

1	Take a Walk
2	Cheerleading
3	Play Basketball
4	Watch Television
5	Write Poems
6	Play Soccer
7	Go to Church
8	Read a Book
9	Go to a Musical
10	Homework
11	Go to the Corner Store
12	Talk to Friends
13	Play Uno
14	Spend Time with Family
15	iPhone Games
16	Facebook
17	Eat Vegetables
18	Play the Oboe
19	Go to Eastman Theatre
20	Swimming-Pool Games
21	Play Matball
22	Lift Weights
23	Learn a Different Language
24	Play the Flute
25	Classical Dance
26	Go to the YMCA
27	Read on a Tablet
28	Recycle
29	Eat Fruit
30	Play Violin
31	Go for a Run
32	Shop on Amazon
33	Eat Pretzels
34	Laugh
35	Learn How to Cook
36	Eat Pizza
37	Play Football
38	Wegman's Scavenger Hunt
39	Tour Nazareth College
40	Go to Palm Island
41	Hygiene
42	Play Xbox
43	Go Shopping
44	Hang out at Flint Recreation Center
45	Computer Games
46	Text Friends
47	Jumping Jacks
48	Watch a Movie
49	Ice-Skating
50	Make Mac n' Cheese

51	Chill
52	Go to Chuck E. Cheese
53	Hang out with Mr. Matt
54	Playstation
55	Go to the Mall
56	Play with Sand
57	Ultimate Fighting
58	Message People on Kik
59	Become a Teacher
60	Work at Footlocker
61	Practice Driving
62	Volunteer at a Hospital
63	Go to the Salon
64	Learn about Llamas
65	Play Cricket
66	Play Board Games
67	Skateboard
68	Play Rugby
69	Horseback Riding
70	Jog Backwards
71	Drink Water
72	Have Fun
73	Play Softball
74	Sit Down and Rest
75	Go to Strong Museum
76	Go to a Nail Salon
77	Go to a Water Park
78	Knitting
79	Wait Patiently
80	Eat at Friendly's
81	Get a Job
82	Annotate Homework
83	Kayaking
84	Weight Club
85	Go Fishing
86	Put Pictures on Instagram
87	Help Younger Kids with Schoolwork
88	Give Advice
89	Feed Animals
90	Play Lacrosse
91	Play Handball
92	Play the Piano
93	Talk to Animals
94	Relieve Stress
95	Clean Your Room
96	Explore Theology
97	Design a Website
98	Help at a Soup Kitchen
99	Learn about Geography
100	Make a YouTube Video

101	Landscaping
102	Broaden your Vocabulary
103	Play Hangman
104	Take Sociology Classes
105	Go to the Carnival
106	Sports Statistics
107	Explore Archaeology
108	Climb Trees
109	Learn about Anthropology
110	Pillow Fight
111	Observe Insects
112	Study Political Science
113	Help at an Animal Shelter
114	Do Science Explosions
115	Study Economics
116	Sort out Waste
117	Design Self-Portraits
118	Write an Essay
119	Bullying Activism
120	Play Chess
121	Make Keys
122	Solve Ratios
123	Start a Technology Program
124	Design a Car
125	Play Guitar
126	Play with Dogs
127	Join the Army
128	Farming
129	Read about Zombies
130	Horizon Fun F/X
131	Make Pizza
132	Write a Song
133	Make a Chocolate Bunny
134	Step Team
135	Student Government
136	Pick Flowers
137	Have a Sleepover with Friends
138	Go to the Cemetery
139	Camping
140	Play the Drums
141	Make Sushi
142	Ballet
143	Agriculture
144	Brush your Teeth
145	Do Sign Language
146	Origami
147	Learn about Other Cultures
148	Play the Xylophone
149	Go to a Haunted House
150	Get a Sun Tan

151	Make a Cake
152	Sewing
153	Schedule an Interview
154	Play with Kids
155	Kiwi Games
156	Swim in the Tub
157	Pull your Ears
158	Count Paper
159	Try to Walk Barefoot on Rocks
160	Dance on the Roof
161	See if All of your Clothes Still Fit
162	Twitter
163	Play with Cats
164	Go to Marshall's
165	Go to the Hardware Store
166	Ride in a Limousine
167	Go to the North Pole
168	Sharpen Pencils
169	Go to Texas
170	Create a Zombie
171	Go to an Island
172	Make Ice Cream
173	Design a Game
174	Button a Shirt
175	Play with your Siblings
176	Draw People
177	Travel to Honolulu
178	Go to a Volcano
179	Look for Tigers
180	Play Catch
181	Slam a Guitar
182	Play with Snakes
183	Look at Sharks
184	Spend Money from Grandparents
185	Go to the Moon
186	Be on your Laptop
187	Play Minecraft
188	<i>Vine</i> Videos
189	<i>Roblox</i> Games
190	Go to Sky Zone
191	Go to the Amazon Rainforest
192	Eat Chicken Wings
193	Go Crazy
194	Drink Juice
195	Have Fun at Home
196	Be Dramatic
197	Organize your Things
198	Play the Bongos
199	Make Cheese
200	Count Numbers

