



Treat Nicotine

Center for a Tobacco-Free Finger Lakes

Partnering with Cayuga, Chemung, Livingston, Monroe, Ontario, Schuyler, Seneca, Steuben, Tompkins, Wayne, & Yates Counties

Contact us: Phone: 585-276-7223 | Click for [Website](#) or [Facebook](#)

EARLY SMOKING CESSATION AFTER CANCER DIAGNOSIS TIED TO BETTER SURVIVAL

Smokers who quit after a cancer diagnosis had increased survival, with the greatest benefit for those who initiated smoking cessation treatment within 6 months, a prospective cohort study showed.

Among over 4,500 patients diagnosed with cancer, survival over 15 years increased for those who quit smoking at 3 months (HR 0.75, 95% CI 0.67-0.83), 6 months (HR 0.79, 95% CI 0.71-0.88), and 9 months (HR 0.85, 95% CI 0.76-0.95) of follow-up.

The data also showed that smoking cessation, regardless of time of entry into the program, was associated with improved survival.

[Read the FULL report HERE](#)

UK TO BAN DISPOSABLE VAPES IN EFFORT TO PROTECT YOUTH HEALTH AND ENVIRONMENT

The UK government has officially introduced legislation to ban the sale of single-use disposable vapes in England, Scotland, and Wales, effective from June 1, 2025. This decisive action is part of a broader commitment to reduce waste, protect public health, and support environmental sustainability.

The new law aims to address critical concerns related to disposable vape products, which are widely available and increasingly popular among young people.

[READ MORE HERE](#)

WEBINARS AND IMPORTANT DATES

"Empowering Futures: Culturally Tailored Commercial Tobacco Cessation Programs in American Indian and Alaska Native Communities"

Thur, November 21, 1-2:15pm EST

FREE 75 MIN of CREDIT

[REGISTER HERE](#)

"Tobacco Treatment: Supporting College Students Who Smoke or Vape"

Tue, November 19th, 10-11:30am EST

[REGISTER HERE](#)

"Won't You Be My Tobacco-free Neighbor? Tobacco-Free Community Policy Discussion"

Thur, November 21st, 2-3pm EST

[REGISTER HERE](#)

NYS Quitline Referrals

Jan 1 to 11/15/2023
vs Jan 1 to
11/15/2024 Provider
Referrals to the
Quitline (Statewide)



Provider Referrals Increase Quit Success!

www.nysmokefree.com/HealthcareProviders/ReferralPrograms

Free Nicotine Patches/Gum Call: 1-866-697-8487

Visit: nysmokefree.com

CALIFORNIA COUNTY BANS SALES OF CIGARETTES WITH FILTERS IN ENVIRONMENTAL PROTECTION MOVE

The Board of Supervisors of Santa Cruz County, California, decided to ban the sale of filtered cigarettes and cigars, making it the world's first jurisdiction to do so. Around the world, several jurisdictions are also considering filter bans, including in Belgium and the Netherlands. The tobacco industry added filters to cigarettes in the 1950s in response to growing health concerns about smoking, but critics contend that they don't reduce the health risks.

[READ MORE HERE](#)