Dec. 6<sup>th</sup> 2016

## Understanding the CMS Emergency Preparedness Rule









#### Welcome

#### **Jennifer Pitcher**

**Executive Director, MESH Coalition** 



#### **Speakers**





## **Emily Lord**

Executive Director
Healthcare Ready

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## **Craig Camidge**

Executive Director
Near Southwest Preparedness Alliance

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#### Agenda

- About Healthcare Ready
- About NSPA
- Overview of the rule
- Timeline
- Audit and enforcement
- CMS cost estimations
- Resources





## HEALTHCARE

STRENGTHEN. SAFEGUARD. RESPOND.

- Pharmacy Operating Status
- Transportation/Fuel/Power

  - Emergency Orders
- Patient Assistance Programs

**TORNADO** 



HURRICANE

## DISASTER RESPONSES

**OUR PROGRAMS ARE BASED** ON EXPERIENCE RESPONDING TO

AND INFORMATION SHARING HAS INVOLVED EVERY STATE.

**EARTHQUAKE** 



**TSUNAMI** 



**VOLCANO** 



**DERECHO** 



INFECTIOUS DISEASE



**WILDFIRE** 







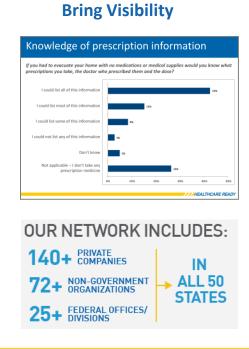


#### **Policy work**

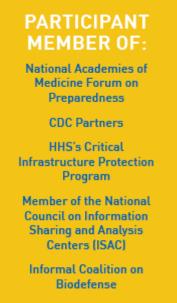
## We work to protect communities and strengthen healthcare by advocating for policies that:

- Promote public and private sector collaboration
- Are aimed at protecting communities, patients, and building resilience
- Empower public health and healthcare providers

#### **Drive Policy Conversations** Hurricane Katrina: Lessons Learned Have **Become Lessons Lost** The Zika Test Let's prove we learned our lesson on disease outbreak preparedness after Ebola. Strengthening healthcare and colette Louissaint Feb. 9, 2016, at 9:00 a.m. pharmaceutical supply chains is critical for healthcare resiliency May 6, 2016 **Commentary: Complexity of healthcare** requires a new approach to disaster Emily Lord, Healthcare Ready preparedness By Emily Lord | June 14, 2016 Every year, the start of summer begins with a familiar refrain predicting the severity of the upcoming hurricane season. This year, forecasters say it could be the most active season since 2012—the year Superstorm Sandy pounded parts of ¥ f in 8 🗏 🙃 🍱 📭



#### Participate in National Conversations



#### Issue area: CMS Emergency Preparedness Rule

The emergency preparedness rule is a major development in healthcare preparedness.

#### **Visibility and Awareness**

- Promoting Awareness
- Driving conversations

#### **Training and Education**

- Webinars
- Resources
  - HCR Knowledge Center



The Next Big Moment in Healthcare Preparedness? What the Proposed CMS Rule Could Achieve

Emily Lord

March 29, 2016

#### The New York Times

Health Care Providers Scramble to Meet New Disaster Readiness Rule

"It's going to have a big impact on these facilities," said Emily Lord, the executive director of Healthcare Ready, a nonprofit focused on preparedness that provided feedback to the government on the implications of the rule.

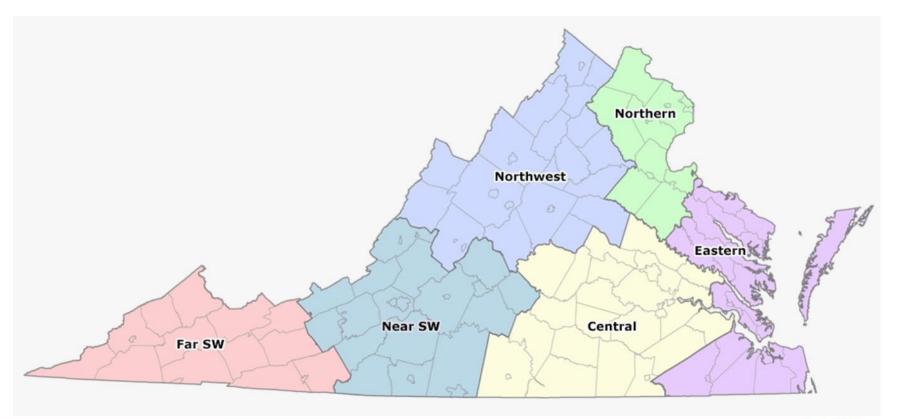
According to the government, the cost of putting the rule into effect will be just over \$279 million. Others believe it will be more. "They didn't account for any time to get up to speed," Ms. Lord said.

