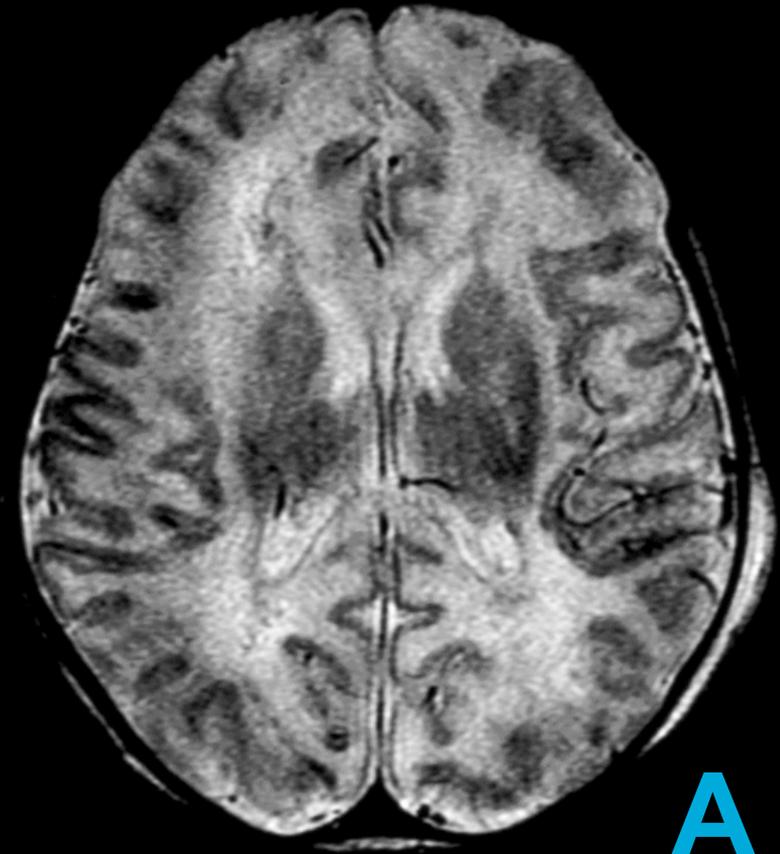
B, C. DW image at the level of the midbrain reveals hyperintense lesions with decreased ADC in the right cerebral peduncle (**arrow**) including the substantia nigra (**arrow**), as well as a right MCA infarct in the temporal area presumably due to the propagation of excitotoxic injury via axons or synapses.

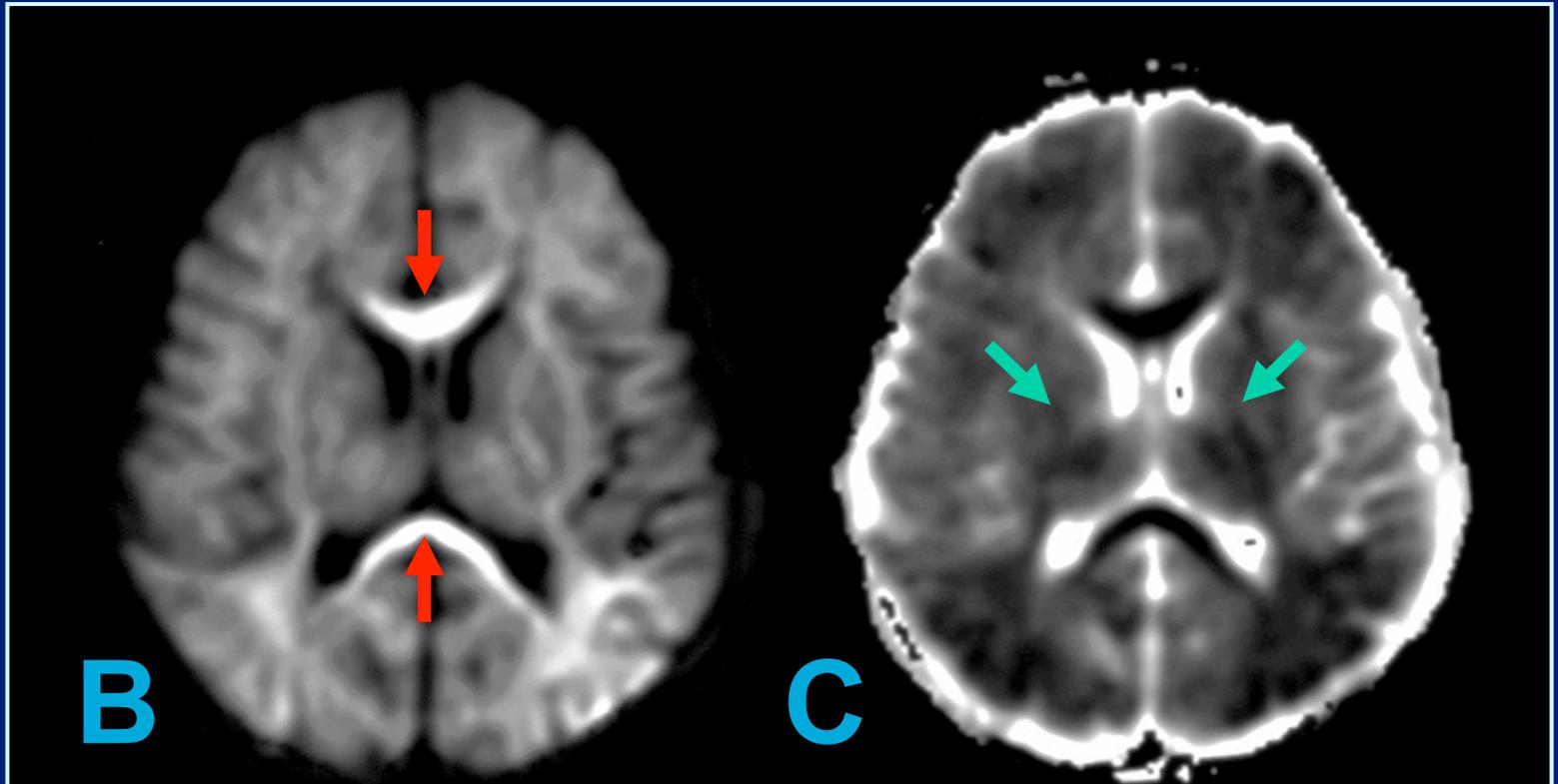
Hypoxic Ischemic Encephalopathy (HIE) (Figs. 5,6)

In HIE energy depletion in neurons and glial cells causes decreased re-uptake of glutamate which leads to increased extracellular glutamate. The perinatal period of brain development is particularly vulnerable to excitotoxic injury. The high rate of generation of synapses (synaptogenesis) results in an overexpression of the receptor. NMDA receptors dominate in the immature brain when synaptic transmission is weak and extremely plastic (2). The distribution of the lesions in the putamen, thalamus, and peri-Rolandic cerebral cortex is related to intrinsic vulnerability of these areas to energy failure.

**Figure 5. HIE.
A 6-day-old
boy with perinatal
asphyxia.**

**A. On T2-weighted image,
the gray-white matter
delineation is partially
unclear. The corpus
callosum appears high
signal intensity.**



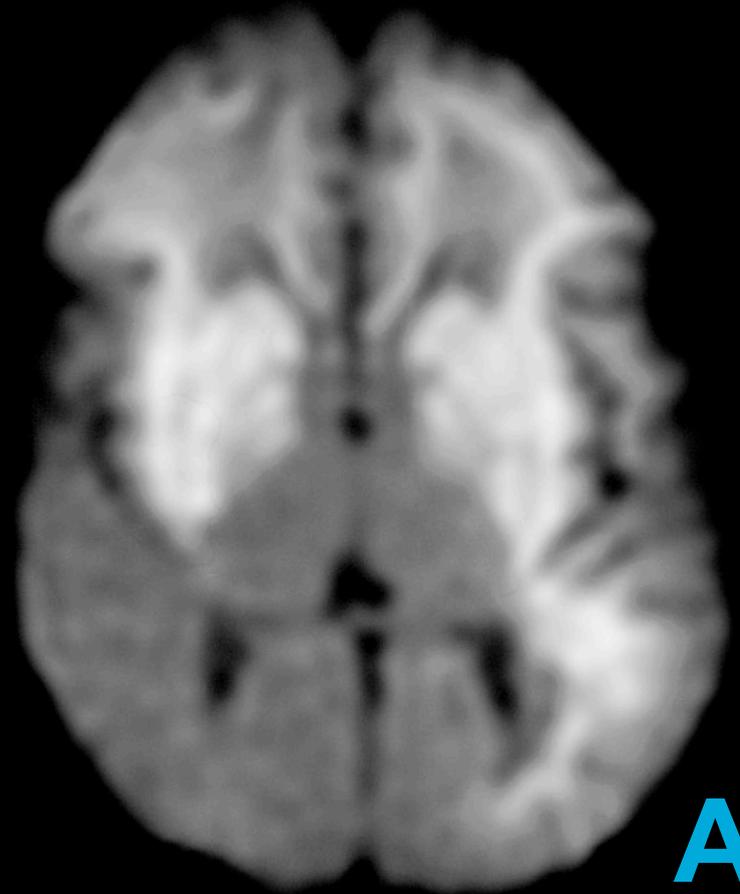


B, C. DW image shows diffuse hyperintensity with decreased ADC in the anterior and posterior corpus callosum (**arrow**), internal capsule (**arrow**), thalamus, and white matter. This distribution is presumably related to overactivity of excitatory pathways.

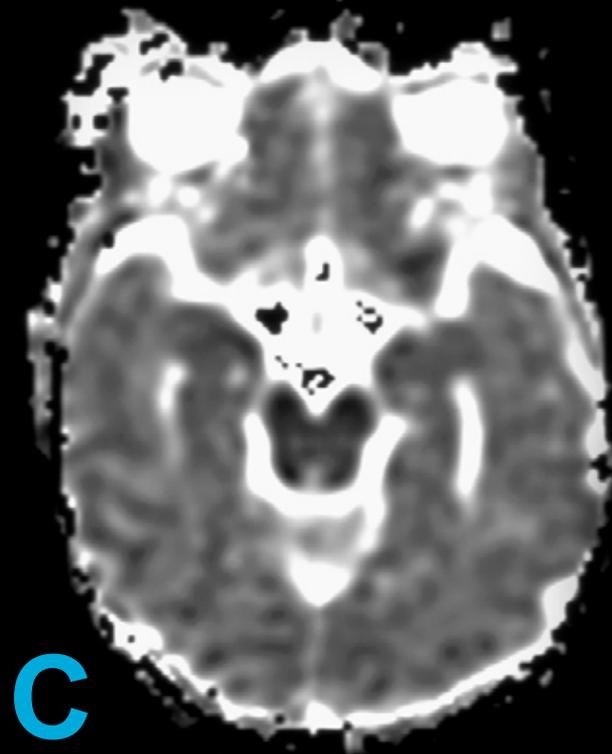
The distribution of the lesions in the putamen, thalamus, and peri-Rolandic cerebral cortex is related to intrinsic vulnerability of these areas to energy failure. One potentially important link among these areas is their interconnection by excitatory circuits (11). Thus, Overactivity in these excitatory pathways could contribute to spreading of the lesions via synapses. The internal capsule, cerebral peduncle and corpus callosum can be involved as secondary involvement through these pathways, also known as wallerian or transneuronal degeneration.

