

# Aging Neuroscience: Udall Center for Excellence in Parkinson Disease

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UNIVERSITY of  
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# Center for Human Experimental Therapeutics

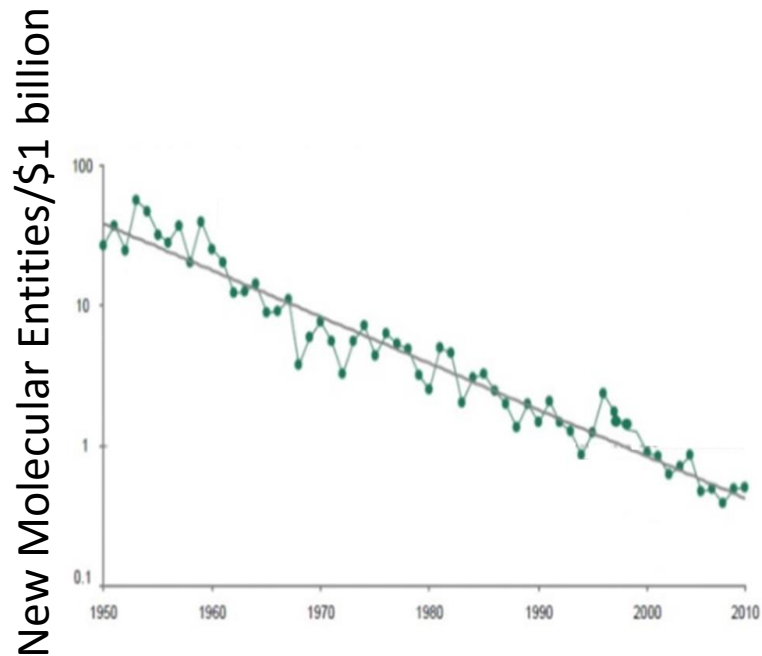
**Vision:** To enable anyone, anywhere, to participate in research, benefit from therapeutic advances, and receive care.

**HEALTH AND  
TECHNOLOGY  
UNIT**

**CLINICAL  
TRIALS  
COORDINATION  
CENTER**

**CLINICAL  
MATERIALS  
SERVICES  
UNIT**

# Drug development productivity is declining; new methodological models are needed



Characteristic	20th Century	21st Century
Study design	Randomized, double-blind, parallel-group, placebo-controlled trial	Randomized, double-blind, parallel-group, placebo-controlled trial using adaptive designs
Study population	All comers with a given disease	Individuals selected based on phenotypic and genetic results
Study recruitment	Clinical practices	Global clinical trial registries and social networks organized by individuals affected by the disease
Trial visits	In person and audio calls	In person and audio and video calls
Data management	Paper and electronic forms	Electronic forms
Participant feedback	Limited, delayed	Almost universal, approximately real time
Outcome measures	Insensitive	Sensitive
	Episodic	Frequent or continuous
	Subjective	Objective
	Provider centered	Patient centered
	In clinic	Remote
	Unidimensional	Multidimensional

# Udall Centers define the causes of and discover improved treatments for Parkinson disease

## Udall Centers – at a glance

**Background:** Funded by Morris K. Udall Parkinson’s Disease Research Act of 1997 in honor of long-serving Representative Morris Udall, who had PD

**Goal:** “To rapidly advance synergistic, interdisciplinary research programs while serving as national leaders in PD research.” Stated theme will “inform the etiology, pathogenesis, or treatment of PD”