**December 14<sup>th</sup> – National Healthcare Coalition Conference** 



#### **Near Southwest Preparedness Alliance (NSPA)**





#### Near Southwest Preparedness Alliance (NSPA)

- 17 hospitals including state mental health, critical access, acute care
- 55 long-term care (LTC) facilities
- 5 public health districts
- 16 counties
- 7 cities
- 7600 square miles
- 960,000 population
- COOP
- Medical Surge



## **Overview: CMS Emergency Preparedness Rule**

#### Origins of the rule

#### Longtime coming...

- Call to action following 9/11, Hurricanes
   Katrina and Sandy, Ebola, Zika
  - Breakdowns in patient care
  - Inconsistent standards
  - Inconsistent levels of preparedness

 Debate on incentivizing vs. mandating preparedness



**BLOG** 

guidelines to mitigate disasters.

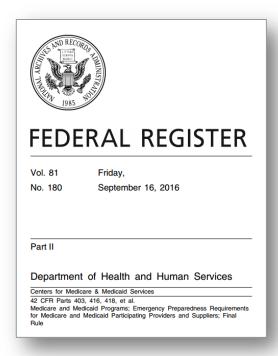
The Next Big Moment in Healthcare Preparedness? What the Proposed CMS Rule Could Achieve

The Centers for Medicare and Medicaid Services proposed new preparedness

#### What it is

**Purpose:** To establish national emergency preparedness requirements, consistent across provider and supplier types.

- Outlines emergency preparedness Conditions of Participation (CoPs) & Conditions for Coverage (CfCs)
  - CoPs and CfCs are health and safety standards all participating providers must meet to receive certificate of compliance
- Applies to 17 provider and supplier types
  - Different emergency preparedness regulations for each provider type



**Bottom line:** Providers and Suppliers that wish to participate in Medicare and Medicaid – i.e. the nation's largest insurer – must demonstrate they meet new emergency preparedness requirements in rule.



## Who does it apply to?

Inpatient	Outpatient
Hospitals	Ambulatory Surgical Centers
Critical Access Hospitals	Clinics, Rehabilitation Agencies, and Public Health
<ul> <li>Religious Nonmedical Health Care Institutions (RNHCIs)</li> </ul>	Agencies as Providers of Outpatient Physical Therapy and Speech-Language Pathology Services
Psychiatric Residential Treatment	<ul> <li>Community Mental Health Centers (CMHCs)</li> </ul>
Facilities (PRTFs)	Comprehensive Outpatient Rehabilitation Facilities
<ul> <li>Long-Term Care (LTC) / Skilled Nursing Facilities</li> </ul>	(CORFs)
	<ul> <li>End-Stage Renal Disease (ESRD) Facilities</li> </ul>
<ul> <li>Intermediate Care Facilities for Individuals with Intellectual Disabilities (ICF/IID)</li> </ul>	<ul> <li>Rural Health Clinics (RHCs) and Federally Qualified Health Centers (FQHCs)</li> </ul>
	<ul> <li>Home Health Agencies (HHAs)</li> </ul>
	Hospice
	<ul> <li>Organ Procurement Organizations (OPOs)</li> </ul>
	<ul> <li>Programs of All-Inclusive Care for the Elderly (PACE)</li> </ul>
	Transplant Centers



#### Four core elements









#### **Emergency Plan**

- Based on a risk assessment
- Using an allhazards approach
- Update plan annually

#### Policies & Procedures

- Based on risk assessment and emergency plan
- Must address: subsistence of staff and patients, evacuation, sheltering in place, tracking patients and staff

#### Communications Plan

- Complies with Federal and State laws
- Coordinate patient care within facility, across providers, and with state and local public health and emergency management