201	Design Clothes
202	Play in Water
203	Orienteering
204	Start your own YouTube Channel
205	Make Someone Laugh
206	Cook Dinner for Family
207	Paint Flowers
208	Clean the Kitchen
209	Color Easter Eggs
210	Make Paper Airplanes
211	Read the Newspaper
212	Sit at your Desk
213	Make Candy
214	Eat Lucky Charms
215	Clean the Earth
216	Be Happy
217	Become an Astronaut
218	Drop Dance
219	<i>MySpace</i>
220	Go on Adventures
221	Hop Dance
222	Use a Punching Bag
223	Play with Food
224	Play Coin Hockey
225	Do Math
226	Play with a Jukebox
227	Play with your Hair
228	Play Ping Pong
229	Play Bingo
230	Jig Dance
231	Break Dance
232	Take Part in a Choir
233	Be Funny
234	Practice Spelling
235	Open up Cans and See What's Inside
236	Throw Chairs
237	Count your Pens & Pencils
238	Be with Your Mom
239	Use a Copier
240	Do your Make-Up
241	Write a Script
242	See Zebras
243	Play Nintendo DS
244	Be Cool
245	Sleep
246	Play Cops & Robbers
247	Learn How to Make a Fire
248	Play Man Hunt
249	Get a Haircut
250	Tell Time

251	Organize your Backpack
252	Try on Hats
253	Chew Gum
254	Pull Pranks on People
255	Play the Drums
256	Go to Connecticut
257	Feed Birds
258	Go to Puerto Rico
259	Listen to Music
260	Walk your Dog
261	Feed your Cat
262	Play Scattergories
263	Love
264	Try on Shoes
265	Jump on Clocks
266	Smell your Feet
267	Everyone Plays Tag
268	Explore the Beach
269	Swim at the Lake
270	Play <i>Just Dance</i>
271	Quiet Time
272	Be Nice to Everyone
273	Relax
274	Write in your Journal/Notebook
275	Draw Animals
276	Investigate the Chemicals in Water
277	Find New Animals
278	Act in a Play
279	Learn about Particles
280	Bring People who are Homeless to the Shelter
281	Tutor Students that Need Help with Math
282	Make a Glass Vase
283	Learn how to Make Crackers
284	Invest in a Company
285	Go to Tryouts for Sports
286	Track & Field
287	Plant Vegetables
288	Go Mining
289	Wiggle your Eyes
290	Try to Lick your Elbows
291	Stand on the toilet and sing "Let it Go" from <i>Frozen</i>
292	Dance with a Bumble Bee
293	Get a Tan
294	Go on a Boat Ride
295	Sing a Whole Song Backwards
296	Go Scuba Diving
297	Build a Particle Accelerator
298	Teach a Little Sister How to Act
299	Do the <i>Dougie</i>
300	Build a Glass Metronome

301	Sing a Song to Mom
302	Look for Fossils
303	Find Scenic Views
304	Practice to be a Goalie
305	Count Backwards
306	Make Wax Hands
307	Bungee Jump
308	Play "Telephone"
309	Clean out your Computer
310	Gather Recyclables
311	Study Rocks & Minerals
312	Clean out your Fish Tank
313	Run in a Marathon for Charity
314	Carpentry
315	Plant Trees in Urban Neighborhoods
316	Practice Sanitation
317	Take a Tour with Friends
318	Cruise the Pacific
319	Make Smoothies
320	Dub Smash
321	Donate to Charity
322	Make Popsicles
323	Find New Ingredients
324	Observe Plants & Flowers
325	Play with a Ouija Board
326	Enjoy Nature
327	Grocery Shopping
328	Skydiving
329	Plasma Experiments
330	Burn a CD
331	Personal Budgeting
332	Help Move Furniture
333	Driving Range (golf)
334	Go to a Garage Sale
335	Make a Campfire
336	Play Pool (Billiards)
337	Make Chocolate Milk
338	Make a Lava Lamp
339	Floss your Teeth
340	Make Tie-Dye Clothes
341	Design an Obstacle Course
342	Make a Playlist
343	Dust the House
344	Play Tennis
345	Make S'Mores
346	Go Surfing
347	Make a List of Things to Do
348	Meet President Obama
349	Draw a Temporary Tattoo
350	Make a Quilt

