

Housing/Shelters

Emergency Shelter- Monroe County Department of Human Services

(585) 753-6000 during regular hours, (585) 442-1742 after hours

691 St Paul Street, Rochester, NY

Regular Hours: M-F 8:00am-4:00pm

After Hours: M-F 5:00pm-7:00am, 24 hours on Holidays

Eligibility: Must be located in Monroe County, Monroe County residence is not required

Crisis Housing Program- Open Door Mission, Inc.

(585) 455-3134 for intake, and main line

210 W Main Street, Rochester, NY

Hours: M-SU 6:00pm-10:00pm, call ahead after 10:00pm

Eligibility: Must be located in Monroe County, must be 18 or older and in need of shelter

Food

Food Pantry - Aquinas

Food Pantry- South Wedge Food Program

(585) 325-4950

68 Ashland Street, Rochester, NY

Hours: M, W, F, SA 9:00am-12:00pm

Eligibility: May be used once every 30 days. Proof of address, and ID is recommended.

Soup Kitchen- A Meal and More Inc.

(585) 454-3878

25 Broadway, Rochester, NY (At Christ Church)

Hours: W 12:00pm-1:00pm, SU 1:00pm-2:30pm

Eligibility: No requirements.

Clothes/Goods

Clothing Closet- Beyond the Sanctuary

(585) 520-6004

549 Clarissa Street, Rochester, NY

Hours: W 3:00pm-6:00pm, available as needed in emergency situation

Eligibility: No requirements.

Crisis Resources

Suicide Hotline- (800) 273-8255

Resources and mental health concerns - 211

Domestic Violence Hotline- (800) 799-7233

Walk in Mental Health clinics:

Behavioral Health Access and Crisis Center (585) 368-3950
65 Genesee Street WALK IN HOURS:
(Entrance on 11 Chili Ave) Sunday – Saturday 9:00am – 9:00pm
Rochester, NY 14611

Catholic Family Center (585) 546-7220, x5603
87 North Clinton Avenue WALK IN HOURS:
Rochester, NY 14604 Mon - Fri..... 8:30am -12:00pm

Genesee Mental Health Center (585) 922-7770
224 Alexander Street WALK IN HOURS:
Rochester, NY 14607 Adults: Tues and Thurs 8:00am – 10:00am
Children: Mon, Wed, Fri..... 8:00am – 10:30pm

Rochester Mental Health Center (585) 922-2500
490 East Ridge Road WALK IN HOURS:
Rochester, NY 14621 MH: Wed and Fri..... 8:30am – 11:00am
CD: Mon – Fri..... 8:30am – 3:00pm

Veterans Outreach Center (Veterans only) (585) 546-1081
444 South Avenue WALK IN HOURS:
Rochester, NY 14620 Mon – Fri..... 8:30am-4:30pm

Open Access/Delphi Rise clinic (585) 467-2230 or call 211
835 West Main Street WALK IN HOURS/CALL:
Rochester, NY, 14611 24/7 for SUD Assessment and treatment referrals

Mental Health Resources

THERAPISTS (INSURANCE)

Behavioral Health Access and Crisis Center at St. Mary's Campus

89 Genesee Street (585) 368-3950

Walk in appointments -Monday through Friday 8 a.m. Until 10 p.m.

Liberty Resources (Adult & Child/Youth)

175 Winton Road N, Rochester, NY

(585) 410-3370

Walk in appointments -Mon 10:30am-12:00pm, Tues & Thurs 8:30am-10:00am

Rochester Regional Health Genesee Behavioral Health Center (Adult & Child/Youth)

224 Alexander Street, Rochester NY, 14607

(585) 922-7770

Walk in appointments (adult)-Tuesdays & Thursdays 8:30-11:30am

Walk-in appointments (child/adolescent)-Mon 9:30am-12:30pm, Wed & Fri 8:30am-10:30am

Rochester Rehabilitation (Adult only)

1000 Elmwood Avenue, Rochester NY, 14620

(585) 271-2520

Walk in appointments-Thursdays mornings 8:30-9:30am

Catholic Family Center-Clinton Ave (Adult & Child/Youth)

87 N. Clinton Avenue, Rochester NY, 14604

(585)-262-7000

Walk in appointments -Mon-Fri 8:30am-12:00pm

Gavia Life Care Center

Typically schedules in 1-2 weeks

no walk in option

1081 Long Pond Road Rochester NY

585-371-6464

Unity Mental Health-Evelyn Brandon

81 Lake Avenue

(585) 723-7740

Beth Cerrito, Phd

www.bethcerritophd.com/

1357 Monroe Avenue, Rochester, NY 14618

(585) 442-9601

James Clark, PhD

jamesrclarkphd.com
920 South Winton Road
(Twelve Corners in Brighton)
(585) 671-5401, Secretary Ms. Finney

Markus Psychological Services, P.C.

Www.howardmarkusphd.com
900 Westfall Road, Suite D
Rochester, NY 14618
telephone: (585) 750-8094
e-mail: hmarkusphd@gmail.com
info@howardmarkusphd.com

Aaron Black, PhD

Www.draaronblack.com
1577 South Ave.
Rochester, NY 14620
(585) 271-1850

Tom Andrews, PhD

Www.thomasandrewsphd.com
Linden Oaks Therapy Offices
100 Linden Oaks, Suite 200 Rochester, NY 14625
Telephone: 585-586-1600 Off of Highway 441, near I-490, Exit 23 Second building on left, on
Linden Oaks Dr. Wooden building.
Mindfulness-based stress reduction

M&D Schwab, LCSW-R, Psychotherapy, P.C.

95 Allens Creek Road
Executive Square
Building 2, Suite 16
Rochester, New York 14618
Ph. (585) 241-3090
Fax (585) 241-3094
david@davidschwab.net

Peter MacKenzie, PhD (available Thurs afternoons only)

85 S Union St Ste 206
Spencerport, NY 14559
(585) 349-2656 (Office)
(585) 352-5700 (Fax)

Janette Funk, PhD (OCD, phobias, couples, LGBT, hoarding)

1577 South Avenue

Rochester New York 14620

Monroe County

585-210-3623

THERAPISTS (NO INSURANCE)

St. Joseph's Neighborhood Center

417 South Ave

585-325-5260

\$10 copay for Medicaid insured patients

Spiritus Christi Mental Health Center

121 N Fitzhugh St.

585-325-1180

OTHER SERVICES

MENTAL HEALTH ASSOCIATION (MHArochester.org)

Drop-in center, can get on-the-spot counseling. 539 South Avenue.

"Warm line" open from 9a-5p, 454-3530 for someone to talk to urgently during the day.

Mobile Crisis Team services, please call us direct at (585) 529-3721 or Lifeline at (585) 275-5151.