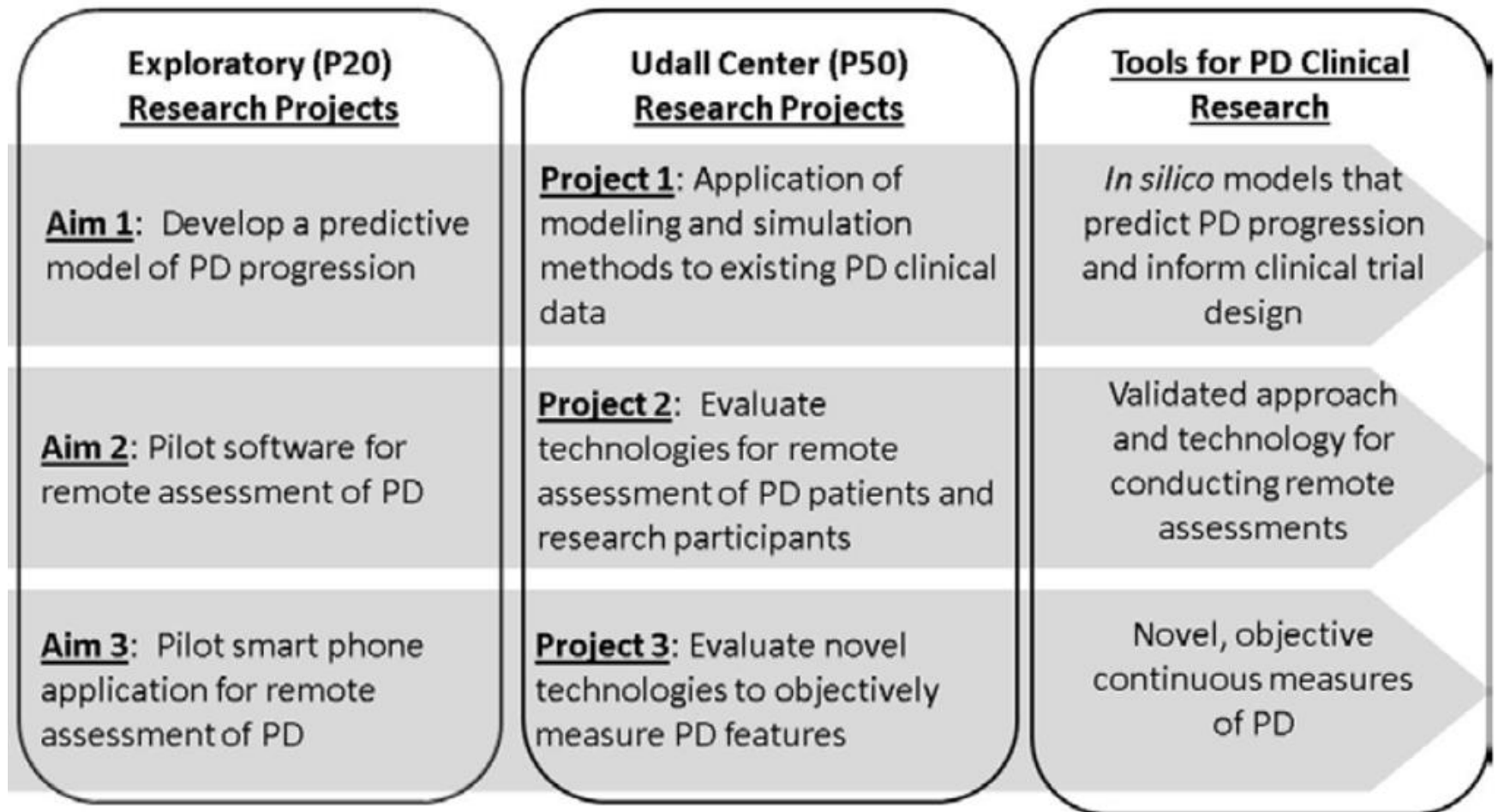
**Centers:** 9 nationwide

### **Required components:**

- Administrative Core
- At least one integrated Research Core to support at least two research projects
- At least three Research Projects
- Mission statement
- Plan for periodic outreach activities
- Clinical research core if at least one Clinical Research Project is proposed

