



Patient Information Angioplasty & Stenting

Though your heart is full of blood, it also needs a blood supply itself. The blood your heart requires for beating is supplied by vessels called coronary arteries. When your coronary arteries become narrowed or blocked by fatty deposits called plaque, your heart no longer gets all the blood it needs. Angioplasty and stenting can be used to reopen your coronary arteries, restoring the blood supply to your heart.

Before Your Procedure

- Prepare a list of medications with dosages to bring with you the day of your procedure. These will also be reviewed with you during your pre-procedure phone call.
- Tell the nurse if you are taking Coumadin/Warfarin or any diabetic medications. Coumadin is often discontinued prior to your procedure.
- Blood work is required at least 24 hours prior to your procedure.
- Call 585-273-3542 one business day prior to your procedure between 4 and 5:30pm for arrival time.
- Do not eat or drink after midnight.
- Ask the nurse which medications you can take the morning of your procedure.
- Do not bring any valuables with you.
- No cell phones are allowed.
- No visitors under the age of 16 are allowed.
- Please limit visitors; we recommend two or fewer.

Directions to the Cardiac Cath Lab

- Enter the hospital on the 1st floor/lobby.
- Follow signs for the Green elevator.
- Take the Green elevator to the ground floor.
- Follow the signs from there to the Cardiac Catheterization Lab.

Important Information to Know After Your Procedure

- You will be given written instructions prior to discharge.
- You must arrange for a ride home.
- After most procedures, you should not drive for at least 2 days.
- Once home you must have a responsible adult with you for 3 hours.
- No alcohol for 24 hours.
- You may shower the next day.
- No lifting, pushing, or pulling for at least 72 hours after procedure.
- No tub baths, swimming, or hot tubs for one week.