DW images and ADC maps clearly depict lesions in the corpus callosum, internal capsule and white matter when conventional MRI and CT are normal, or show subtle abnormalities (Figs. 5, 6) (12).

**Figure 6. HIE.
A 10-day-old
Boy with HIE
due to perinatal
asphyxia.**



A. DW image shows extensive hyperintense lesions involving the fronto-temporo-parietal white matter, internal capsules and basal ganglia bilaterally.



B, C. DW image shows hyperintense lesions with decreased ADC in the bilateral cerebral peduncles probably including both corticospinal tracts and substantia nigra. These findings represent the early phase of wallerian and transneuronal degeneration.

Shaken Baby Syndrome (Fig. 7)

Glutamate and glycine levels are extremely high in the CSF with shaken baby syndrome (13). In experimental acute subdural hematoma in the infant rat, glutamate in extracellular fluid in the cortex increases more than 7 times over the basal level (14).

Although the pathogenesis of brain parenchymal injuries is unknown, it seems to be related to increased release of glutamate from the pre-synaptic terminal with traumatic stimuli, and decreased re-uptake of glutamate from the synapse with hypoxia or ischemia. Widespread parenchymal injury may be related to the distribution of predominant NMDA receptors in neonates and infants.

Histologic similarities are observed between child abuse victims and infants with hypoxic ischemic encephalopathy. However, a history

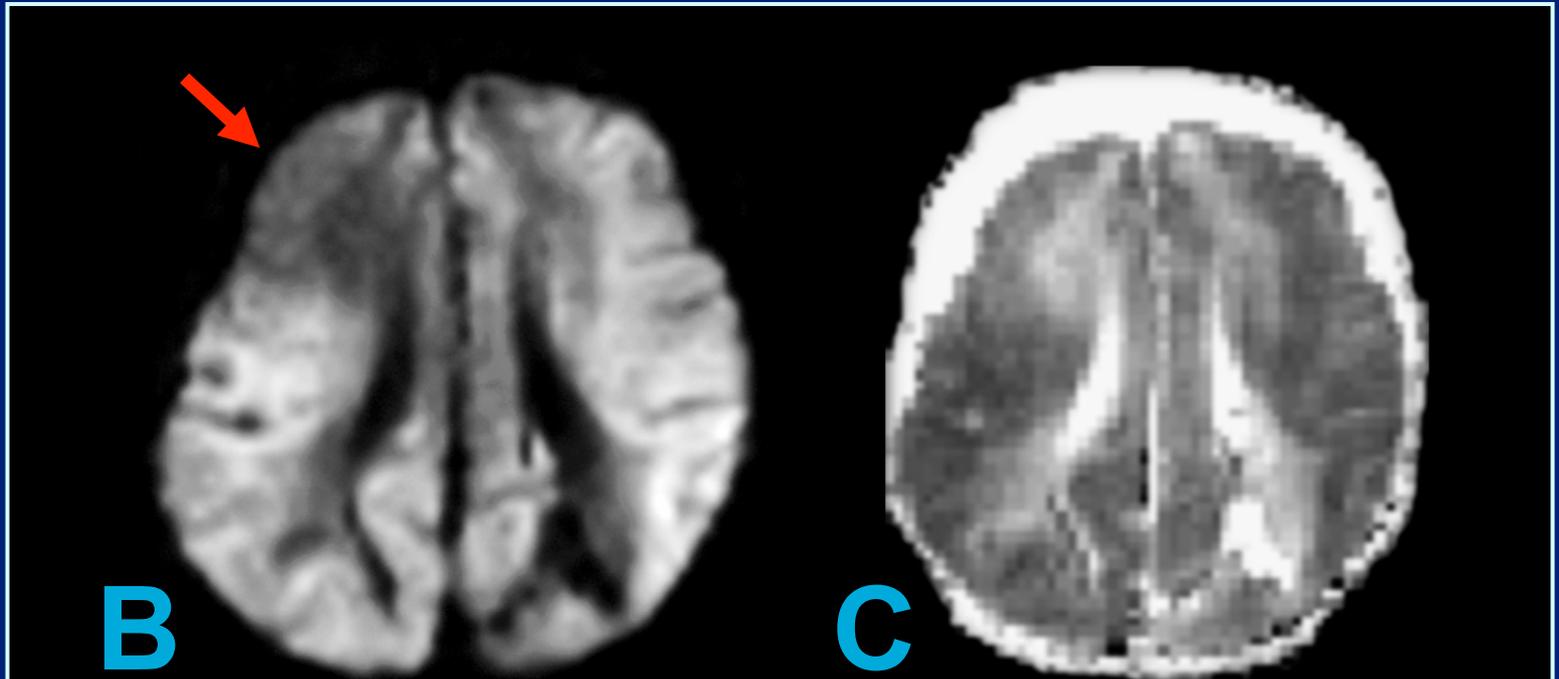
history of apnea suggesting hypoxic-ischemic injury is found in only about a half of shaken babies. Diffuse axonal injury is rare in neuropathological studies (15).

Usually the distribution of widespread parenchymal injury is neither related to vascular territories nor the location and size of acute subdural hematoma on CT and MRI. DWI is useful in detecting cytotoxic edema due to excitotoxic brain injury. The severity of DWI abnormality correlates with patients' outcome (16). Neuroprotective effects by several kinds of selective glutamate receptor antagonists are reported in animal studies (17-21).

**Figure 7.
Shaken baby
syndrome.
A 2-month-old boy.**

A. On T2-weighted image, the gray-white matter delineation is unclear, and subdural hematoma and multiple intraparenchymal hemorrhages are noted (**arrows**).



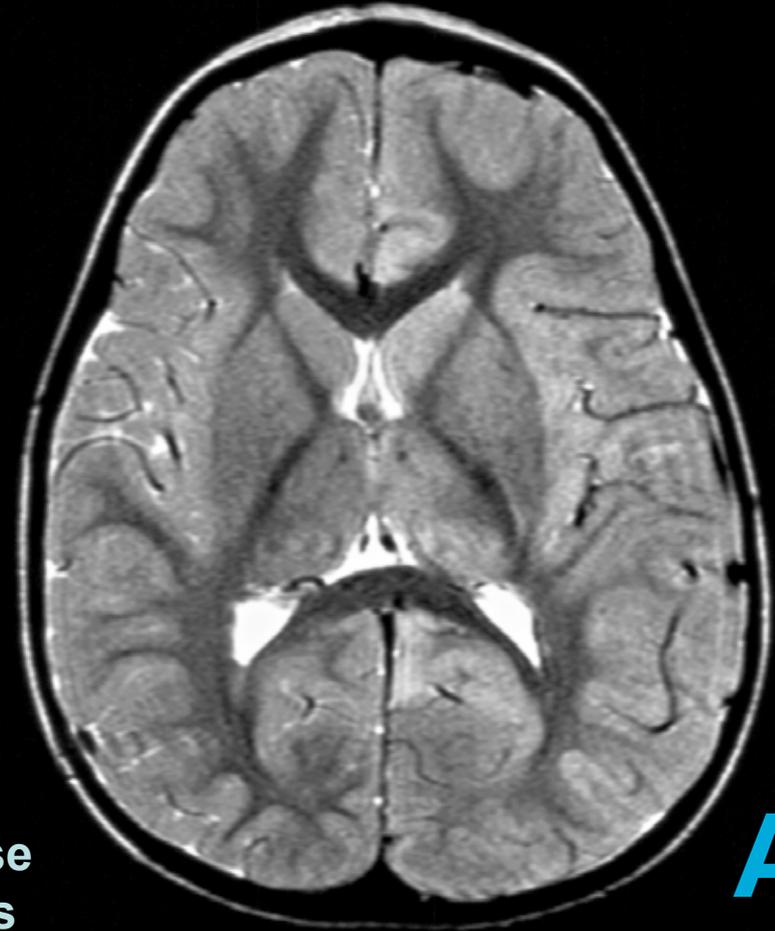


B, C. DW image shows diffuse and extensive hyperintensity in the gray and white matter with decreased ADC that represents cytotoxic edema resulting from severe and extensive excitotoxic injury. Multiple insults (hypoxia/ischemia, trauma, seizure) could be combined. Pediatric brain is susceptible to excitotoxic injuries. Only the right frontal lobe is relatively spared (**arrow**).

Status Epilepticus (Fig. 8)

In status epilepticus, neuronal injury results primarily from an excitotoxic mechanism mediated by intrinsic neuronal seizure activity (22). During status epilepticus, neuronal seizure activity increases release of glutamate from the pre-synaptic terminal of neuronal axons. Excessive glutamate crosses the synaptic cleft to bind to NMDA and non NMDA receptors, which leads cytotoxic edema in neurons and glial cells, and apoptosis or selective neuronal necrosis. Astrocytes play a significant role in cellular and tissue repair by detoxification of excessive glutamate (23). Cytotoxic edema of the acute phase of reactive astrocytes can be responsible for the reversible signal abnormalities (24). Encephalopathy with status epilepticus often involves the hippocampus, other parts of the limbic system, thalamus, and cerebellum. This distribution of the lesions on DW images seems to be related to the distribution of NMDA type glutamate receptors which are concentrated in the hippocampus and other parts of the limbic system (Fig. 8).

