

SCRIPT for staff nurse if breastfeeding mom requests baby to be fed Formula (or water):

ACKNOWLEDGE MOM'S REASONS:

To me it seems that you are:

- frustrated, and need a break from attempting to latch
- tired, and need to sleep
- concerned that baby needs food and your milk isn't in

IT IS MOM'S CHOICE:

- it is your choice and we will follow your decision
- I do not want to change your mind or to make you feel guilty

WHAT DO YOU ALREADY KNOW?

I just want to be sure that you do know certain facts about breastfeeding.

- ARE YOU AWARE OF any risks associated with giving your baby formula???????
- DID you know that the AMERICAN ACADEMY of PEDIATRICS says that routine supplements of formula for breastfed infants should NOT be used?????????

FACTS ABOUT EXCLUSIVE BREASTFEEDING

FACT: formula is made from cow's milk

FACT: research shows that even small amounts of cow's milk may:

- increase the likelihood of serious allergy to cow's milk
- increase the chance of bowel infection and diarrhea by changing the pH of the bowel
- decrease the protection breast milk offers against the risk developing of cancers, diabetes, and obesity