



11TH ANNUAL BROWN BAG SUMMER SERIES

Healing the Healer:

Discussions and Practices for Troubling Times



Six Hindrances to Racial Harmony

Q&A with Ruth King

Ruth King

Founder of Mindful of Race Institute, LLC
Author, educator, and meditation teacher.

July 12th, 2023

Presentation: 12 PM - 1 PM

Q&A Session: 1 PM - 1:30 PM

Room 4w506/508

School of Nursing



Scan here to register
or visit

www.bit.ly/23diceseries

This program was created in partnership with the URM Department of Psychiatry, URM Department of Medicine, URM Department of Neurology, URM Department of Surgery, UR School of Nursing, URM Office of Equity and Inclusion.



Each year, we host an educational series focused on all facets of inequity during the Summer Grand Rounds sessions. This year, our focus is "Healing the Healer", in which we will explore the impact of racism, violence, and erosion of rights on our faculty and staff. We will offer both presentations and healing practices.

This session fulfills one of your 5 annually required DICE Activities.