**Figure 8.
Status epilepticus.
A 2-year-old girl.**

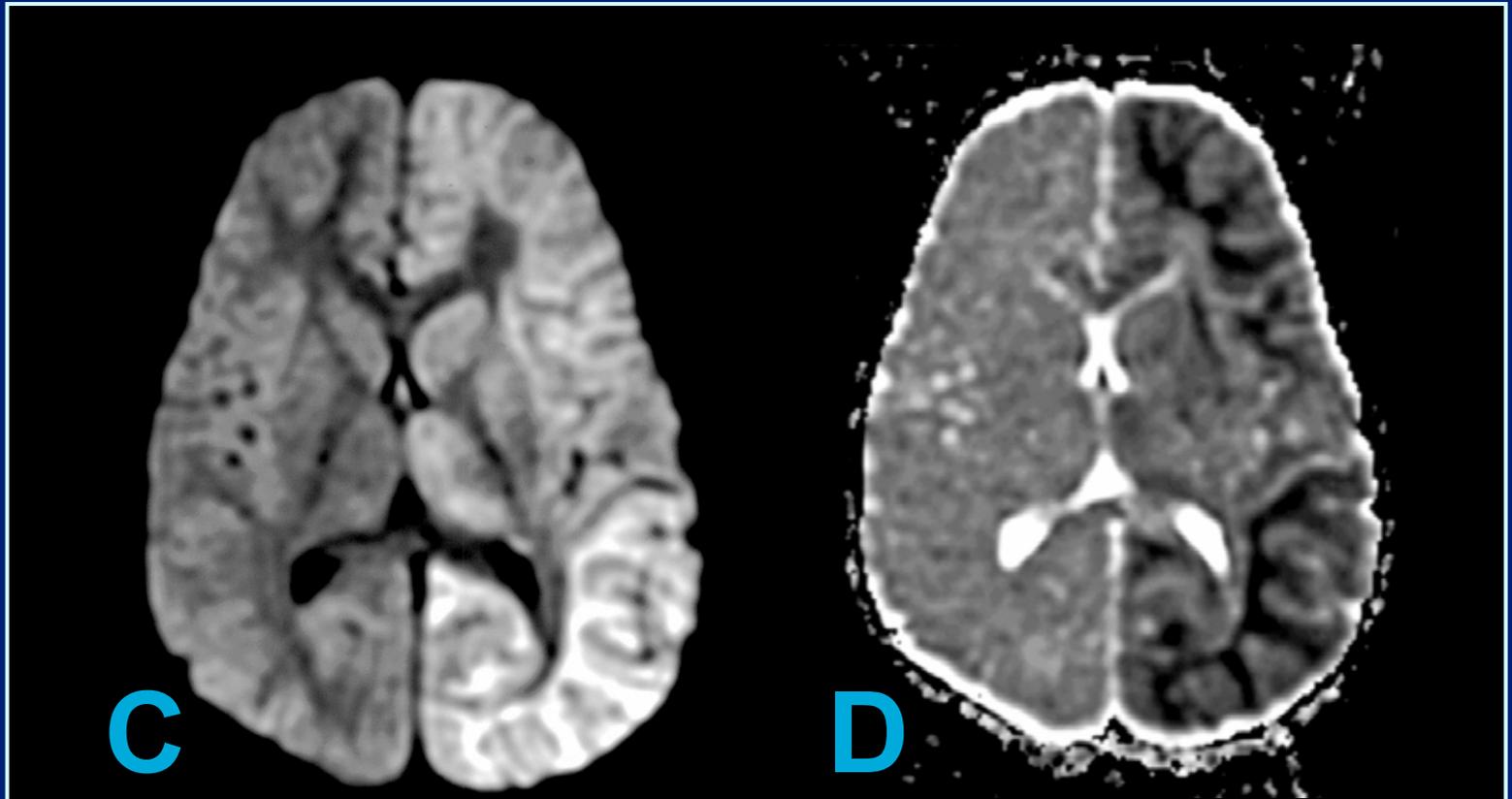


A. T2-weighted image shows diffuse hyperintense lesions in the left thalamus and cerebral cortex.

B. Coronal FLAIR image shows hyperintense lesions in the left hippocampus (arrow), thalamus and temporo-fronto-parietal lobes presumably related glutamate receptor distributions.



B



C, D. DW image shows these lesions as hyperintense with decreased ADC that represents cytotoxic edema due to excitotoxic injury mediated by neuronal seizure activity. The lesions were partially reversible on follow-up MRI (not shown).

Focal Lesion in the Splenium of the Corpus Callosum in Epileptic Patients (Fig. 9)

The cause of the focal lesion in the splenium of the corpus callosum is speculated to be seizures, medications, or both (25,26,27). Transient focal edema can be related to the transhemispheric connection with seizure activity. Interhemispherical propagation of the seizure activity is via the splenial callosal fibers. The splenium contains decussating fibers originating in the temporal lobe, which are likely to be involved.

The cause often seems to be toxic effect of antiepileptic medications such as phenytoin, carbamazepine, and vigabatrin (26). Abrupt withdrawal and reducing antiepileptic drugs may contribute to transient edema, mediated by the influence of antiepileptic medications on fluid balance systems, namely arginine-vasopressin

arginine-vasopressin (27). Either cause can lead to excitotoxic injury resulting in reversible cytotoxic edema, which is presumed to be in astrocytes or myelin sheaths. Recent studies shows there is fairly amounts of glutamate receptors and the enzymic activity in the corpus callosum (1, 28).

Conventional MRI shows a non-hemorrhagic hyperintense lesion on T2-weighted and FLAIR images, and slightly hypointense on T1-weighted image. DW imaging shows an acute lesion in the splenium of the corpus callosum as hyperintense with decreased ADC (Fig.9) (29).

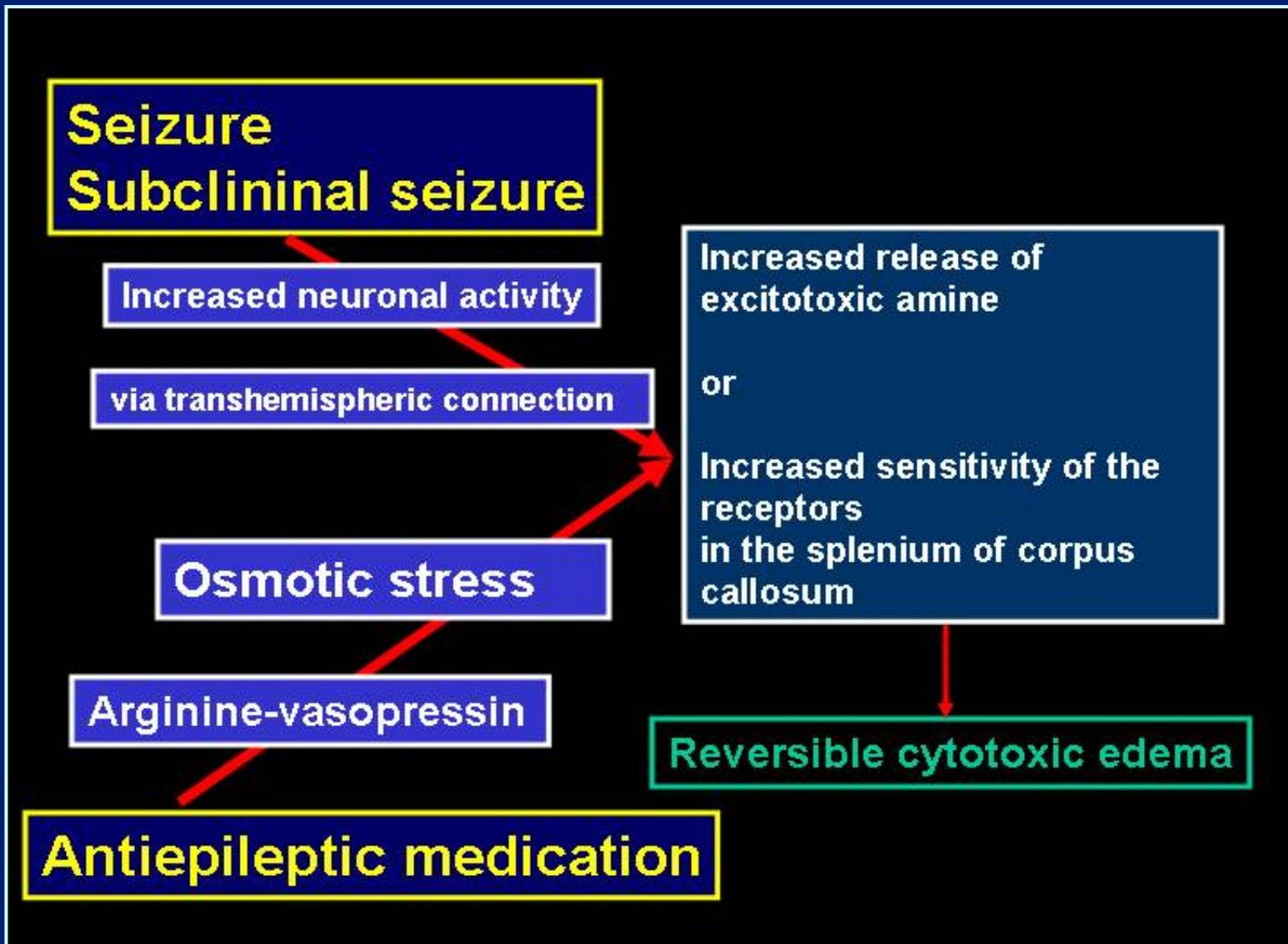
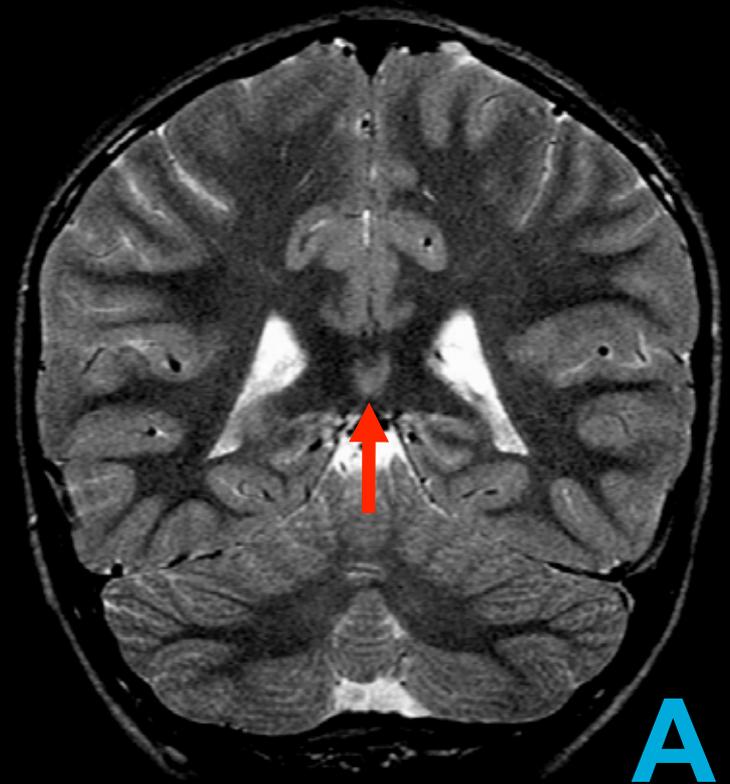
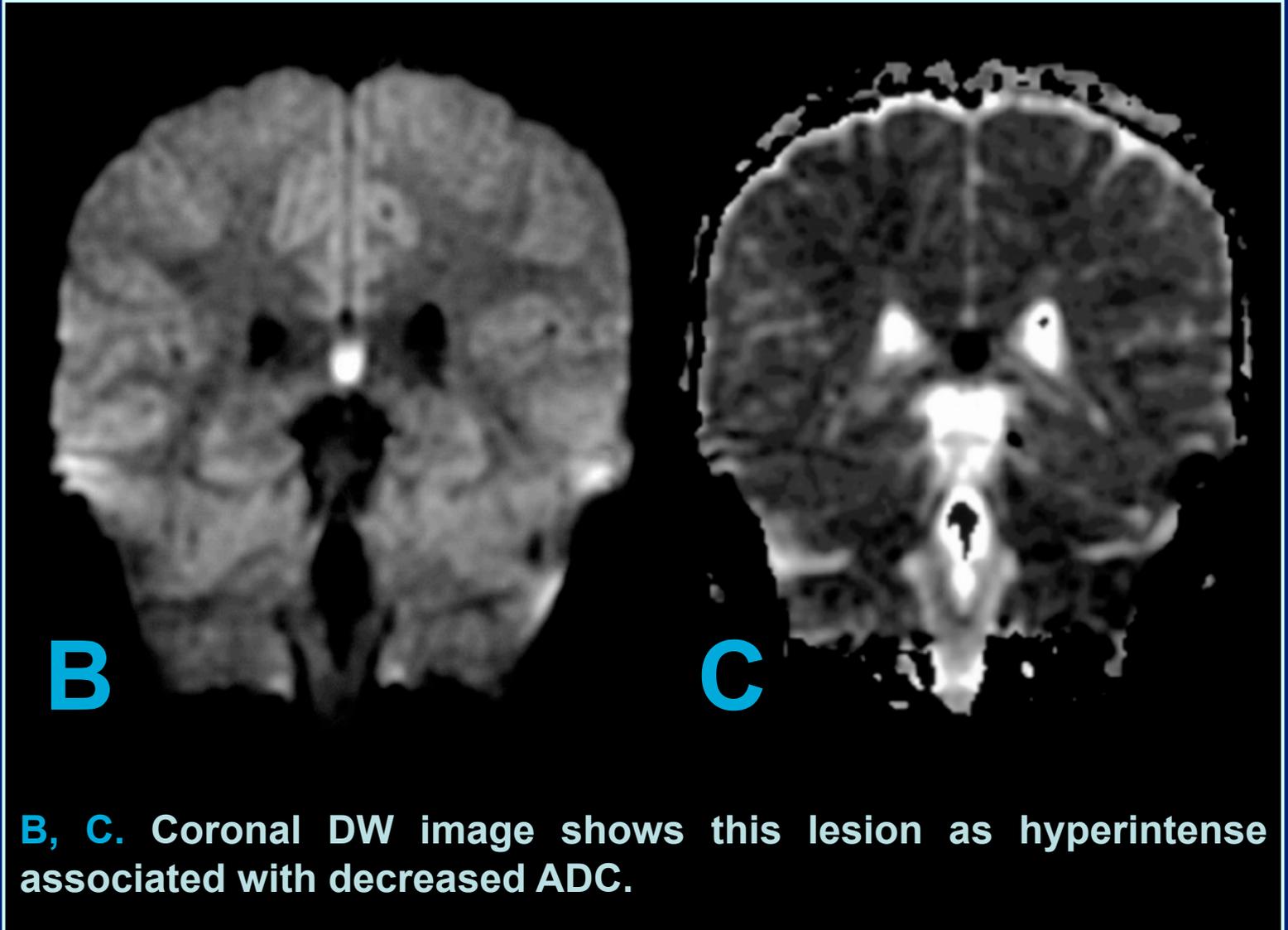