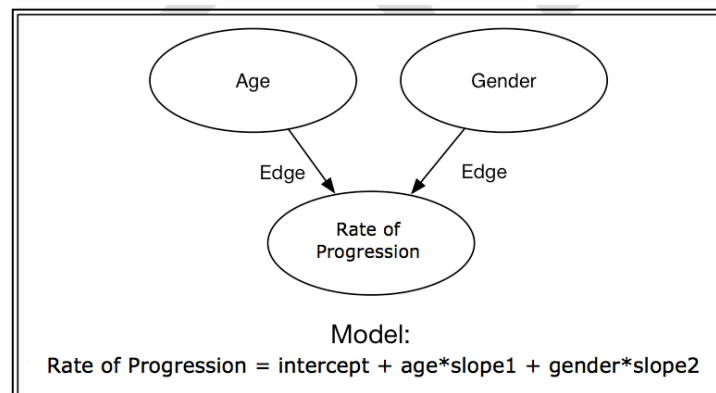
# In the P20 planning grant, we outlined three research projects

Proposed transition from P20 to Udall Center Research Projects



# Developing Predictive Models of PD Progression

- Reverse Engineering and Forward Simulation (REFS™) to generate prediction models for progression
  - Uses Bayesian inference, modeling directly from data without pre-specified hypotheses
  - Produces ensemble of models sampled from the Bayesian posterior
- Three outcomes (rate of progression) modeled separately
  - Motor (MDS-UPDRS Parts II and III)
  - Cognition (MoCA)
  - Functional and Behavioral (MDS-UPDRS Part I)



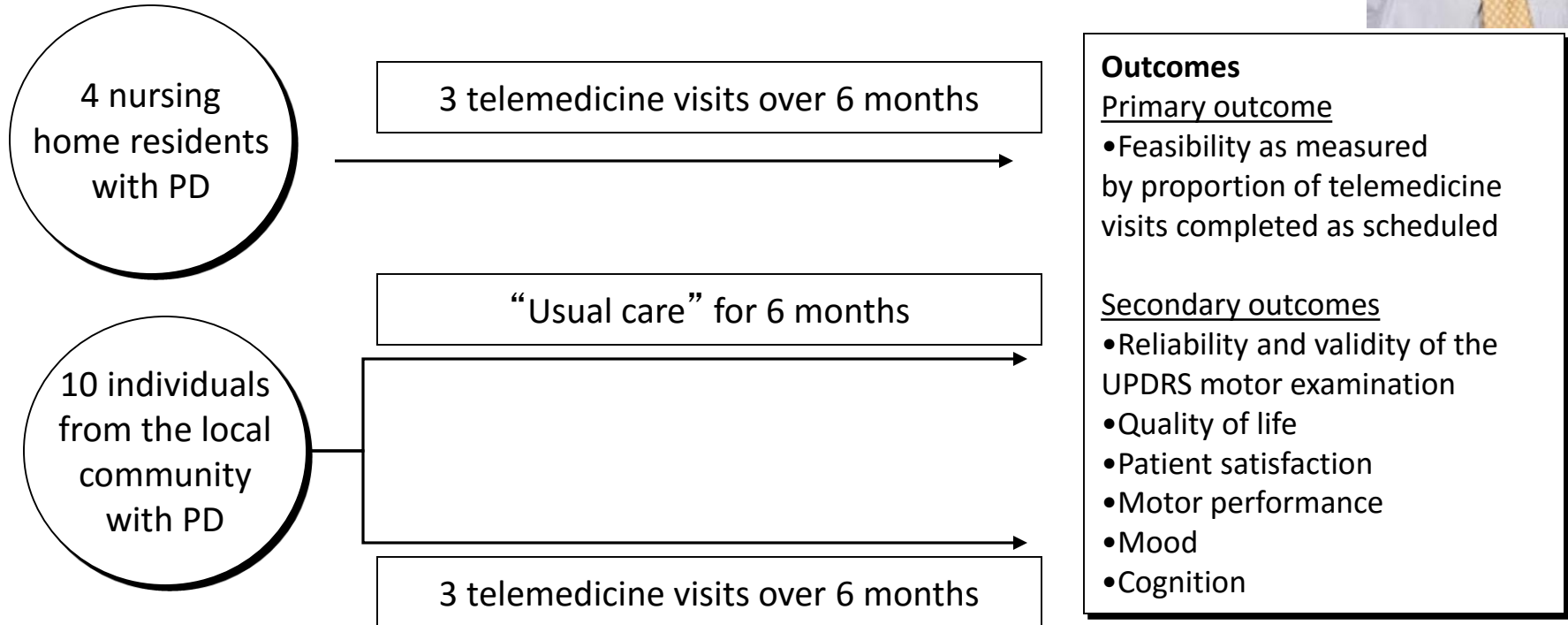
# Predictors to be evaluated for the longitudinal endpoints of interest

