



Treat Nicotine

Center for a Tobacco-Free Finger Lakes

Partnering with Cayuga, Chemung, Livingston, Monroe, Ontario, Schuyler, Seneca, Steuben, Tompkins, Wayne, & Yates Counties

Contact us: Phone: 585-276-7223 | Click for [Website](#) or [Facebook](#)

NEW ACS STUDY FINDS MENTHOL FLAVORED CIGARETTE SMOKING INCREASES MORTALITY RISK VS. NON-MENTHOL CIGARETTES

In a large, nationwide study led by the American Cancer Society (ACS), researchers found that mortality risks for smoking menthol cigarettes were higher than non-menthol cigarettes for death from any cause and cardiovascular diseases, especially heart diseases. Higher risks were evident in individuals who had quit smoking and at high smoking intensities. Black participants currently smoking menthol brands had high increases for some heart diseases with an 88% elevated mortality risk compared to non-menthol cigarettes. The report also showed that quitting smoking substantially reduced health risks from both cigarette types.

Researchers followed nearly a million people from the Cancer Prevention Study II and observed them for mortality outcomes over six years. All-cause and cause-specific mortality risk was assessed according to baseline smoking status and menthol flavor status (menthol, non-menthol) of the cigarette brand smoked for the longest period.

The findings are published today in the journal Tobacco Control.

[Read the FULL PRESS RELEASE HERE](#)

WEBINARS AND IMPORTANT DATES

"The Hazards of E-Cigarette Waste"

Hosted by the

Public Health Law Center

Pre-Recorded and Archived

[WATCH HERE](#)

"Health at Risk: The Long-Lasting Effects of Tobacco and Nicotine Use"

Wed, February 26th, 12pm - 1pm EST

1 CHES Credit Available

[REGISTER HERE](#)

"The Curious Science of Cravings"

Pre-Recorded and Archived

[WATCH HERE](#)

"Basics and Beyond:

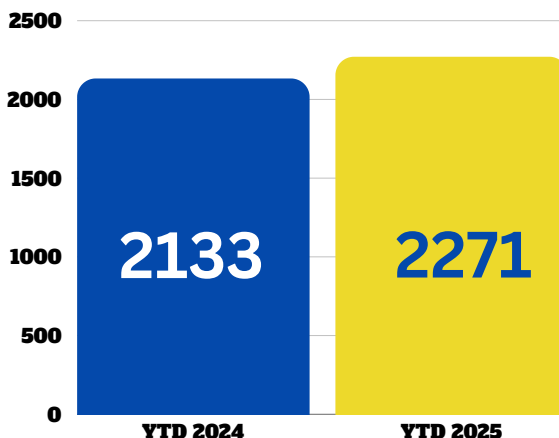
How Pediatricians Can Help Youth Quit Using Nicotine"

Pre-Recorded and Archived

[WATCH HERE](#)

NYS Quitline Enrollments

Jan 1 to Feb 7, 2024
vs
Jan 1 to Feb 7, 2025
Users enrolled through calls and referrals to the Quitline (Statewide)



Provider Referrals Increase Quit Success!

www.nysmokefree.com/HealthcareProviders/ReferralPrograms

Free Nicotine Patches/Gum Call: 1-866-697-8487

Visit: nysmokefree.com

TOBACCO CONTROL PARTNERS MEET WITH NYS LEGISLATORS FOR LEGISLATIVE EDUCATION DAY

On 2/12/2025 Tobacco Control partners across the state met with state senators and assemblypersons to educate on the importance of tobacco control in NYS.

Locally, the Center for a Tobacco-Free Finger Lakes met with Senator Pam Helming and Assemblyperson Brian Manktelow's offices to provide a detailed look into the important work that Health Systems for a Tobacco-Free New York can provide.

[READ MORE ABOUT HSTFNY HERE](#)

"Treat Nicotine" Newsletter - 2/14/2025