Figure 9.
Focal lesion in the
splenium of the corpus
callosum in epilepsy.
A 9-year-old presented
with intractable partial
seizures since
the age of 4.



A. Coronal T2-weighted image at 3 days after seizure show a discrete focal hyperintense lesion in the central portion of the splenium of the corpus callosum (**arrow**).



Diffuse Axonal Injury (DAI) (Fig. 10)

DAI is related to excitotoxic mechanisms, particularly glutamate and NMDA receptors (30). Axonal damage often occurs at the node of Ranvier, a short interval between myelin sheaths (processes of oligodendrocytes), resulting in a traumatic defect in the axonal membrane. This results in a leakage of glutamate in the extracellular space (31). Astrocytic end-foot is located on the axon at the node of Ranvier and may protect the axons. The excessive glutamate by the leakage leads to glial cell and axonal swelling, resulting in cytotoxic edema, necrosis or axonal degeneration. DWI shows diffuse axonal injury as hyperintense lesions associated with decreased ADC often seen in the corpus callosum, white matter and brain stem (32) (Fig.10).

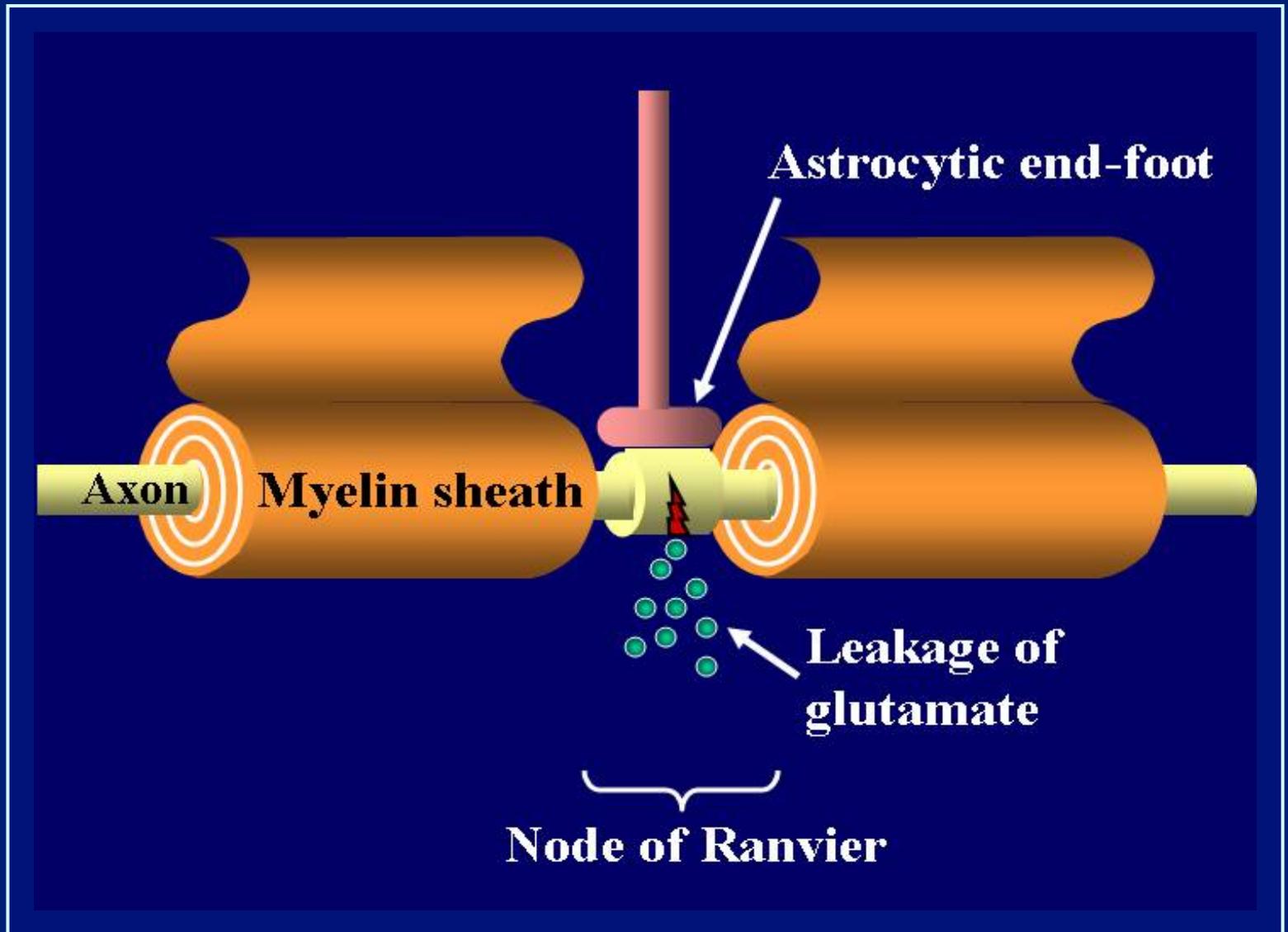
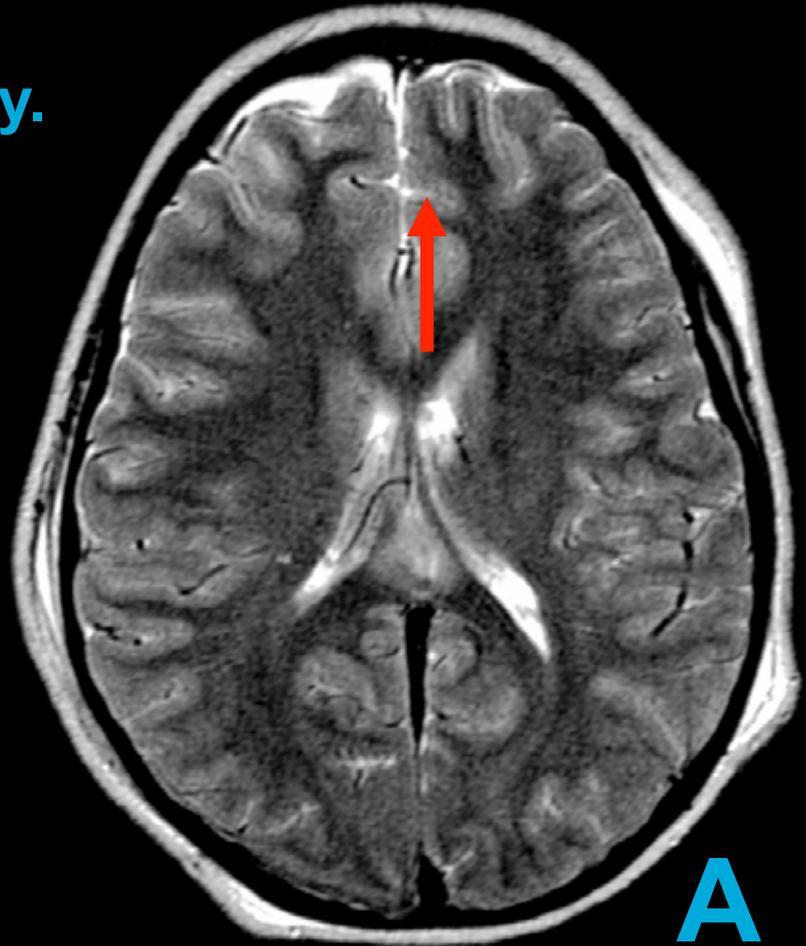
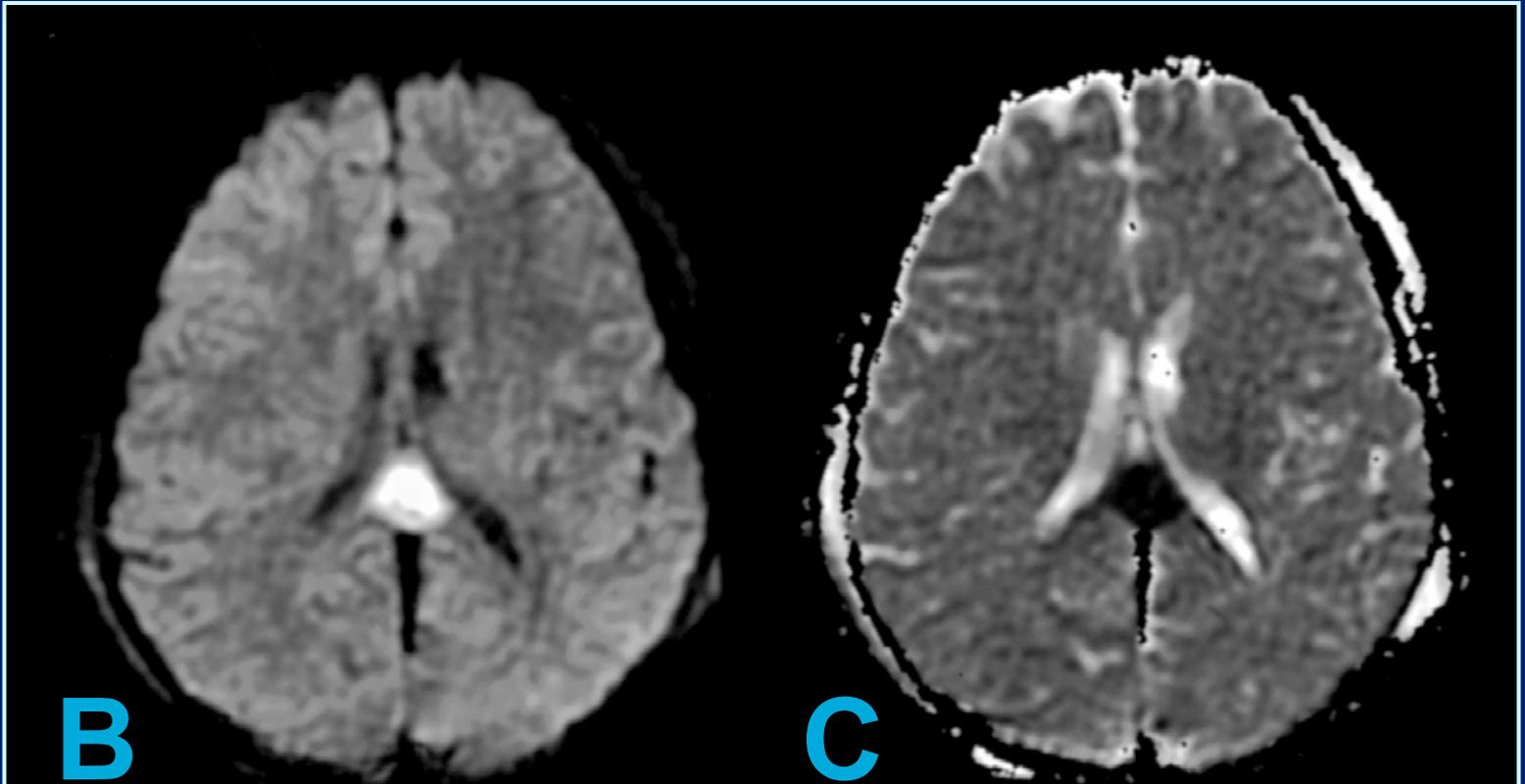