Cohort	Clinical Variables	Genotyping	Endpoints
<p>PD (Including SWEDD patients) N=241</p> <p>Healthy Control N=109</p>	<p><b>Demographics</b> Age, Gender, Race, Ethnicity, Education</p> <p><b>Medical History</b> Family history of PD, PD medication use, Tremor-dominance, Primary affected side, REM sleep disorder</p> <p><b>Baseline Clinical Tests</b> DatScan imaging, Evidence of dopaminergic deficit (SWEDD flag), UPSIT</p> <p><b>Baseline Levels of Disease Severity</b> Montreal Cognitive Assessment (MoCA), MDS-UPDRS</p> <p><b>Baseline CSF Protein Tests</b> <math>\beta</math>-amyloid1-42, <math>\alpha</math>-synuclein, Total tau, Phosphorylated tau181</p>	<p><b>ImmunoChip</b> Illumina Infinium iSelect HD Custom Genotyping array</p>	<p><b>Rate of decline across 3+ years of follow-up</b></p> <p>Cognitive: Montreal Cognitive Assessment (MoCA) (N=345)</p> <p>Motor: MDS-UPDRS, Part II &amp; III (N=333)</p> <p>Functional &amp; Behavioral: MDS-UPDRS, Part I (N=333)</p>

# Testing the feasibility of Virtual Visits



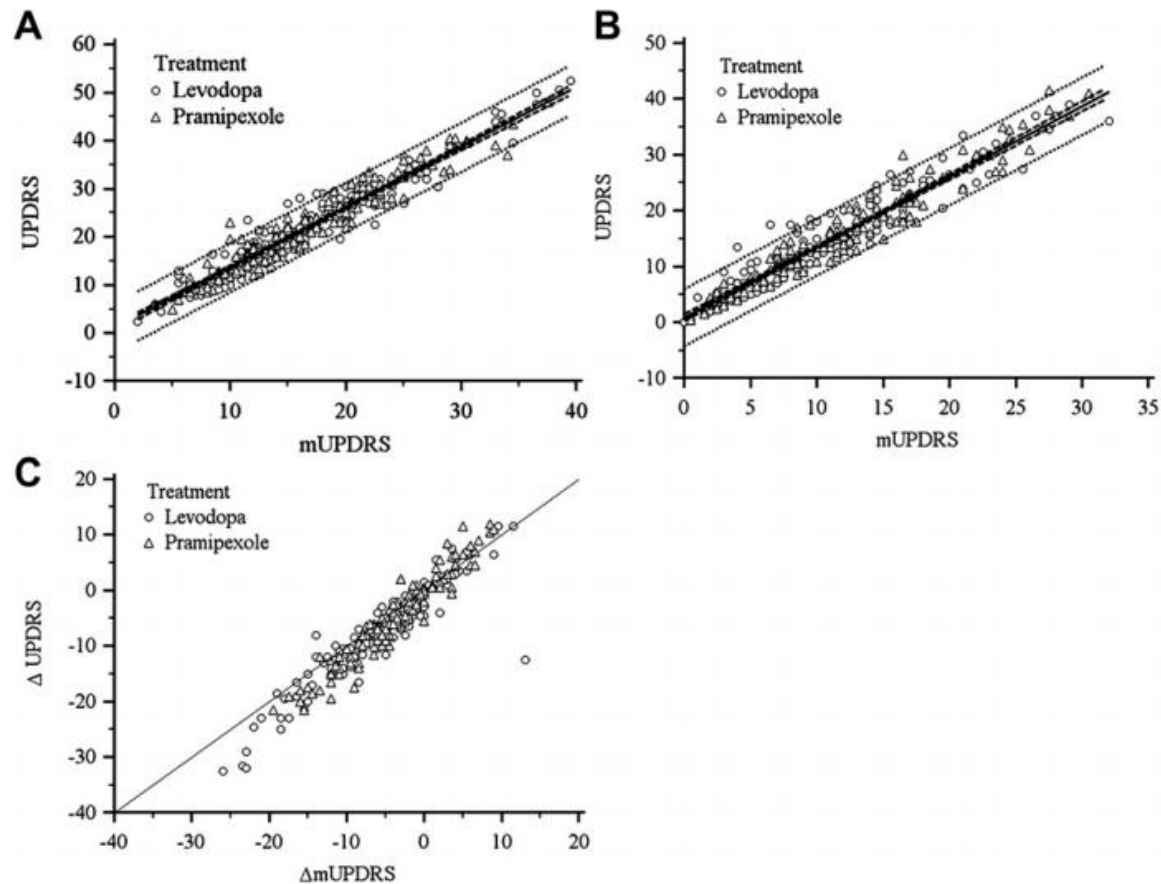
Pilot randomized, controlled study of telemedicine for Parkinson disease



