# **Good News**

from the University of Rochester Medical Center

**News for friends of the Medical Center.** 



## Pfizer and BioNTech are adapting the technology from their highly successful

COVID vaccine to prevent seasonal flu. "If we could produce a flu vaccine that is as effective as the COVID vaccines, it would be a game-changer," said Ann Falsey, co-director of the Vaccine and Treatment Evaluation Unit at URMC.

Learn more »



#### some colon cancer patients For patients who meet the criteria and have the surgery, five-year survival rates can increase from 5 percent with chemotherapy alone to 70 or 80 percent, said

Dr. Roberto Hernandez-Alejandro, professor of surgery and chief of the Division of Solid Organ Transplantation at URMC. Learn more »



### new frontier for treating disease The mRNA-based COVID-19 vaccines made history as the first RNA-based vaccines to be FDA

approved for use in humans. But "RNA-based therapeutics have an amazing potential to treat a variety of inherited and acquired diseases," says Lynne Maquat, director of the Center for RNA Biology at URMC. Learn more »



## that regular exercisers experience fewer chemo symptoms "We've always believed that exercise is a great way to help

cancer patients," said Michelle

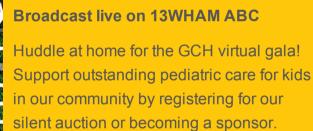
Janelsins, associate professor of surgery at URMC. "But now we have evidence that meeting physical activity guidelines prior to getting chemotherapy has benefits." Learn more »



COLISTINO CHILDREN'S HOSPITAL

Social media highlight

**Learn More** »



**Kick off for Kids with** 

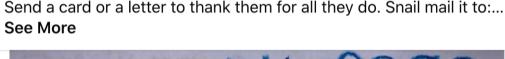
Golisano Children's

**Hospital** 

7-8 p.m.

Friday, October 29

#### They were the first to get vaccinated and urge others to get the shot, too. With their help, we've made huge progress. But this pandemic is not



over. And they need to know you've got their backs.

to the DO

Golisano Children's Hospital September 17 at 8:02 PM · 🔇

Our health care staff are physically and emotionally exhausted. They have battled #COVID for 18 long months and saved countless lives.



best to stay safe and do what you say to help. Love, 🗘💟 Sarah Wight and 513 others 38 Comments 119 Shares Like Comment ⇔ Share



Make a gift »

Gifts of any amount will accelerate their groundbreaking work.











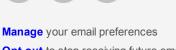








Share this email:



Opt out to stop receiving future emails. View this email online. Larry and Cindy Bloch Alumni and Advancement Center 300 East River Road

Rochester, NY | 14627 US

Subscribe to our email list.