Figure 10.
Diffuse axonal injury.
An 11-year-old girl
with a motor
vehicle accident.



A. T2-weighted image shows a round hyperintense lesion in the body of corpus callosum (**arrow**).

A



B, C. DW image shows this lesion as very hyperintense with decreased ADC representing cytotoxic edema due to excitotoxic injury related to the leakage of glutamate via the axonal membrane.

Herpes encephalitis (Figs. 11,12)

The concentration of glutamate and glycine in CSF is significantly increased in encephalitis (33). These observations suggest an excitotoxic mechanism play a role in neuronal damage in herpes encephalitis. Excessive glutamate release due to free radicals generated during the immune response to infections might initiate secondary excitotoxicity.

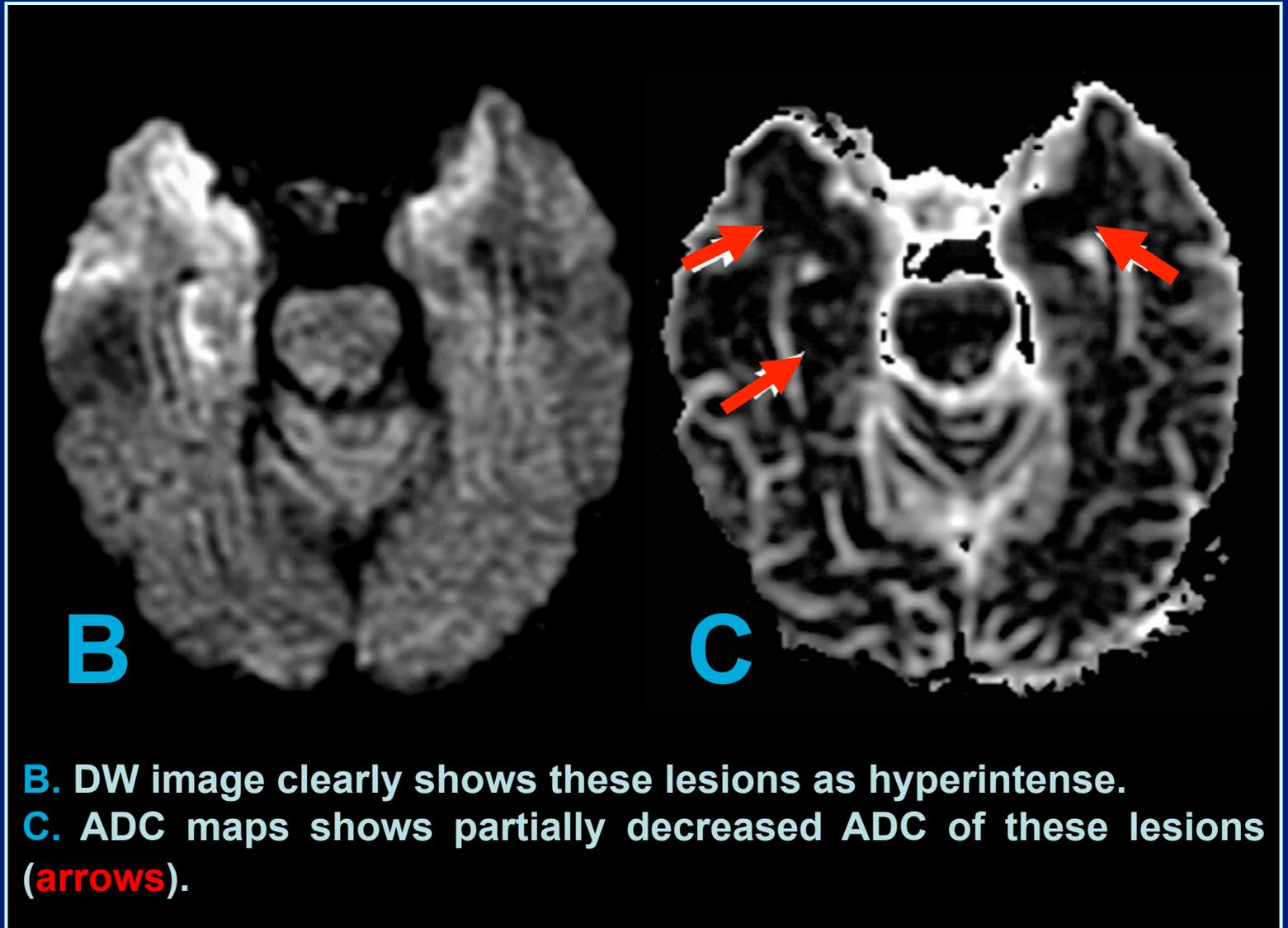
The distribution of herpes encephalitis is different in patients' ages. Herpes simplex type 1 encephalitis in older children and adults usually involves the medial temporal lobe, inferior frontal lobes and insula (Fig.11).

**Figure 11.
Herpes encephalitis
type 1.**

**A 48 year-old
man presented
with headache
and fever.**

**A. T2-weighted image
shows hyperintense lesions
in bilateral temporal lobes
(arrows).**





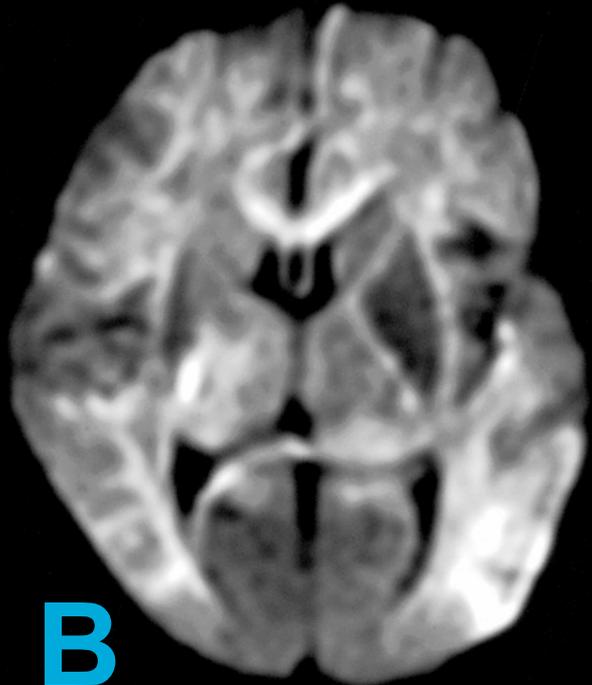
Neonatal herpes simplex type 2 encephalitis usually involves the cortex and white matter extensively. Widespread brain lesions in neonatal herpes encephalopathy are presumably related to the vulnerability to excitatory amines in the neonatal brain.

In neonatal herpes encephalitis, MRI/DWI shows widespread, asymmetric lesions in both hemispheres including the basal ganglia and thalami (Fig.12).

