

## PATIENT INSTRUCTIONS FOR HEMOQUANT STOOL COLLECTION

### 1. Patient Preparation

- **DO NOT** consume red meat (beef, lamb) for three days prior to specimen collection
- **DO NOT** take aspirin for three days prior to specimen collection

### 2. Collect Specimen in a Clean Dry Container

- Use an insert (toilet hat) for toilet OR
- Clean dry wide mouth container
  - Bed pan
  - Waste basket lined with plastic bag
- DO NOT collect from toilet
- DO NOT urinate on specimen
- DO NOT collect directly into sterile container



Toilet Hat

### 3. Transfer Specimen into Sterile Container

- Using plastic spoon or wooden stick transfer specimen into plastic container
- Recap container making sure cap is on tightly



Sterile Container

### 4. Fill Out Information on Collection Container

- Full name (first and last)
- Date of Birth
- Date and time specimen was collected
- ***Samples lacking complete labelling will not be tested***
- Refrigerate specimen until you are ready to return it to the lab

5. Please return the sample to the lab within 24 hours of collection.