Telemedicine visits were feasible  
Remote assessment of the UPDRS was reliable  
(remote v in-person ICC 0.78; test-retest remotely ICC 0.82)



# A modified UPDRS conducted remotely is cross-sectionally and longitudinally valid



**Fig. 1.** Scatter plots for (A) modified motor UPDRS (mUPDRS) versus standard motor UPDRS at baseline, (B) mUPDRS versus UPDRS at 2-year follow-up, and (C) change from baseline to 2-year follow-up for mUPDRS versus UPDRS. Solid lines represent best-fit linear regression line (plots A and B) and line of identity (plot C). For plots A and B, dashed line represents 95% confidence interval and dotted line represents 95% prediction interval about the best-fit line.

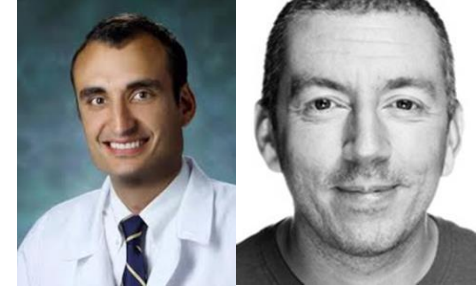
# REACT-PD Study Design

- Observational study assessing feasibility of conducting virtual research visits in a subset of individuals with early PD participating in an ongoing clinical trial (STEADY-PD III)
- 40 participants in STEADY-PD III who consented to be contacted for future research will be enrolled and followed for up to 12 months
- Virtual Research visits to occur within 4 weeks *after* in-person clinical trial visit
- Virtual research visits will collect the same data as is collected at the corresponding in-person visit and include:

