Registration Form

Name	
Address	
Phone	
Age	
Coach	
Due Date	
Insurance	
OB/GYN	

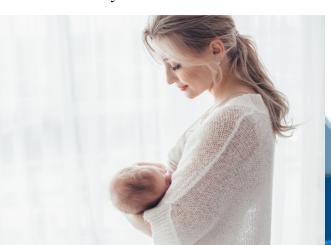
Once your registration is recieved, a letter will be mailed to you with class information including dates, times, and what to bring with you.

Our childbirth class instructors are registered nurses who are Certified Childbirth Educators who work in the Family Birthing Center at UR Medicine Noyes Health.

In addition, our infant feeding instructor is a Certified Lactation consultant.

UR Medicine Noyes Health

Dansville, NY 14437 (585)335-6001 noyes.urmc.edu





Noyes Family Birthing Center Childbirth Education Classes

Preparing you for a rewarding childbirth experience



About the program

Pregnancy is an exciting time for you and your family to prepare for the birth of your baby.

We are here to help.

Noyes has developed a family-centered, comprehensive program that will help guide you through your labor and delivery and provide helpful tips for the beginning of your relationship with your child.

This course will help you learn:

- Pregnancy exercises
- Comfort measures for labor and delivery
- Nutrition during pregnancy
- Relaxation techniques
- The roll of medication and anesthesia
- The physical aspects of the labor and delivery process
- Labor support techniques
- What to expect in the event of a cesarean birth
- Infant feeding (class included but also offered seperately)





For more information, please call (585) 335-4249 or email: noyes-nfs@urmc.rochester.edu.

The cost for these classes is \$70.

Payment can be mailed, or given to the instructor at the beginning of your session.

Please make checks payable to: Noyes Memorial Hospital

To register, complete the registration form on the reverse side and mail to:

UR Medicine | Noyes Health
Community Health Education
III Clara Barton St.
Dansville, NY 14437

