# Uterine Fasciculation-Like Signals: A novel pattern of uterine bioelectric activity

## **QR CODE EXTRAS**

Ponnila S. Marinescu, MD; Roger C. Young, MD, PhD; David Adair, MD; Braxton Hern, BA; Eva K. Pressman, MD; Neil Seligman, MD, MS

## Introduction

 Here we present a novel uterine electromyography (uEMG) signal (Figure 1), Fasciculation-Like Signals

 This signal indicates prolonged uterine muscle activity rather than phasic activity

# Methods

- Prospective observational study; singletons
- 30w0d to 36w6d GA

- Six-channel uEMG recordings were obtained using directional EMG sensors for > 60 minutes
- Uterine signals were isolated using a bandpass filter between 0.15 and 1.2 Hz

# Methods

 The 10 minute period of the recording with the greatest bioelectrical activity was identified visually.

- A computer algorithm was then used to identify the total length of time where root mean squared (RMS) exceeded resting RMS by 2.5-fold.
- The FLS duration for each channel was calculated by subtracting the duration of contraction-associated, if any, within the window.

Study subject application of hexagonal uEMG area sensors and ECG sensors. Each area sensor corresponds to a specific uEMG channel as designated by the associated letter number combination.



# Objective

The objective of this study is to determine the prevalence of FLS in patients presenting with contractions

# Results

- Eight subjects were included, with one subject studied twice at 32w0d and 33w5d (total n=9 studies).
- None of the patients delivered within 7 days of their evaluation. All 7 recordings performed < 36w0d had an FLS > 2.
- One subject with FLS score=2 delivered preterm.
- Complete outcomes data is shown in Figure 2.

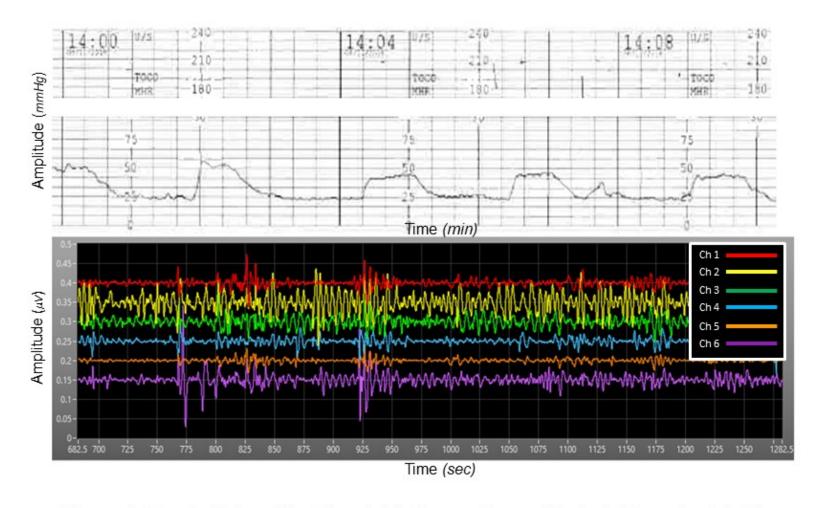


Figure 1. Fasciculation-Like Signal (FLS) seen in a subject at 32 weeks. FLS is observed as a prolonged oscillatory burst. In this subject, FLS are observed in uEMG channels 2, 3, and 6.

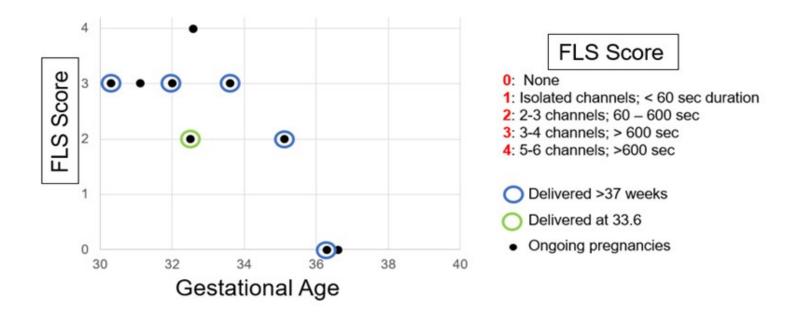


Figure 2. Scoring for Fasciculation-Like Signals (FLS) by gestational age. Scale is from 0 to 4, where 0 represents no FLS seen, and 4 represents 5 to 6 channels simultaneously reporting FLS. Each black dot represents a pregnant subject; colored circles indicate gestational age at delivery.

# Key Take Home Points

Fasciculation-Like Signals are a newly described pattern of uterine bioelectric activity

 These signals may explain the biomechanics of prodromal contractions, especially if similar signals were not seen during labor.

 If confirmed, the presence of FLS may serve a novel test to rule-out preterm labor

## **Uterine Fasciculation-Like** Signals: A novel pattern of uterine bioelectric activity

<sup>1</sup>Ponnila S. Marinescu, MD; <sup>2</sup>Roger C. Young, MD, PhD; <sup>2,3</sup> David Adair, MD; 3Braxton Hern, BA;

<sup>1</sup>Eva K. Pressman, MD; <sup>1</sup>Neil S. Seligman, MD, MS

- Division of Maternal-Fetal Medicine, University of Rochester Medical Center, Rochester, NY = Pregel, Inc., Memphis, TN
  Department of Obstetrics and Gynecology, University of Tennessee College of Medicine,

### **Background**

- · Fasciculation-Like Signals (FLS) are a novel uterine electromyographic (uEMG) patterns (Figure 1)
- · Signals denote prolonged uterine muscle activity rather than phasic activity (i.e. "contractions")

## **Objective**

We sought to determine the prevalence of FLS in patients presenting with contractions

#### Methods

- · Prospective observational study of singleton pregnancies 30w0d to 36w6d gestational age
- Six-channel uEMG recordings were obtained using directional EMG sensors for > 60 minutes



Schematic diagram of open-area hexagonal uEMG sensors and ECG pad placement on the gravid abdomen.

Each hexagonal sensor (u1-u6) corresponds to a specific uEMG channel (1-6) (Figure 1). ECG pads were used for grounding and reference.



Fasciculation-Like Signals are a newly described pattern of uterine bioelectric activity

The presence of FLS may have value as a novel test to rule-out preterm labor



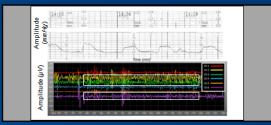
Scan QR code for additional study information including how the FLS scale was derived



#### Results

- · Eight subjects were included, with one subject studied twice at
- 32w0d and 33w5d (total n=9 studies)
- None of the patients delivered within 7 days of their evaluation
- · All 7 recordings performed before 36w0d
- Example of a recording with FLS present shown in Figure 1
- All patients had and FLS score > 2 (Figure 3)

## Figure 1: Example of FLS in a 32 week subject



- FLS are characterized as a prolonged oscillatory burst
- · FLS are observed in channels 2, 3, and 6 (boxes) rather than the expected contraction-associated signals

## Figure 3: FLS scores by gestational age



- · Scale is from 0 to 4: 0 represents no FLS seen; 4 represents 5-6 channels simultaneously reporting FLS
- Black dots represent pregnant subjects; colored circles indicate GA