#### Training & Exercise Program

- Develop training program, including initial training on policies & procedures
- Conduct drills and exercises



#### Risk Assessment and Emergency Plan

- Perform a risk assessment using an "all-hazards" approach
- Develop an emergency plan based on the risk assessment
- Update emergency plan at least annually



#### **Policies and Procedures**

- Develop and implement policies and procedures based on the emergency plan, risk assessment, and communication plan
- Policies and procedures must address a range of issues including:
  - Subsistence needs,
  - Evacuation and shelter in place plans,
  - Tracking patients and staff during an emergency,
  - Medical documentation, and;
  - Processes to develop arrangements with other providers/suppliers.
- Review and update policies and procedures at least annually



#### **Communication Plan**

- Develop a communication plan that complies with both Federal and State laws
- Coordinate patient care within the facility, across healthcare providers, and with state and local public health departments and emergency management systems. To include:
  - Contact information for staff, entities providing services under other arrangements, patients' physicians, other hospitals, and volunteers
  - Maintaining contact info for regional or local emergency preparedness agencies
  - A means, in the event of evacuation, to release patient information
- Review and update plan annually

#### Training and Testing Program

- Develop and maintain training and testing programs.
   To include:
  - Initial training on emergency preparedness policies and procedures.
  - Training to all new and existing staff, including volunteers and maintain documentation of training.
- Demonstrate staff knowledge of emergency procedures and provide training at least annually
- Conduct drills and exercises to test the emergency plan
  - Hospitals and most other provides must conduct one full-scale exercise annually and an additional exercise of the facility's choice.





#### Other key elements

#### **Emergency and Standby Power**

- Higher level of requirements for hospitals, critical access hospitals, and long-term care facilities.
- Locate generators in accordance with National Fire Protection Association (NFPA) guidelines.
- Conduct generator testing, inspection, and maintenance as required by NFPA.
- Maintain sufficient fuel to sustain power during an emergency.

#### **Evacuation**

 Home health agencies and hospices must inform officials of patients in need of evacuation.

#### **Emergency Plans**

 Long-term care and psychiatric residential treatment facilities must share information on emergency plan with patient family members or representatives.



#### Implementation timeline

#### 2016

- September 15 Rule published
- November 15 Rule goes into effect

#### 2017

- Late winter/ spring Interpretive Guidance released
- November 15 Rule must be implemented



#### Interpretive guidelines

- Survey and Certification Group (SCG) is currently developing Interpretive Guidelines (IGs)
  - State surveyors will use the IGs and survey procedures in the State Operations Manual to assist in implementing the rule
  - Anticipated release of IGs is Spring 2017
- IGs will be formatted into one appendix in the State Operations Manual

# State Operations Manual Appendix M - Guidance to Surveyors: Hospice (Rev. 149, 10-09-15) Transmittals for Appendix M Part I - Investigative Procedures 1 - Introduction C - Post Survey Revisit Part II - Interpretive Guidelines Subpart C - Conditions of Participation: Patient Care §418.3 Definitions §418.52 (Condition of Participation: Patient's Rights §418.52 (Condition of Participation: Patient's Rights §418.52 (Condition of Participation: Patient's Rights and Responsibilities

§418.52(c) Standard: Rights of the Patient



#### **Auditing and enforcement**

#### How will rule be audited?

Compliance monitoring

State Survey Agencies (SSAs)

Accreditation Organizations (AOs)

CMS Regional Offices (ROs)

Use IGs and State
Operations Manual

- Checklists for surveyors and State Agencies, as well as for impacted providers and suppliers are in development.
- SCG developing web-based training for surveyors and providers and suppliers.

#### Consequence for not complying?

 Same process for other CoPs and CfCs → termination of agreement with Medicare & Medicaid.



#### **Costs of implementation**

#### **CMS** predictions:

- \$373 million in first year
- \$25 million/year after
- 72,315 providers & suppliers impacted

safety effects, distributive impacts, and equity). A regulatory impact analysis (RIA) must be prepared for major rules with economically significant effects (\$100 million or more annually). The total projected cost of this rule will be \$373 million in the first year, and the subsequent projected annual cost will be approximately \$25 million. We solicited and received comments on the proposed RIA. As such, we have presented our best estimate of the impact, including both costs and benefits, of this rule.

