

What to Bring: Your Personal Belongings and Valuables

The following list includes items you may want to bring for your comfort as well as items we kindly ask you to leave at home.

What to Bring

- ✓ Clothes for day of discharge.
- ✓ Glasses or contact lenses, hearing aid, and/or dentures.

Please note - During your stay please store these items in your bedside stand. One of our nurses will be happy to label your denture container or eyeglass case, so please ask! The hospital will not replace these items if they are lost so please take extra caution by not placing them on your food tray.

- ✓ Reading material, crossword puzzles, Sudoku.
- ✓ Credit card for new prescriptions to be filled at discharge. You can conveniently fill all your prescriptions at our pharmacy.
However, for safekeeping, we recommend that you leave your credit card with a trusted family member or friend until you need it.
- ✓ Hair clips, head bands and/or hair ties to control long hair.
- ✓ Slippers.

What Not to Bring

- ✓ **Valuables:** Valuables like jewelry and money are best left at home. However, if you wish to bring these items we encourage you to send them to the Cashier's Office for safekeeping. Your nurse can assist you with this process. You can access your items anytime the Cashier's Office is open. (Mon. – Fri. 8:30 a.m. – 5 p.m.). Please be aware that Strong Memorial Hospital does not accept financial responsibility for valuables or personal belongings that are not secured in the Cashier's Office.
- ✓ **Appliances:** For your safety and other patients' and staff safety, please do not bring electrical appliances from home such as electric razors, hair dryers, fans, or other personal items. Anything that connects to an electrical outlet may not be used until checked by Facilities Operations for electrical safety. Your nurse can assist you with arranging an inspection. Chargers to cell phones and similar devices such as tablets and readers are an exception. However, for your safety and those around you, please check with your nurse.

- ✓ **Smoking policy:** To protect your health and that of visitors and staff, smoking is not permitted anywhere inside or on the grounds of Strong Memorial Hospital or the URMC campus. If you smoke, please leave your smoking materials at home. Learn more about our smoke free policy.
- ✓ **Personal clothes:** We understand that you may feel more comfortable in your own clothes. However, hospital gowns are specially designed for administering medical care so personal bedclothes may be worn only with approval from the nursing staff.
- ✓ **Toiletries:** You will be provided with basic toiletries. Speak with your nurse if you need specific or additional items.

Lost and Found

If you have lost an item or wish to report finding a lost item, please contact Security Services at (585) 275-2552.