

## **Punch Skin Biopsy Procedure**

The distal, ulnar aspect of the forearm, about 3 cm proximal to the wrist is cleaned thoroughly with 70% isopropyl alcohol.

Local anesthesia: 1% lidocaine with epinephrine (omit epinephrine if patients have had prior reactions to the epinephrine) is then infiltrated under the skin to raise a small bleb.

After the area is anesthetized, an Acu-Punch (Acuderm Inc.) 2-mm punch is used to gently pull the skin plug up and away from the underlying subcutaneous fatty tissue. A scalpel is used to cut any tissue ties.

The biopsy site is dressed with Bacitracin and gauze.