

**BREASTFEEDING ASSESSMENT, EDUCATION,
AND COMMUNICATION TOOL**



First 24 hours: is Mom using appropriate positioning?

- a) sitting up as much as possible
- b) baby facing Mom
- c) chin up Y / N
(baby with head in sniffing position)

Further teaching comments:

NUMBER ONE

Taught positions

- cradle
- football
- cross cradle
- side lying Y/N

Taught nipple holds

- "c" hold
- scissors hold Y/N

(OK to use what works as long as Mom knows and tries them all.)

Is Mom attempting to nurse every 2-3 hours with an occasional successful nursing?

Y / N

Further teaching comments:

NUMBER TWO

Taught how to wake a sleepy baby by unwrapping and stimulation Y / N

Using skin-to-skin Y / N

Taught feeding cues

- hand to mouth
- eye movements
- limb movements Y / N

Has baby latched and nursed at all by age 6-8 hours?

Y / N

Further teaching comments:

NUMBER THREE

If baby shows no interest in sucking and you think baby will take a while to nurse, you may need to facilitate Mom pumping.

Y / N

If no successful latching, even with assistance, may need to cup feed for energy. Y / N

****Nurse: Any Comments, please sign and date.**