

Caregiver Support Groups: Livingston County



Dansville:

Dansville Public Library

200 Main St, Dansville, NY 14437

First Monday of the Month
1-2pm

Geneseo:

Geneseo Interfaith Center

11 Franklin Street Geneseo, NY 14454

Fourth Thursday of the Month
1-2pm

Build a support system with people who understand.

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for Caregivers to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.

Call 1.800.272.3900 to learn more, or to register.

Visit alz.org/CRF to learn more about caregiver programs and resources. To further extend your network of support, visit **ALZ connected®**, our online community, at alzconnected.org.