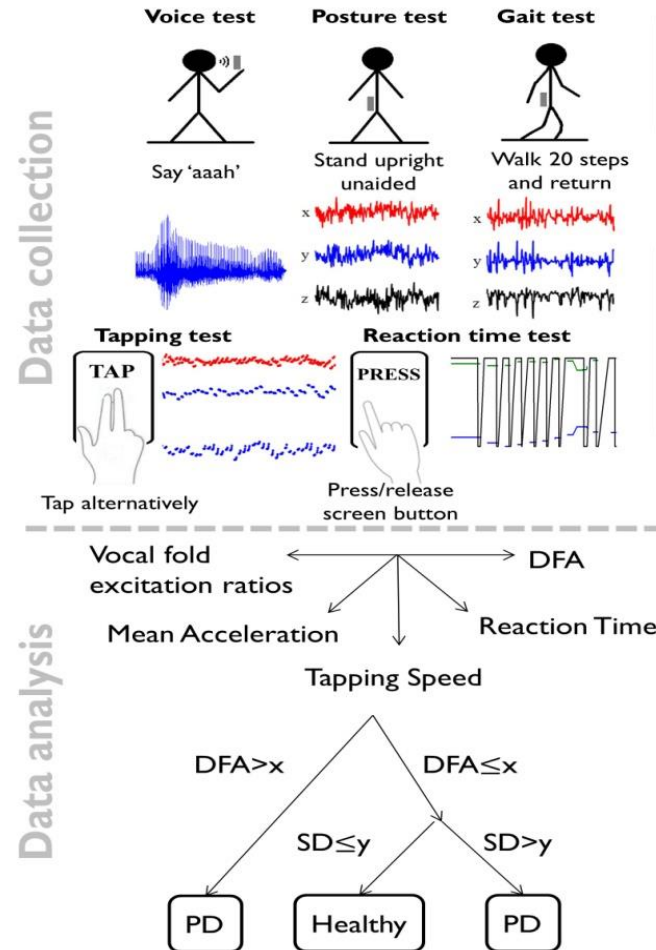
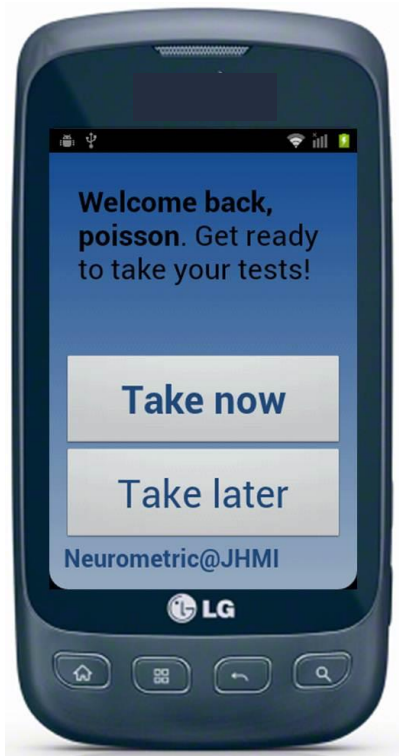
Every Visit	Annual Visit Only
UPDRS I-IV*	MDS UPDRS
Hoen and Yahr	MoCA
Schwab and England ADL	PDQ-39
C-SSRS	
Concomitant medications	
Evaluate need for therapy	
Participant/investigator surveys	