351	Brain Games
352	Go to the Zoo
353	Play Golf
354	Zoom Around on Rollerblades
355	Purify Water
356	Become a Buddhist
357	Take Online Quizzes
358	Look for Artifacts
359	Create Your Own Recipe
360	Get a Pet
361	Go-Carting
362	Prove Your Teacher Wrong
363	Be Optimistic
364	Put up a New Pool
365	Pitch a Tent
366	People-Watch
367	Brainstorm Fun Activities for the Weekend
368	Go to Cayuga Lake
369	Scientific Inquiry
370	Make Friction
371	Go to a Religious Ceremony
372	Make Homemade Soap
373	Hold your Breath
374	Read about Siberia
375	Clean your Rug
376	Hang your Clothes
377	Crochet
378	Make a Quesadilla
379	Pretend to be a Bear
380	Meet Other Kids from STYA
381	Dance on a Table
382	Be in a Video Game
383	Play in the Dark
384	Look at Dinosaurs
385	Cool Off
386	Play in your Room
387	Make Eggs & Bacon
388	Draw in a Coloring Book
389	Umpa Dancing
390	Clean the Bathroom
391	Prepare for College
392	Fix Doorknobs
393	Search for a Dollar
394	Be Random
395	Shoot Rubber Bands
396	Do Front Flips
397	Start a Car
398	Count to 1000
399	Play "I Spy"
400	Sit-Ups



401	Gymnastics
402	Draw a Sandwich
403	Burpees
404	Write Jokes on your Shirt
405	Color your Hair
406	Learn about the Planets
407	Karate
408	Practice Interviewing
409	Learn about Accounting
410	Marine Biology
411	Go to a Balloon Rally
412	Design New Technology
413	Learn about Giving Birth
414	Make a Photo Album
415	Paint the Local Streets
416	Learn about Rain Forests
417	Be a Ninja
418	Meditate
419	Listen to the Ocean
420	Learn about Birds (Ornithology)
421	Climb a Pole
422	Make a Bouquet of Flowers
423	Capture Fireflies and make a Nightlight
424	Help the Elderly
425	Learn how to Tread Water
426	Take Pictures of Nature
427	Watch Airplanes
428	Clean up your Neighborhood
429	Explore Historical Sites
430	Sunlight Experiment with a Magnifying Glass
431	Barbecue
432	Go to an Air Show
433	Groom your Pet
434	Sightseeing with Binoculars
435	Wingsuit Flying
436	Go to a Spanish-speaking Mass
437	Pretend to be in Slow Motion
438	Make Paper
439	Play on a Seesaw
440	Act out <i>Hunger Games</i>
441	Yodeling
442	Talk to Immigrants about their Culture
443	Learn about Local Waterworks & Reservoirs
444	Ride a Hot Air Balloon
445	Create a New Invention
446	Help find a Cure for Cancer
447	Observe Filtering Systems
448	Go to a Water Dam
449	Design Dresses
450	Look at the Stars with a Telescope

451	Tap Dance
452	Beatbox
453	Carve Sculptures
454	Go to Local Festivals
455	Ghost Hunting
456	Look into Current Events
457	Explore the Genesee River
458	Write letters to people who are sick
459	Go to the Public Market
460	Play with a Pogo-Stick
461	Trampoline Basketball
462	Make Posters
463	Play <i>Yu-Gi-Oh</i>
464	Make a Shish Kabob
465	Save Endangered Animals
466	Donate Clothes
467	Try to Lick Your Nose
468	Follow your siblings' good example
469	Tango
470	Go to an Arts & Crafts store
471	Finger Painting
472	Dedicate a Speech to someone Important to You
473	Donate Blood
474	Get a Tattoo
475	Think of Good Choices to Make in the Future
476	Solve Mysteries
477	Go to a concert
478	Journalism
479	Be in a Commercial
480	Encourage Good Attitudes
481	Get Baptized
482	Learn to be a DJ
483	Use your Imagination
484	Sing <i>Narwhals</i>
485	Juggling
486	Play with Glue
487	Collect <i>Pokemon</i> cards
488	Invent New Words
489	Help Stray Cats
490	Drink from a Twisty Straw
491	DIYs
492	Find Slender Man
493	Pretend to be a Unicorn Princess
494	Go to Six Flags Darien Lake
495	Paintball
496	Give Blessings
497	Take Art Classes
498	<i>Whip and Nene</i>
499	Read food Labels
500	Walks in the Woods

These alternatives were collected from an ongoing project during the 2014-2015 school year. It took place at four different community sites throughout the city of Rochester: *Flint Recreation Center, Lincoln Library, Enrico Fermi School #17, and Abraham Lincoln School #22*. More than fifty students in the STYA program dedicated their imagination to this project. The general goal of this project was for kids to brainstorm - and therefore understand - how many possibilities there are for them to grow, discover their interests and capabilities, and execute them in place of unhealthy decisions down the road.