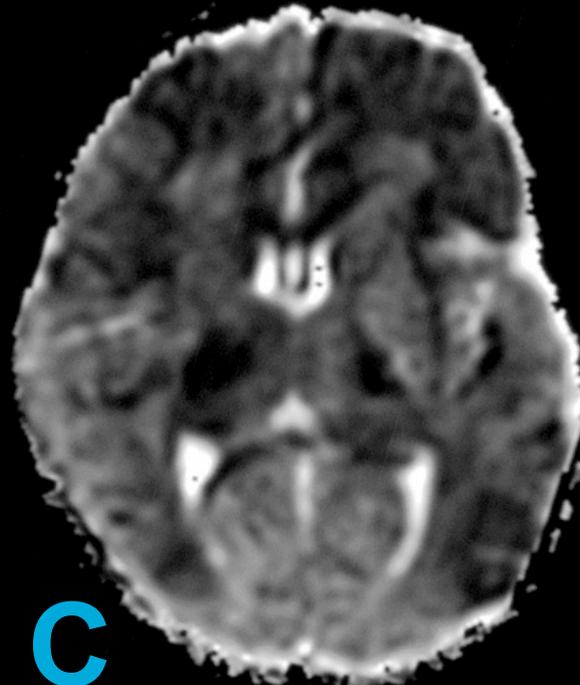
**Figure 12.
Herpes
encephalitis
type 2.
A 2-week-old girl.**



A. T2WI shows symmetric hyperintense lesions in the thalami.



B



C

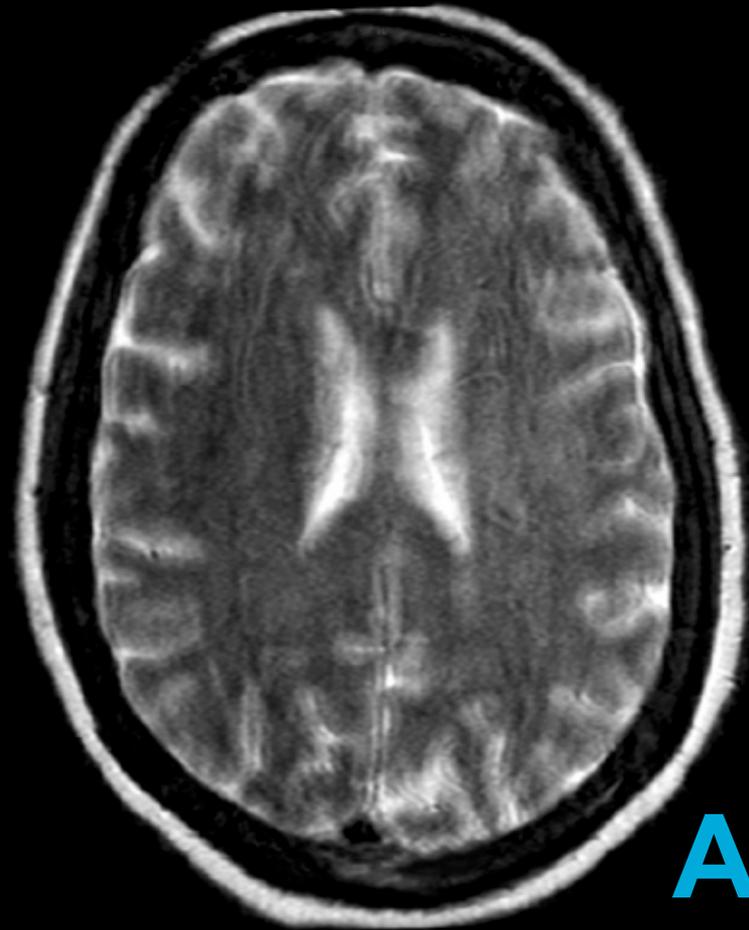
B, C. DW image shows asymmetric but extensive hyperintense lesions with decreased ADC in the thalamus and gray and white matter of both hemispheres. This extensive distribution seems to be related to vulnerability to excitotoxic injury during the post-natal period.

Toxic metabolic diseases (Figs. 13,14,15)

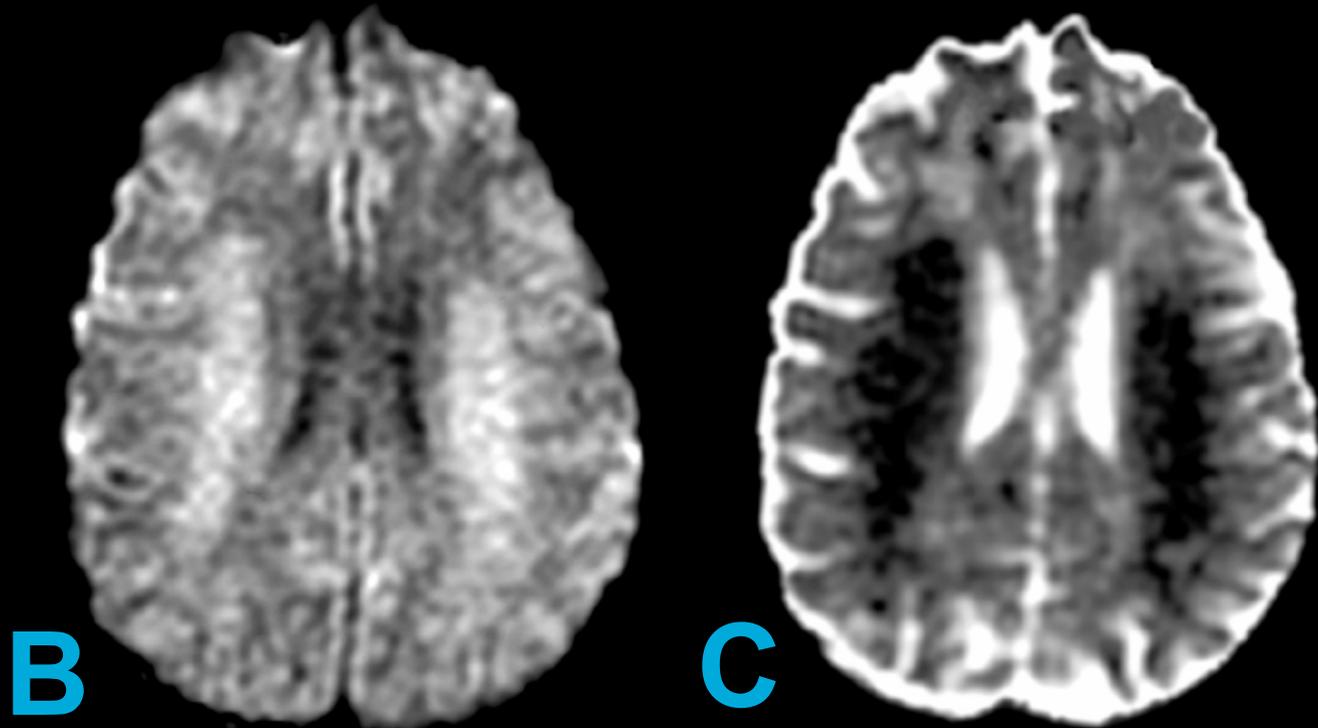
Methotrexate-induced Leukoencephalopathy (Fig. 13)

Intrathecal or intravenous methotrexate, either with or without radiation therapy, can occasionally cause diffuse white matter changes (34). Methotrexate itself is not toxic to astrocytes, neurons or the neurite networking. The neurotoxicity is thought to be caused by the enzymatic release of glutamate from methotrexate. Glutamate excitotoxicity can damage myelin sheaths and axons. NMDA receptor antagonists can protect the glutamate neurotoxicity (35). MR imaging shows diffuse or multifocal white matter lesions that are hyperintense on T2-weighted image. DW imaging shows diffuse hyperintensity with decreased ADC in the white matter before conventional MR imaging detects the lesions (Fig.13). Pathologically these lesions represent intramyelinic or axonal edema.

**Figure 13.
Methotrexate
leukoencephalopathy
in a 50-year-old
female.**



**A. On T2-weighted image
does not demonstrate an
appreciable abnormality
in the white matter.**



- B.** DW image shows diffuse hyperintensity in the bilateral corona radiata extending into the central semiovale.
- C.** ADC map shows diffuse white matter lesions as decreased ADC, which represent pure cytotoxic edema. The pathologic specimen showed pure intramyelinic edema (not shown).

Phenylketonuria (PKU) (Fig. 14)

PKU is an autosomal recessive disorder caused by a deficiency of phenylalanine hydroxylase. L-phenylalanine impairs glutamate receptor function and thus contributes to brain dysfunction in PKU (36). Pathologic findings include delayed or defective myelination, diffuse white matter vacuolation, demyelination, and gliosis (37). MR imaging shows hyperintense lesions on T2-weighted image in the periventricular parietal and occipital regions, and in more severe cases, extending to the frontal and subcortical white matter (38). DW imaging shows these lesions as hyperintense with decreased ADC, which presumably represents intramyelinic edema and astrocytic swelling presumably due to excitotoxic injury (39) (Fig.14). These lesions can be completely reversible on follow-up MRI with dietary control.

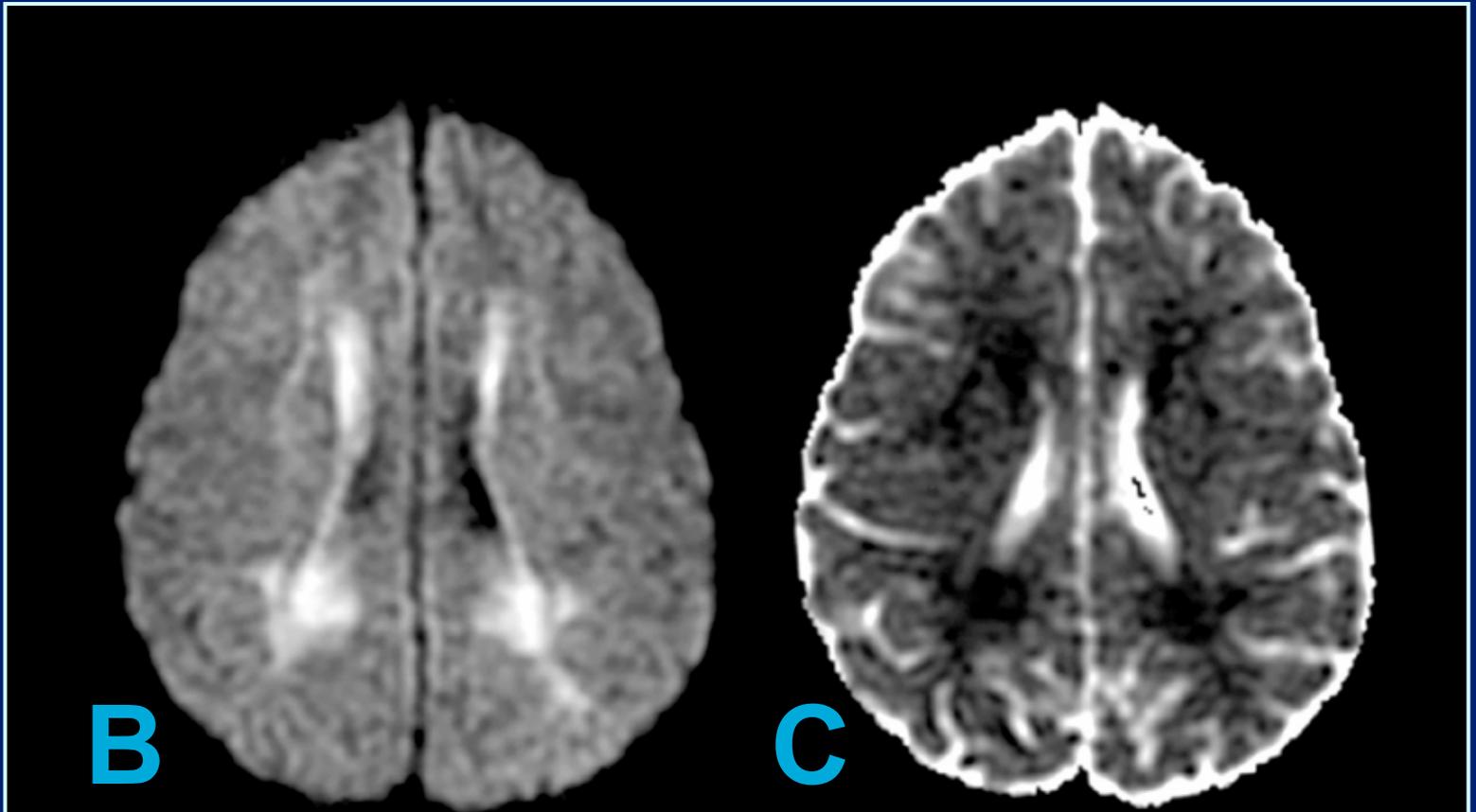
Cerebral organic acid disorders

Some organic acids disorder is characterized by an accumulation of organic acids that share structural similarities with the excitotoxic amino acid glutamate (D-2.L-2,3 hydroxyglutarate, glutarate) (40). DW imaging shows diffuse hyperintensity with decreased ADC in the white matter.

