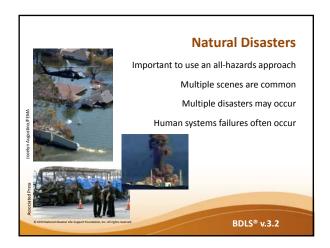


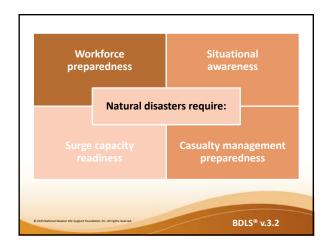
Learning Objectives

- Provide prevention and mitigation strategies for common natural disasters
- Identify the types of illnesses and injuries commonly seen in natural disasters
- Discuss actions to take to protect health, safety, and security of responders and affected populations in natural disasters
- Describe clinical management guidance for injuries and illnesses seen in common natural disasters

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Injury and Illness Timelines				
Time After Event	Injury and Disease Process	Examples		
Immediate (< 48 hours)	Acute trauma Acute medical	Multisystem injuries, burns, orthopedics, lacerations Environmental events, drowning, inhalation, electrocution, CAD/MI		
Ongoing (days)	Trauma Medical Chronic diseases	Wound management, orthopedic and burn care Environmental, dehydration, cold/heat, contamination Asthma, HTN, diabetes, CHF, COPD, dialysis, psychiatric		
Sustained (weeks)	Acute medical Chronic diseases Mental and behavioral	Communicable diseases Ongoing difficult access to care, supplies, medications Stress, anxiety, depression, substance abuse, pre-existing		
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Natural Disaster Typology Earthquakes and tsunamis Floods Heat emergencies Hurricanes, cyclones, and typhoons Tornadoes Volcanic eruptions Wildfires

Earthquakes and Tsunamis



Winter storms

- Common, with over 500,000 tectonic movements annually
- Few are powerful and potentially devastating

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 Tsunami: oceanic or sea floor earthquake displaces mass of water creating large waves

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Earthquakes and Tsunamis Prevention and Mitigation

- Limited ability to provide advance warning
- Building codes and guidelines important
- At-risk population preparedness vital



3

Earthquakes and Tsunamis Casualty Management Injuries and Illness **Clinical Care** Structural collapse, Wound management resulting in complex Hemorrhage control traumatic injuries Fracture management ■ Tsunami, submersion IV fluid therapy injuries Pain control measures Specialty trauma care BDLS[®] v.3.2

Floods Most common disaster worldwide Occurs in 90% of all US disasters Accounts for numerous weather-related US deaths Rest Pentinin/FEMA

Floods Prevention and Mitigation Identify vulnerable locations and populations Building and road construction methods Educate communities in flood-prone areas Jace Anderson/FEMA **BDLS® v.3.2**

Floods Casualty Management Injuries and Illness Clinical Care Submersion injuries Near-drowning Traumatic wounds Traumatic injuries Environmental exposure Heat/cold injuries illnesses and injuries IV fluid therapy Pain, vomiting, and diarrhea control Antibiotic selection BDLS® v.3.2

Heat Emergencies

- Leading weather-related cause of death in US
- Air temperature greatest factor affecting onset of heat-related illness



- Hydration status, degree of work-stress effort, and underlying health status important
- Children and the elderly are especially vulnerable

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Heat Emergencies Prevention and Mitigation Identify and inform at-risk populations: Hydration Shelter Exposure

Heat Emergencies Casualty Management Injuries and Illness **Clinical Care** Heat illness progresses Remove from hot from mild to lifeenvironment threatening Cooling measures As core temperature rises, Provide hydration onset of compensatory mechanisms failing Early sign and symptom recognition is key BDLS[®] v.3.2

Hurricanes Large, rotating core that produces heavy rainfall, strong winds, and storm surge coastal flooding Names all describe similar events, based on location: Hurricane: Atlantic, Eastern Pacific Oceans Typhoon: Western Pacific Ocean Cyclone: Indian Ocean

