

Good News

from the University of Rochester Medical Center

News for friends of the Medical Center.



Inspired by Dungeons and Dragons, role-playing drives therapeutic outcomes for youth

URMC's Division of Pediatric Behavioral Health and Wellness has grown outpatient services significantly in response to the national pediatric mental-health crisis. Creative arts therapy offerings have helped children and adolescents apply the creative process to real-world scenarios through art, music, and drama. One helpful intervention is modeled after Dungeons and Dragons, the role-playing game where players create characters with powers and weaknesses. Its popularity drove the program to produce a play, *She Kills Monsters*, on stage now at OFC Creations Theater Center.

[Read more »](#)



Guided by research, Wilmot's breast cancer program comes of age

This Breast Cancer Awareness Month, learn how leaders at Wilmot Cancer Institute are building research into every facet of its breast cancer program, with the goal of becoming the premier center in New York State.

[Learn more »](#)



The power of prevention: URMC looks to the future to prevent suicide

A new kind of suicide prevention uses technology to connect with hard-to-reach populations like teens, as well as older adults struggling with isolation and depression. It's all part of the URMC's Center for the Study and Prevention of Suicide (CSPS).

[Learn more »](#)



In the lobby, music inspires friendship and unexpected blessings

Luis Mendez gave up his piano when he moved to Rochester from Mexico to attend the Eastman Institute for Oral Health. On his breaks from work, he found another place to play. Little did he know how moving his music was to patients and their family members.

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grateful FOR YOU

Day of Gratitude

November 21, 2023

An amazing thing happens when we share the love. When we reach out and say "hey, thanks." When we speak from the heart and lead with the good. So let's start a chain reaction of gratitude. We'll start. We're eternally grateful to you for supporting the Medical Center—making it possible for us to provide the highest quality, lifesaving health care for our region.

What are you grateful for? Join us in spreading the spirit of thankfulness using #URGrateful and let's weave a tapestry of gratitude across social media. Together, we'll celebrate the power of heartfelt appreciation and recognize the people that hold a special place in our hearts.

[Join in and share the gratitude around »](#)

Social media highlight



A big thank you to Penn Jillette for playing and raising money for #URochesterResearch on Celebrity Wheel of Fortune. In memory of Gilbert Gottfried, Penn Jillette supported our efforts for **Myotonic Dystrophy Type 2 research**.



Good News is produced by URMC Advancement Communications. Direct feedback and questions to urmcadvcommservices@ur.rochester.edu.

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