#### How did CMS arrive at these numbers?

 Took salaries of impacted employees x hours involved in compliance x number of facilities

+ \$19,964,108 ICR burden).

Example: Hospice

regular staff training. However, for the purpose of this analysis we assume that the administrator will spend approximately 4 hours annually to participate in a full-scale exercise and one additional testing exercise of the facility's choice outside of their regular and ongoing training. We also assume that the registered nurse will spend 4 hours to participate in the testing exercises. Thus, we estimate that each hospice will spend \$560. The total estimate for all hospices to comply with this requirement after the initial year will total \$2,464,560 (\$560 x 4,401 hospices). We estimate the total economic impact and cost estimates for all 4,401 hospices to comply with the requirements in this final rule for the initial year will be \$22,428,668(\$2,464,560 impact cost).

#### **Costs of implementation**

If government is not providing funding for compliance, how are facilities expected to meet rule requirements?



#### Role of healthcare coalitions

#### One place to start – Healthcare Coalitions!

Rule offers HCCs great opportunity to support members and engage new providers.

Source of preparedness expertise

Regional risk assessments and hazard vulnerabilities

Provide template or example plans and policies

Help close planning gaps

Plan integration with healthcare facilities and local authorities

Training and exercises



## Resources

#### Resources

#### **CMS** Website

- · Outline of requirements by provider type
- Links to aggregated EP resources
- Routinely updated Frequently Asked Questions document

https://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/SurveyCertEmergPrep/Emergency-Prep-Rule.html

## HHS/ASPR Technical Resources, Assistance Center, and Information Exchange (TRACIE)

- Web-based resource for healthcare stakeholders
- Topic Collections
  - General Emergency Management & Provider- and Supplier-Specific
- Routinely updated CMS Resources at Your Fingertips
- Submit technical assistance requests https://asprtracie.hhs.gov/cmsrule









#### Resources cont.

#### **CMS Webinar**

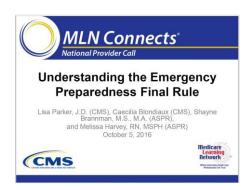
- Webinar hosted by CMS on the rule in October
- Slides, transcript, and audio recording posted online

#### Federal & Accrediting Organizations Resources

- Joint Commission
  - Emergency Management Portal
- FEMA Emergency Management Institute
  - · Independent Study online courses

#### **Healthcare Ready CMS Knowledge Center**

- All resources above in one place
- Running list of relevant articles
- Perspectives from healthcare coalitions









## Thank you!

## Questions?































www.rxopen.org

@HC\_Ready



## **Specific considerations - inpatient**

Annual full-scale exercise <b>and</b> additional exercise of facility's choice
Annual full-scale exercise <b>and</b> additional exercise of facility's choice
Share emergency plan information with resident, family of resident, and other appropriate representatives
Tracking applies both during and after to on- duty staff and sheltered residents
Tracking applies both during and after to onduty staff and sheltered residents and must share emergency plan with patient's families
No requirement to conduct drills
Maintain agreements with organ procurement orgs

## **Specific considerations - outpatient**

Hospice	Must inform officials of patients in need of evacuation
Ambulatory Surgical Center	Community-based drill not required
Programs of All-Inclusive Care for the Elderly (PACE)	Tracking applies both during and after to on-duty staff and sheltered residents
Home Health Agency	Must have policies in place for following up with patients to determine services still needed
Comprehensive Outpatient Rehabilitation Facilities (CORFs)	Must develop emergency plan with assistance from fire and safety experts
Community Mental Health Centers (CMHC)	Tracking applies both during and <b>after</b> to on-duty staff and sheltered residents
Organ Procurement Organizations	Need to have system to track staff during <b>and</b> after emergency <i>and</i> maintain medical documentation



## **Specific considerations - outpatient**

Clinics, Rehabilitation Agencies, and Public Health Agencies (as Providers of Outpatient Physical Therapy and Speech- Language Pathology Services)	Must develop emergency plan with assistance from fire and safety experts
Rural Health Clinics (RHCs) and Federally Qualified Health Centers (FQHCs)	Annual full-scale exercise <b>and</b> exercise of facility's choice
End-Stage Renal Disease (ESRD) Facilities	Tracking applies both during and <b>after</b> to onduty staff and sheltered residents

