

## Counties We Serve

- Cayuga
- Livingston
- Monroe
- Onondoga
- Ontario
- Oswego
- Schuyler
- Seneca
- Steuben
- Wayne
- Wyoming
- Yates



## Learn More

To learn more about RRCASD or download various educational resources, visit:  
[www.golisano.urmc.edu/RRCASD-nyautism](http://www.golisano.urmc.edu/RRCASD-nyautism).

## Contact Us

1-855-508-8485  
[rrcasd@urmc.rochester.edu](mailto:rrcasd@urmc.rochester.edu)

[www.golisano.urmc.edu/RRCASD-nyautism](http://www.golisano.urmc.edu/RRCASD-nyautism)

## Mailing Address

RRCASD  
University of Rochester Medical Center  
601 Elmwood Avenue, Box 671  
Rochester, NY 14642

*RRCASD is made possible by a grant from the  
NYS Education Department.*

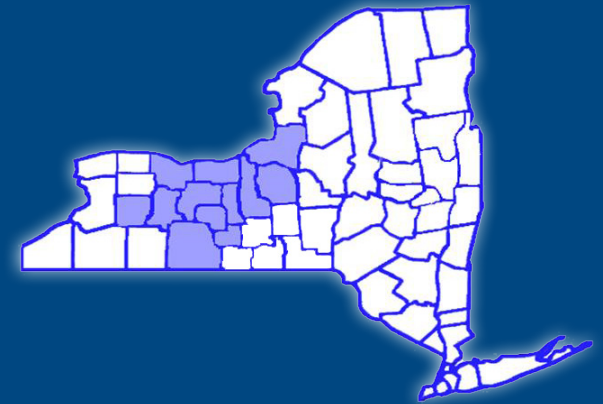


*The Strong Center for Developmental Disabilities  
and the Community Consultation Program  
are supported in part by the Association of  
University Centers on Disabilities (AUCD).*



MEDICINE of THE HIGHEST ORDER

## Rochester Regional Center for Autism Spectrum Disorder



**Strong Center for Developmental Disabilities  
in Developmental and Behavioral Pediatrics**



MEDICINE of THE HIGHEST ORDER

## About Us

The Rochester Regional Center for Autism Spectrum Disorder (RRCASD) is 1 of 7 regional centers for autism spectrum disorder (ASD) in New York State. It is located at the University of Rochester's Strong Center for Developmental Disabilities, a University Center of Excellence in Developmental Disabilities.

Our mission is to provide information to our 12-county region about evidence-based practices in ASD.



## What is ASD?

ASD refers to a neurodevelopmental disorder characterized by impairments in social communication and interaction, and the presence of restricted and repetitive behaviors, interests, and activities (APA, 2013). Individuals with ASD may also have cognitive impairments and learning disabilities; language impairments; emotional and behavioral disorders such as anxiety and depression, hyperactivity, impulsivity, and aggression; sensory difficulties; and eating and sleeping difficulties.

There is ongoing research into effective interventions, and there are resources and services available for individuals with ASD. Contact RRCASD for information and/or referral services in your area.

## Frequently Requested Resources

### Regional

Strong Center for Developmental Disabilities:  
[scdd.urmc.edu](http://scdd.urmc.edu)

Margaret L. Williams Developmental Education Center:  
[upstate.edu/gch/services/autism](http://upstate.edu/gch/services/autism)

Early Childhood Direction Centers

- Rochester Region: [monroe.edu/REDC](http://monroe.edu/REDC)
- Binghamton (Southern Tier) Region: [stic-cil.org](http://stic-cil.org)
- Syracuse (Central NY) Region: [ecdc.syr.edu](http://ecdc.syr.edu)

Developmental Disabilities Regional Office/OPWDD:

- Western NY and Finger Lakes DDRO:  
[opwdd.ny.gov/opwdd\\_contacts/ddro/1](http://opwdd.ny.gov/opwdd_contacts/ddro/1)
- Central NY, Broome, and Sunmount DDRO:  
[opwdd.ny.gov/opwdd\\_contacts/ddro/2](http://opwdd.ny.gov/opwdd_contacts/ddro/2)

### State

NY State Department of Health: [health.state.ny.us](http://health.state.ny.us)

NY State Education Department - Autism:  
[p12.nysed.gov/specialed/autism](http://p12.nysed.gov/specialed/autism)

Office for People with Developmental Disabilities:  
[opwdd.ny.gov](http://opwdd.ny.gov)

NY State Regional Centers for Autism Spectrum Disorders:  
[albany.edu/psy/autism/RCASD.htm](http://albany.edu/psy/autism/RCASD.htm)

### National

Autism Speaks: [autismspeaks.org](http://autismspeaks.org)

Centers for Disease Control and Prevention: [cdc.gov](http://cdc.gov)

Health Resources and Services Administration:  
[hrsa.gov](http://hrsa.gov)

National Dissemination Center for Children with Disabilities:  
[nichcy.org/resources/autism.asp](http://nichcy.org/resources/autism.asp)

American Academy of Pediatrics: [aap.org](http://aap.org)

National Institutes of Health: [nih.gov](http://nih.gov)

National Institute of Mental Health: [nimh.nih.gov](http://nimh.nih.gov)

Autism Society of America: [autism-society.org](http://autism-society.org)

## What We Do

RRCASD provides the community with information about ASD and effective practices by:

- Producing a newsletter and information sheets that provide updates on ASD-related topics, resources, and care
- Hosting a webinar series and educational presentations on topics important to care providers, parents, and individuals with ASD
- Providing information and referral services to help identify local resources and services
- Engaging in community outreach to identify informational needs and gaps in ASD resources
- Collaborating with community-based organizations to address the need for more ASD services and resources
- Providing technical assistance to parents and school and agency personnel to help improve care and services