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Hurricanes Prevention and Mitigation National Weather Service (NWS) predictions, tracking, and warning systems important At-risk populations heed warnings Evacuation methods/route access Ensure timely access to potable water, safe sheltering, food, sanitation, and health care Dacinta Quesada/FEMA Bacinta Quesada/FEMA Bacinta Quesada/FEMA Bacinta Quesada/FEMA

Hurricanes **Casualty Management Injuries and Illness Clinical Care** Wind and water surge Submersion injuries leading to traumatic and Traumatic wounds submersion injuries Fracture management Environmental exposure Heat/cold injuries resulting in injury and IV fluid therapy illness Pain control measures BDLS[®] v.3.2

Hurricanes

Casualty Management

(may occur in other incidents that effect infrastructure) $\mbox{\footnote{A}}$ Other considerations

- Children
 - Risk of separation from families / guardians
 - Family member tracking and reunification programs
 - Risk of accidental poisoning
 - Hydrocarbon and bleach poisonings
- Elderly and institutionalized
 - Evacuation of facility or home may be delayed
 - Exacerbation of chronic illnesses is likely

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Tornadoes

- Rapidly rotating funnel-shaped column of air
- Extends from thunderstorm to the ground
- Wind speed correlates best to destructive power



Tornadoes Prevention and Mitigation

- National Weather Service (NWS) tracking/warning systems important
- At-risk populations must seek immediate safe shelter

Survival = Warning + Shelter

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Tornadoes

Prevention and Mitigation

- Permanent structure
- Lowest level or basement
- Interior walls
- Avoid windows
- Avoid vehicles and motor homes



Mark Wolfe/FEN

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Tornadoes

Casualty Management

Injuries and Illness		
Tremendous wind and		
flying debris causes		
traumatic injuries		

 Complex injuries from burns, electrocution, and blast injuries

Clinical Care

- Traumatic wounds
- Fracture management
- IV fluid therapy
- Pain control measures
- Specialty trauma care

Volcanoes

- · Catastrophic explosion with searing heat, large volumes of incinerating hot gases, molten rock (lava), and toxic chemicals released
- Release of tremendous ash quantities causing darkness for days



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Current Alerts for U.S. Volcanoes

Volcanoes

Prevention and Mitigation

- Warning systems by US Geological Survey (USGS)
- At-risk population is growing
- Early evacuation, shelter access, water, food, and sanitation
- Long-term agricultural and environmental contamination

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Volcanoes

Casualty Management

Injuries and Illness

- Direct cause of death is pyroclastic flow and mudslides
- Traumatic injuries
- Respiratory symptoms from smoke/ash inhalation
- Eye injury from ash

Clinical Care

- Traumatic wounds
- Fracture management
- Respiratory support
- IV fluid therapy
- Pain control measures
- Specialty trauma care
- Eye irrigation

Wildfires Human causes are most • Common cause of home and property destruction High workforce mortality and morbidity

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common

Wildfires **Prevention and Mitigation** • Proper handling and storage of flammable materials and fuel • Early identification • Forest service wild land firefighting teams BDLS® v.3.2

	lfires anagement
Injuries and Illness	Clinical Care
 Burn injuries Smoke inhalation Work-stress heat-related illness Extremity trauma Animal and insect bites 	Remove from hot environment Burn care Respiratory support Cooling measures Provide hydration
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Winter Storms Dangerous and damaging accumulations of snow, • Life-threatening belowfreezing temperatures

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ice, or sleet

Winter Storms **Prevention and Mitigation** Prediction is imprecise Preventable hazards - CO poisoning - House fires • At-risk population preparedness key BDLS® v.3.2

Winter Storms Casualty Management				
Injuries and Illness	Clinical Care			
 Frostbite 	Remove from cold			
 Hypothermia 	 Replace wet clothing 			
 Cardiac events 	 Appropriate re-warming 			
 CO poisoning 	 Provide warm liquids 			
 Burn injuries 	 Other injuries/illnesses 			
Burn injuries	Other injuries/illnesses			
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Lesson Summary

- Natural disasters require an all-hazards approach
- Providing timely health and medical services requires preparedness
- Reviewing natural disaster typologies aids in prevention, mitigation, and casualty management

