

STYA is a Collaborative Agency Program



University of Rochester

Learn, Discover, Heal, Create—
and Make the World Ever Better

Dr. Sandra Jee, MD
STYA Project Director



Society for the Protection & Care of Children (SPCC)

"We are a society of experts who respectfully partner with families. We advocate for the health, safety and protection of children. We care about healing and strengthening relationships within the family. We empower parents to support their children."



Metro Council for Teen Potential (MCTP)

"Our goal is to foster youth development and encourage young people to make healthier choices."



The Center for Youth

"The Center for Youth provides comprehensive programs and services from prevention education to counseling to emergency shelter to youth development opportunities with respect for and full participation of youth. We deliver these services with the deep belief that young people, given information and support, want to and can make their own positive life choices."

STYA

Successfully Transitioning
Youth to Adolescence



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The STYA program serves 9-12 year old youth in the City of Rochester.

Fun activities

Small group discussions

Field trips

Snacks

STYA is a free program!

All food, expenses, and transportation will be provided by the agencies.

Note: Transportation from the children's homes to group sites will not be provided.

What is STYA?

Successfully Transitioning Youth to Adolescence (STYA) is a program funded by the New York State Department of Health (NYSDOH). We use a positive approach to help 9-12 year olds learn new skills and become self-confident.

Enriching activities, small group discussions and local excursions form the basis of the program.



Check out our STYA video online on the MCTP home page:

<http://metroCouncilrochester.org/>

Examples of themed, small group discussions:

Unity and Affiliation, Communication, Cultural Awareness, Helping Those in Need, Value of Youth, Etiquette, Anti-Violence, Healthy Habits, Constructive Use of Time, Positive Values

Examples of our kid-approved, local field trips (at no cost to families):

WDKX, Rochester Museums, Foodlink, Werner Castle, Powers Farm, Erie Canal, Barnes & Noble, Susan B. Anthony House, College Tours, Cobbs Hill, Seneca Park Zoo, Ice Skating, Bowling, Sky Zone, Clubhouse Fun Center, Horizon Fun F/X, Local Parks, etc.

Parent/Guardian Feedback

"My boys love it. They're up each morning ready for group. It's a blessing and it gets them off the streets."

-Marta Valentine, STYA Parent

"This program has demonstrated to my kids that hard work can lead to great opportunities."

-Dawn Michelle Lafferty, STYA Parent

"The program is doing excellent work with the kids and helping me out a lot, the girls love the program because they like the excitement and learning new things. Thank you for getting my girls out of the house!"

-Melissa C., STYA Parent



Program Contacts

Feel free to contact either of the program staff below for more information:

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