



# Treat Nicotine

## Center for a Tobacco-Free Finger Lakes

Partnering with Cayuga, Chemung, Livingston, Monroe, Ontario, Schuyler, Seneca, Steuben, Tompkins, Wayne, & Yates Counties

Contact us: Phone: 585-276-7223 | Click for [Website](#) or [Facebook](#)

### NEW ANALYSIS CLARIFIED THE LINK BETWEEN "EXCLUSIVE" USE OF E-CIGARETTES AND COPD

A Johns Hopkins Medicine-led analysis of medical information gathered on a diverse group of almost 250,000 people over four years has significantly clarified the link between the "exclusive" use of e-cigarettes and chronic obstructive pulmonary disease (COPD), as well as high blood pressure in a sub-group of adults 30 to 70 years of age.

The findings, supported by funding from the National Institutes of Health and published in the March 15 edition of *Nicotine & Tobacco Research*, underscore the potential risks of e-cigarette use and should provide context to inform advice and regulatory policies about the health risks of so-called vaping products.

The new analysis, they note, further verifies that while the use of either e-cigarettes or traditional "combustible" cigarettes is linked to higher risks and rates of chronic obstructive pulmonary disease (COPD), the effect is substantially stronger for traditional cigarettes.

[Read the FULL Article HERE](#)

### WEBINARS AND IMPORTANT DATES

#### "Building Community Partnerships to Address Tobacco Use Among Agricultural Workers"

National Center for Farmworker Health

Wed, April 23<sup>rd</sup>, 2pm EST

[REGISTER HERE](#)

#### "Basics and Beyond: How Pediatricians Can Help Youth Quit Using Nicotine"

American Academy of Pediatrics

Pre-Recorded

[WATCH HERE](#)

#### "Protecting Pets from Secondhand and Thirdhand Smoke: Understanding the Risks"

Center for Tobacco Independence

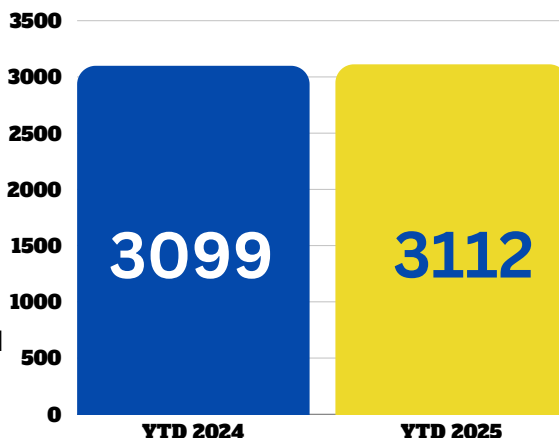
Wed, May 14<sup>th</sup>, 12-1pm EST

1.0 CHES or CME Credit FREE

[REGISTER HERE](#)

### NYS Quitline Enrollments

Jan 1 to April 14, 2024 vs Jan 1 to April 14, 2025: Users enrolled through calls and referrals to the Quitline (Statewide)



Provider Referrals Increase Quit Success!

[www.nysmokefree.com/HealthcareProviders/ReferralPrograms](http://www.nysmokefree.com/HealthcareProviders/ReferralPrograms)

Free Nicotine Patches/Gum Call: 1-866-697-8487

Visit: [nysmokefree.com](http://nysmokefree.com)

### TOBACCO CONTROL HAS SAVED NEARLY 4 MILLION LIVES, STUDY ESTS.

New research led by [American Cancer Society](#) (ACS) researchers estimates more than 3.8 million lung cancer deaths were averted and a little over 76 million years of life gained in the United States during 1970-2022 due to substantial reductions in smoking prevalence driven by tobacco control.

The study is published today in [CA: A Cancer Journal for Clinicians](#). (&lt- LINK!)

[READ THE FULL PRESS RELEASE HERE](#)

"Treat Nicotine" Newsletter - 4/16/2025