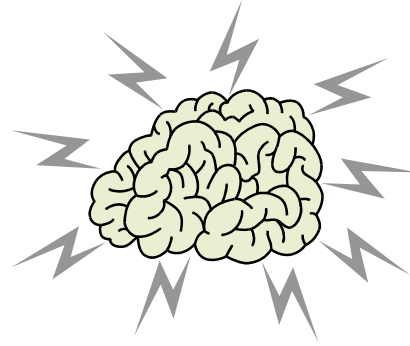


## How to Brainstorm



- Group members may call out ideas spontaneously, or the team leader may ask each member, in turn, for one of his/her ideas. Members may pass if they don't have an idea at that time.
- The recorder writes all ideas verbatim; no editing or summarizing without permission.
- Strive for quantity. Narrow down later.
- This is not a time for discussion. It is a time to generate ideas quickly. Discussion will follow brainstorming.
- Do not evaluate ideas out loud. For example, do not make comments like “That is a very good idea,” or “That suggestion was just plain stupid.” All ideas are potentially beneficial.
- Encourage a wide range of ideas—from obvious to subtle, to out-of-the-box, or off-the-wall. No idea is ridiculous.
- Ideas may be built on the ideas of others.
- Each idea presented belongs to the group, not the person who said it.
- Group processing goals should develop trust in each other and respect the ideas of others

# **Family Secrets**

## **Part 1 A Family Disease**

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*Narrator: Jenny woke with a headache. She was relieved that she didn't have to go to school today. Her mother was going to take her to see the doctor this morning. As she dragged herself into the shower, she started thinking about her grandmother. It had been a month since Grandma died, but she still thought about her every day.*

*Talking to people at the funeral had brought back memories of the good times before her grandma had gotten sick. Her grandmother had always been an important part of her life. Jenny sighed as she remembered how difficult the last five years had been for her grandmother and the family.*

*She wondered what had caused Grandma's disease. Her parents and grandmother had really never explained much about the illness. Jenny had just overheard bits and pieces about something called Huntington's disease. She'd watched helplessly for five years as her Grandma kept getting worse and worse.... Jenny was thankful that Grandma wasn't going to suffer any more.*

*Jenny wasn't in the mood for breakfast or conversation, but she headed for the kitchen.*

Mom: Listen Jenny, It was hard for all of us to watch Grandma suffer like she did. I know you really don't want to see the doctor today, but is important for you to get tested for Huntington's disease.

Jenny: Mom, can we not talk about this?

Mom: I've been telling your dad to get himself tested, so we know what to do about you and Jeremy. But no! He said he does not want to know....

Jenny: Mom, can we not bring up Dad again?

Mom: I don't want to bad-mouth your father, but I really don't understand him. I guess that's one of the reasons why we're divorced....

Jenny: Mom, I really do NOT want to hear about all this again! I'll go for the testing.

Jeremy: How come Jenny doesn't have to go to school, and I do?

Mom: Because she has a doctor's appointment. Now, eat your breakfast. Remember today's your 8<sup>th</sup> grade picnic and I didn't want you to miss that. We'll wait to see how Jen's tests come out before we take you to get tested.

Jeremy: What kind of test do I need to take?

Mom: Never mind Jeremy. You'll miss the bus if you don't hurry. Listen, Jen. If Doctor Day asks you what you think about this Huntington's disease testing thing, just say we talked about it. It's important that you tell Doctor Day that you agree with everything I said. I am doing this for your own good. Don't worry about it, OK?

Jen: Whatever, Mom.

*Narrator: But, Jenny WAS worried—very worried. She hadn't realized that she might get Huntington's disease from her grandmother. She didn't understand why her Mom insisted that she be tested when her Dad refused to be tested. Caring for Grandma had taken so much of the family's time and energy. They hadn't taken the time to talk about how Grandma's disease would affect the rest of the family.*

## Part 1 Family Secrets - Record of Individual and Team Work

Name: \_\_\_\_\_

Class: \_\_\_\_\_

### **FACTS**

What are the facts of the case?

## Part 1 Family Secrets - Record of Individual and Team Work

Name: \_\_\_\_\_

Class: \_\_\_\_\_

### Questions

What questions do you have, or think others might have, about the case?