**Figure 14.
Phenylketonuria
in a 36 year-old
male.**



A. T2-weighted image shows hyperintense lesions in the periventricular white matter (arrows).



B, C. DW image shows these lesions as hyperintense with decreased ADC, presumably representing intramyelinic edema, which was completely resolved on follow-up MRI (not shown).

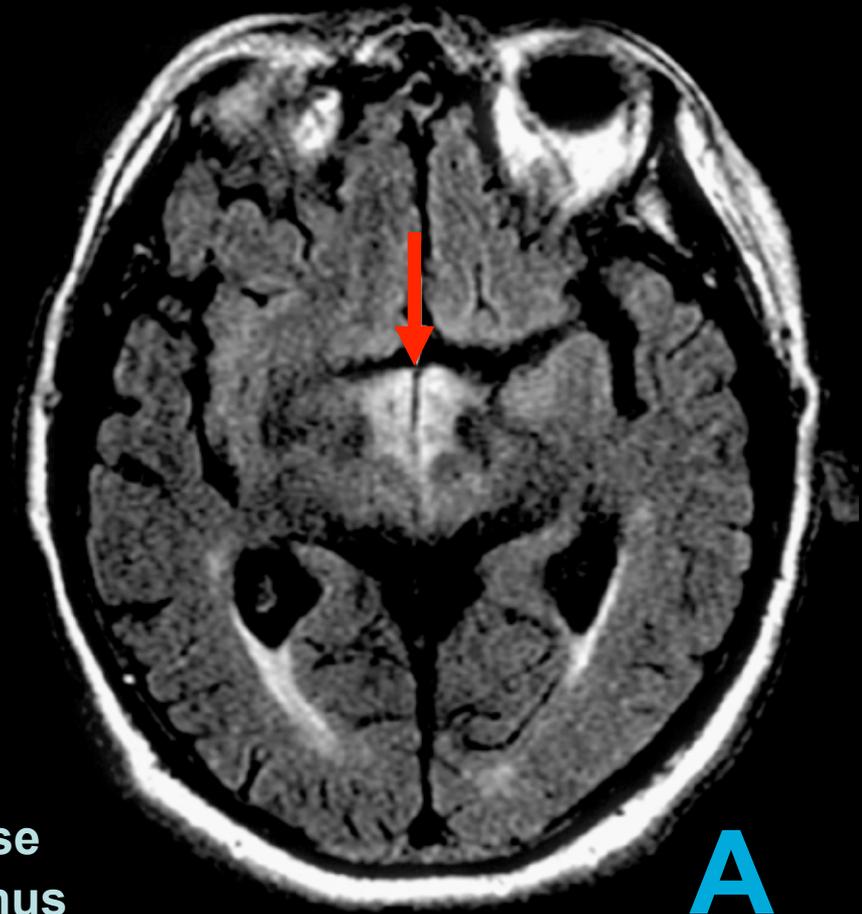
Wernicke encephalopathy (Fig. 15)

Thiamine (vitamin B1) deficiency can cause Wernicke encephalopathy characterized by confusion, ataxia, and abnormal eye movements. Without thiamine, the Krebs and pentose phosphate cycles cannot metabolize glucose (41). The enzymic inactivity leads to the accumulation of intracellular glutamate. Cellular homeostasis soon fails, resulting in release of glutamate into extracellular space (42). Pathologic findings include decreased myelination, edema, astrocytic swelling, and necrosis in the mamillary bodies, thalamic and hypothalamic nuclei, periaqueductal gray matter, walls of the third and floor of the fourth ventricle, and less commonly, caudate, frontal, and parietal cortex. With treatment of intravenous thiamine, these lesions may dissipate.

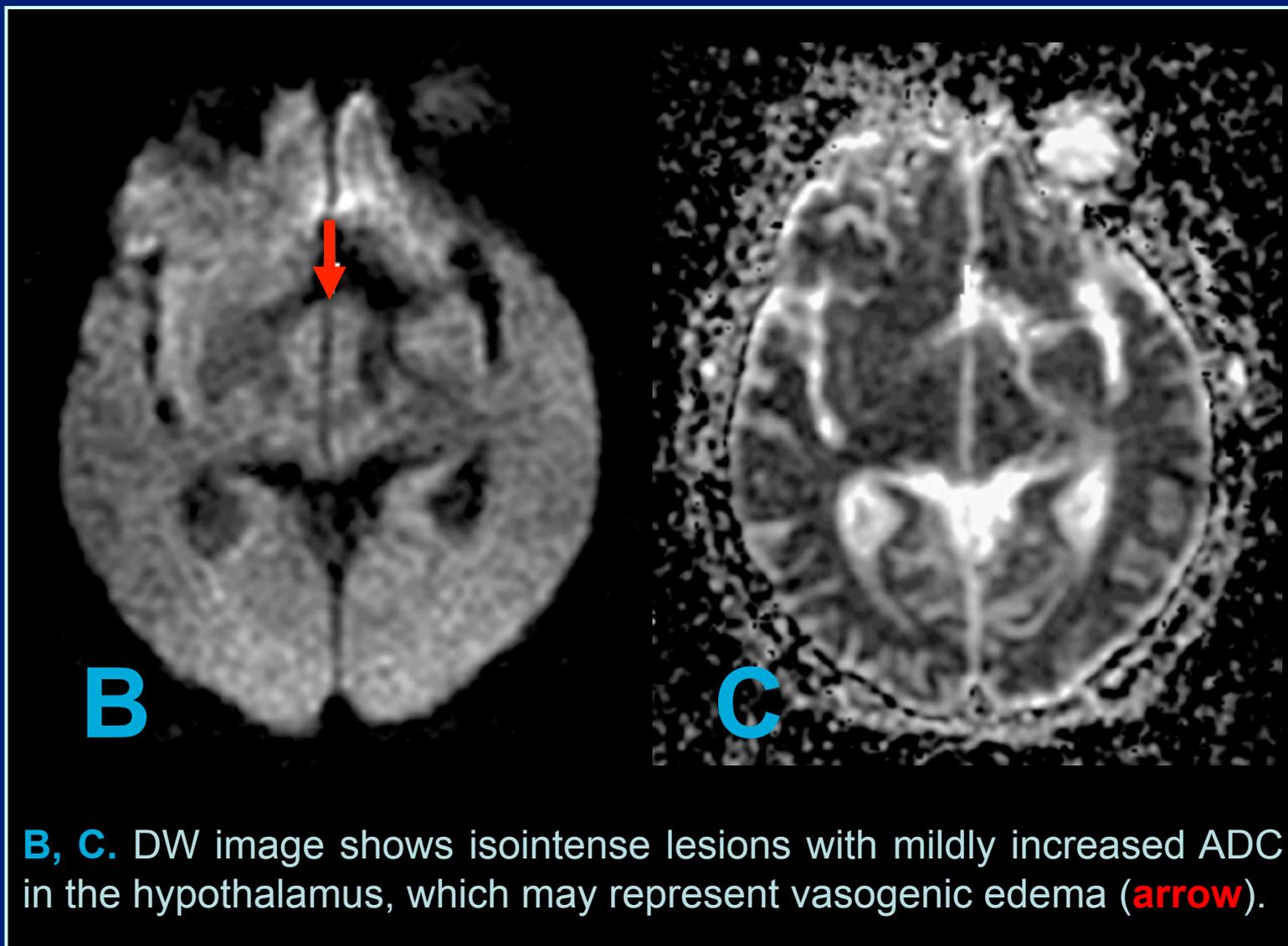
Cerebral organic acid disorders

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**Figure 15.
Wernicke
Encephalopathy
in a 75-year-old
male.**



**A. FLAIR shows a
symmetrical hyperintense
lesion in the hypothalamus
(arrow).**



Demyelinating and Degenerative Diseases (Figs 16,17)

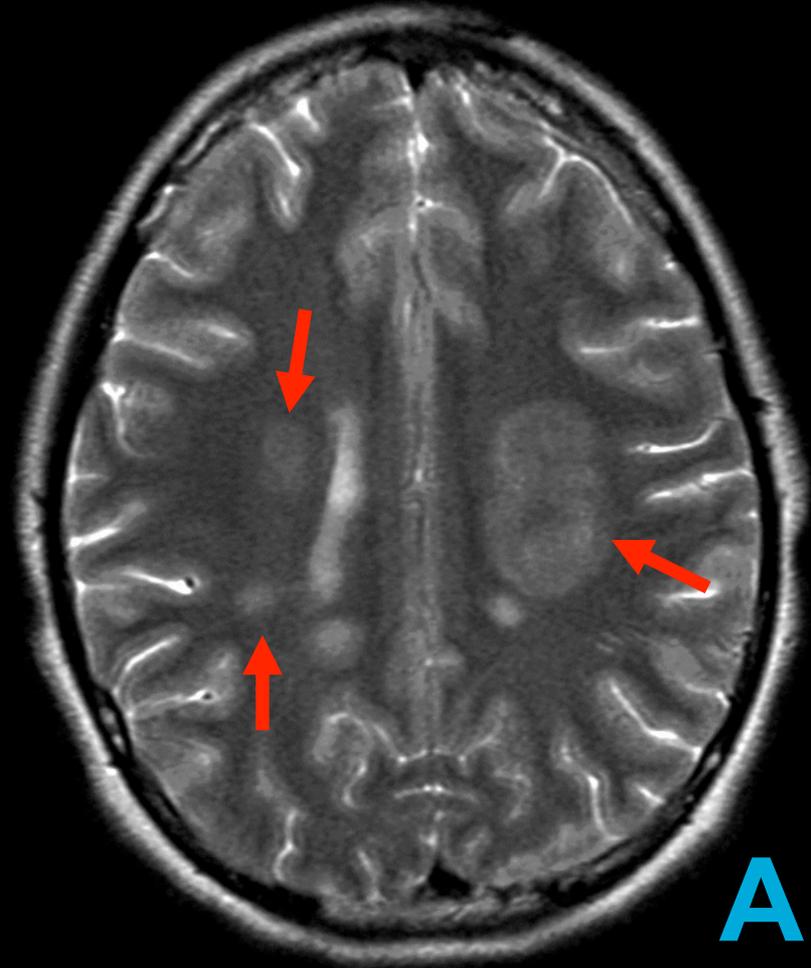
Multiple Sclerosis (MS)

Glutamate excitotoxicity damages not only neurons and astrocytes but also oligodendrocytes, myelin sheaths and axons (46). It seems to be an important mechanism in multiple sclerosis. Glutamate and aspartate in CSF is increased in patients with acute MS (47). In an immunohistochemical study, active MS lesions showed high glutamate production in macrophages and microglia in close proximity to axonal damage (48). Excitotoxicity in oligodendrocytes, myelin sheaths and axons may result in cytotoxic plaques.

