### HARP 🔰

Principal Investigator: Caroline Silva, PhD

For more information, please call HARP staff: (585) 273-2196

Or email us at: HARP@urmc.rochester.edu

#### HARP is supported by:







Department of

HARP Healthy Aging Research Program

### Connection for Latinos Caring for a Family Member with Dementia





#### Who is eligible for the study?

Hispanic/Latino Adults who are:

- 50 years of age or older;
- Sometimes feel stressed because you are caring for a family member with dementia;
- Sometimes feel isolated, left out, or that you lack companionship.

# What is the purpose of this study?

The purpose is to learn how to help individuals who are caring for a family member with dementia improve their social relationships and social supports.

This Project is designed to help understand your experience of and barriers to social connections.

#### What will I be asked to do?

If you participate in this study, you will be asked to complete an interview (using Zoom on your computer or by phone).

### What information will you collect during the interviews?

You will be asked about your physical, cognitive, and emotional health, and about your social relationships.

#### How long are the interviews?

The interview will be 1 hour long. The interviews will be completed using Zoom (on your computer or by phone) and online surveys.

For more information, please call the study team at: (585) 273-2196

## Will my information be kept confidential?

All of the information we collect from you is kept strictly confidential and secure. Only HARP investigators and staff have access to the information you provide.

#### What else should I know?

If you qualify for and complete the interview, you will be paid \$20.