\*Primary outcome measure of STEADY-PDIII

# Software applications for remote measurement



## Pilot smartphone study in Parkinson disease

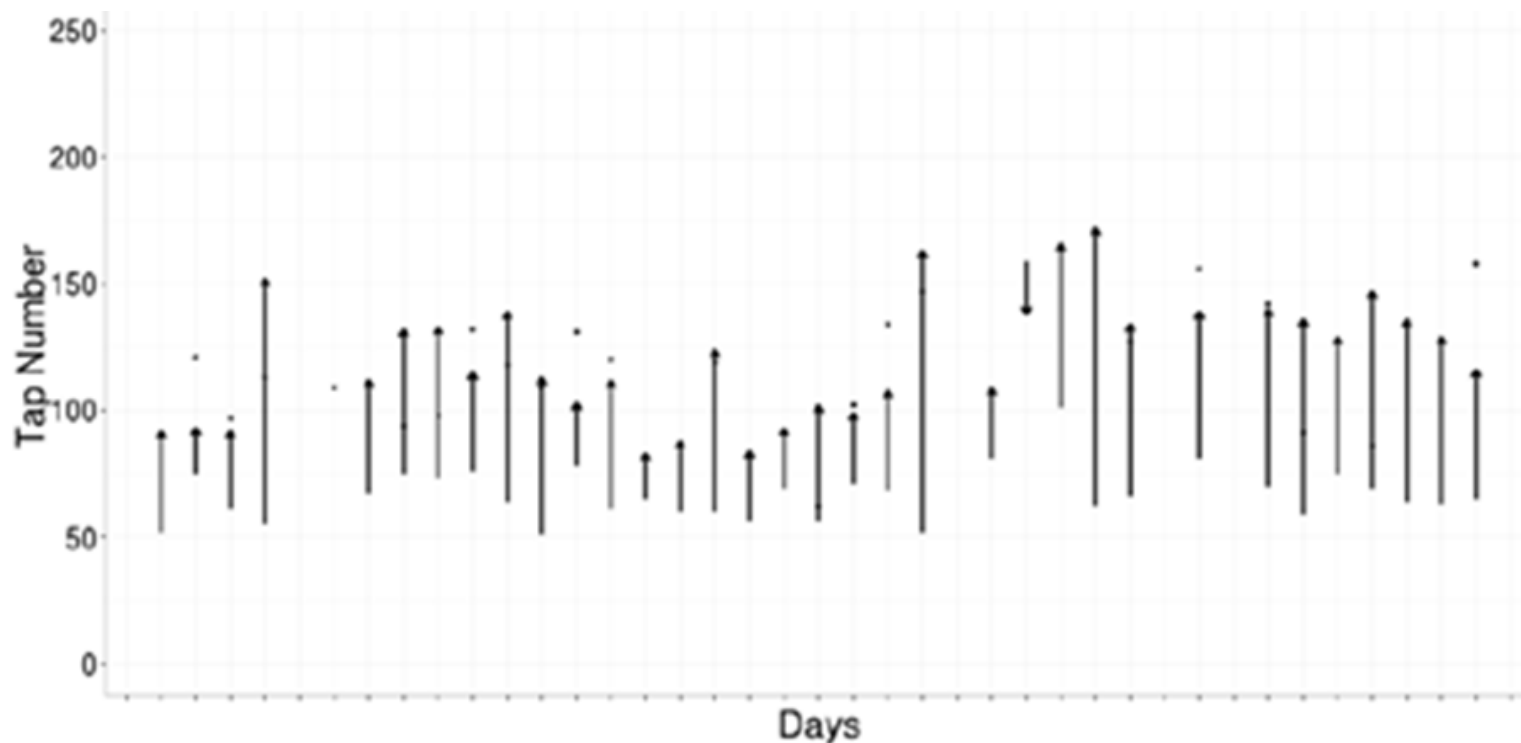


1. Perform voice, postural sway, gait, finger tapping, and reaction time tests
2. Smartphone records voice, 3D acceleration, x-y tapping coordinates, time of touch, and onset of stimulus and response
3. Extract summary measures from the five test recordings
4. Convert summary measures to clinical assessment using random forest classifier

DFA = detrended fluctuation analysis; TKEO = Teager-Kaiser energy operator

# These apps can detect responses from dopaminergic medications

Tapping frequency in individual with PD before and after medication



62 year old man  
2009 Onset of Symptoms / Start meds  
Mean change: 51 taps  
Max change: 111 taps  
Min change: -21 taps

# Progress and Future Directions

## **Developing predictive models of PD progression**

- Platform for integrated trial datasets
- Identifying influential factors in disease progression
- Validation with external datasets

## **Testing the feasibility of virtual visits**

- Incorporation into trials (STEADY-PD)
- Independent sample – evaluate influence on recruitment, retention

## **Developing and testing applications for remote measurement**

- Incorporate applications into trials (SURE-PD3)
- Pilot wearable sensors for outcome quantification

***Future: Incorporate these approaches as a standard in therapeutic development and expand to new disease models***