Cytotoxic plaques are very rare and show hyperintense on DWI with decreased ADC in acute MS (Fig.16). Pathology of cytotoxic plaques mainly shows intramyelinic edema.

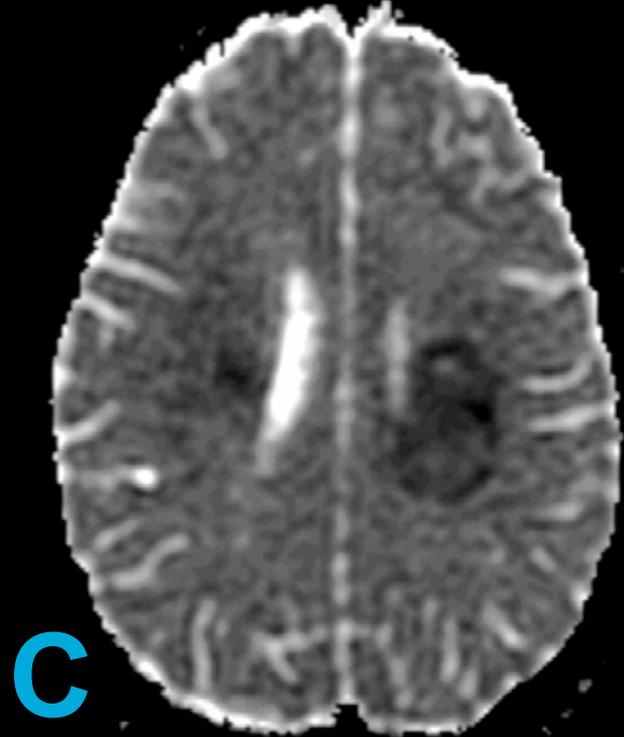
**Figure 16.
Acute multiple
sclerosis.
A 13-year-old
female.**

**A. T2-weighted image
shows multiple
hyperintense lesions
in the periventricular
white matter (arrows).**





B



C

B, C. DW image shows these lesions as hyperintense with decreased ADC that represents cytotoxic edema presumably related to excitotoxic injury of oligodendrocytes, myelin sheaths and axons.

Creutzfeldt-Jakob disease (Fig. 17)

Creutzfeldt-Jakob disease (CJD) is one of the prion diseases characterized by rapidly progressive degenerative dementia, myoclonus, and ataxia. Prion diseases are characterized by accumulation of misfolded prion protein which has toxicity to endoplasmic reticulum. Marked and selective abnormalities in glutamate receptors are reported recently which may explain the characteristic distribution of brain lesions in CJD (49).

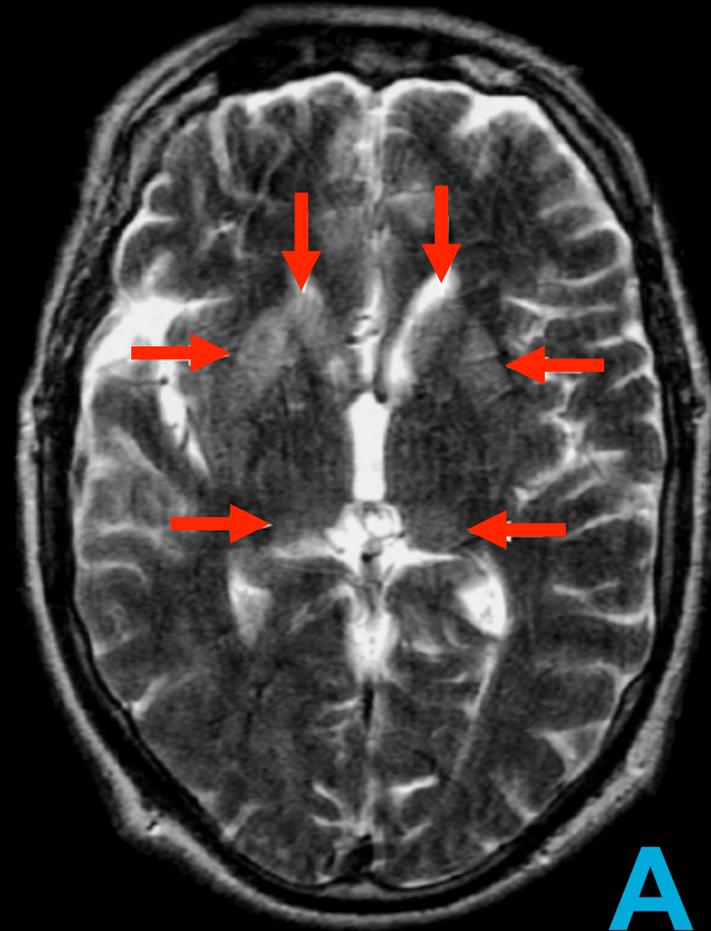
T2-weighted and FLAIR images show hyperintense lesions in the cerebral cortex and bilateral basal ganglia in patients with CJD. The lesions are often involved in bilateral thalami (pulvinar sign) and periaqueductal areas in patients with variant CJD (50, 51) but this finding is also seen in sporadic CJD (52) DW imaging is more sensitive than conventional MRI for detecting abnormalities in CJD.

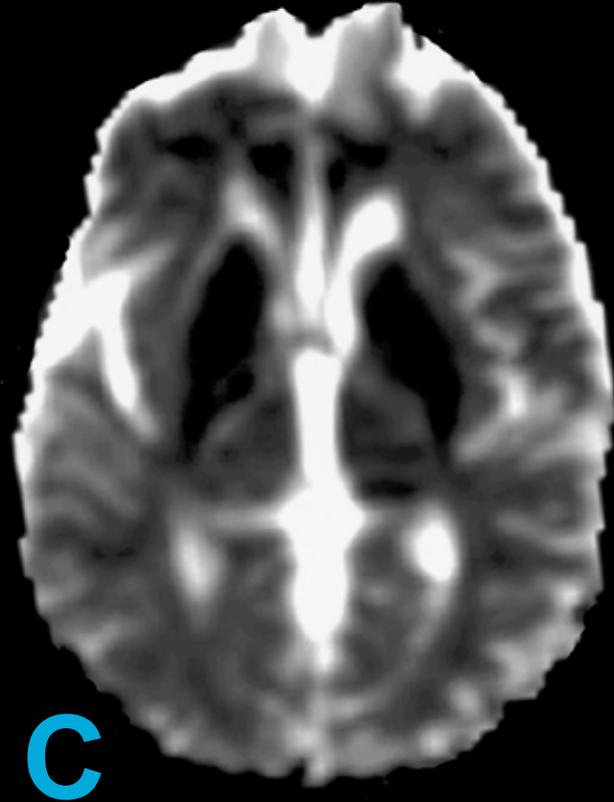
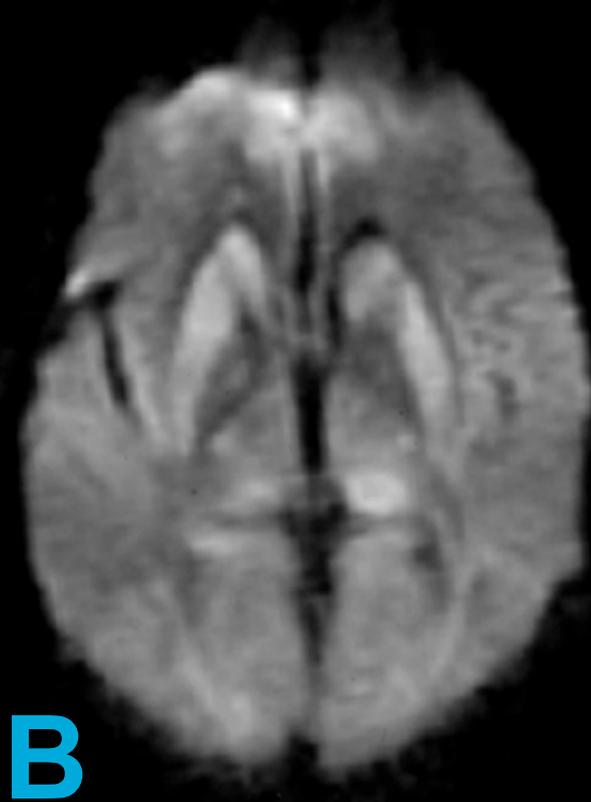


DWI shows these lesions as hyperintense often associated with decreased ADC (53-56) (Fig.17). Electron microscopy shows these vacuoles as focal swelling of neuritic processes, both axonal and dendritic swelling (cellular edema), which may cause decreased ADC (58).

**Figure 17.
Creutzfeldt-Jakob
disease. A 51 year-old
man with progressive
dementia.**

**A. T2-weighted image
demonstrates mild
hyperintensity bilaterally
in the caudate nuclei,
putamina, and pulvinae
of the thalami (arrows).
The distribution could
be related to glutamate
receptor dysfunction.**





B, C. DW image clearly demonstrates these lesions as hyperintense with decreased ADC.

Summary

- 1) DW imaging is useful for evaluating cytotoxic edema due to excitotoxic brain injury.
- 2) The severity (reversibility) and distribution are different in various diseases (cell types, initial insults and their mechanisms) and in patient's age (distribution of receptors, maturity of BBB).
- 3) Excitotoxic amine receptors exist in neurons, axons, glial cells, and myelin sheaths. Astrocytes and myelin sheaths protect synapses and axons, and swell after absorbing excessive glutamate. Such cytotoxic edema seems to be reversible.
- 4) Energy failure (impaired re-uptake of glutamate) is an initial insult in infarction or HIE, and usually causes severe excitotoxic brain injury mostly resulting in necrosis and atrophy.

- 5) Secondary degeneration seems to be related to excitotoxic circuits via synapses or axons.**
- 6) Excessive release of glutamate can cause cytotoxic edema in seizure, infection, demyelination or toxic metabolic disease. Such cytotoxic edema is due to excitotoxic injury with less energy failure, and seems to be reversible.**
- 7) Leakage of glutamate can be caused by traumatic brain injury.**
- 8) The distribution of status epilepticus seems to be related to that of NMDA receptors.**

The severity and distribution in HIE, shaken baby syndrome, and neonatal herpes encephalitis seems to be related to the vulnerability to excitotoxic injury.

- 9) Structurally similar substance in organic acid disorders can cause excitotoxic injury.**

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- 10) Receptor dysfunction can occur in metabolic (PKU) and degenerative diseases (CJD).**
 - 11) Glutamate receptor antagonists will offer attractive possibilities for future therapy as a neuroprotectant in these diseases.**

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