

Registration Form

Name _____

Address _____

Phone _____

Age _____

Coach _____

Due Date _____

Insurance _____

OB/GYN _____

Once your registration is received, a letter will be mailed to you with class information including dates, times, and what to bring with you.

Our childbirth class instructors are registered nurses who are Certified Childbirth Educators who work in the Family Birthing Center at UR Medicine | Noyes Health.

In addition, our infant feeding instructor is a Certified Lactation consultant.

UR Medicine Noyes Health

111 Clara Barton Street
Dansville, NY 14437
(585)335-6001
noyes.urmc.edu



B.A.B.E Childbirth Education Classes

Birth And Beginning Education

Preparing you for a
rewarding childbirth
experience



About the program

Pregnancy is an exciting time for you and your family to prepare for the birth of your baby.

We are here to help.

Noyes has developed a family-centered, comprehensive program that will help guide you through your labor and delivery and provide helpful tips for the beginning of your relationship with your child.

B.A.B.E.

Birth And Beginnings Education

This course will help you learn:

- Pregnancy exercises
- Comfort measures for labor and delivery
- Nutrition during pregnancy
- Relaxation techniques
- The roll of medication and anesthesia
- The physical aspects of the labor and delivery process
- Labor support techniques
- What to expect in the event of a cesarean birth
- Infant feeding (class included but also offered seperately)



For more information, please call (585) 335-4249 or email: noyes-nfs@urmc.rochester.edu.

The cost for these classes is \$70.

Payment can be mailed, or given to the instructor at the beginning of your session.

Please make checks payable to:
Noyes Memorial Hospital

To register, complete the registration form on the reverse side and mail to:

UR Medicine | Noyes Health

Community Health Education

111 Clara Barton St.

Dansville, NY 14437

