The purpose of this document is to provide a guide for crafting and writing an NIH National Research Service Award Grant (NRSA). NIH NRSA F-series training grants are intended for predoctoral (F31 and F31 Diversity), post-doctoral (F32) and MD/PhD (F30) applicants.

This checklist and information is meant to guide the applicant. However, each applicant should carefully read the PHS SF424 Guide for complete and in-depth information!

https://grants.nih.gov/grants/how-to-apply-application-guide/forms-d/fellowship-forms-d.pdf

**DEADLINES AND TIMELINES** 

## Submit Review Funding Start April June/July December August October/ November March December February/March July

## **LOGISTICS AND TIME MANAGEMENT**

- Start at least 2 months out from the deadline
- Talk to your mentor about a plan
  - Career/Training
  - Science/Research
- Talk to your internal grants officer
  - NIH grants are typically due to ORPA 5 business days prior to the actual NIH deadline
- Register with eRA Commons (NIH website) to secure principle investigator status

## FORMATTING AND GUIDELINES

http://grants.nih.gov/grants/how-to-apply-application-guide/format-and-write/format-attachments.htm

Document Format	PDF
Font type	Arial or Helvetica is best
Font size	11 or larger (figure legends as small as 9)
Page size	8.5 x 11 inches
Margins	0.5 inches on all sides

	FORMAL DOCUMENT SUBMISSION CHECKLIST	
	Proposal Cover Page	
	Cover Letter (Page F-29)	
	☐ Application Title	
	☐ Title of FOA	
	☐ Statement addressing large scale human or non-human genomic data (if applical	ole)
	☐ List of Referees (Including name, departmental affiliation and institution)	
	Proposal Summary – Abstract (Page F-37)  No more than	30 lines
	Project Narrative (Page F-38)	
	Bibliography and References Cited (Page F-38)	
	Fellowship Application Section	
	Introduction – only applicable for re-submissions	
	Project Director/Key Personnel	
	☐ Must have an eRA Commons account as a PI	
	☐ Check with your program administrator for assistance in completing this form	
	Biographical Sketch (page F-49)	5 pages
	☐ Note: There are two different formats for pre-doc F31 and post-doc F32	
	https://grants.nih.gov/grants/forms/biosketch.htm	
	<ul><li>Personal Statement</li></ul>	
	Positions and Honors	
	☐ Contributions to Science	
	☐ Research Support	
	☐ Scholastic Performance	
	Background and Goals for Fellowship Training (Page F-51)	6 pages
	A. Doctoral Dissertation (F32) and Research Experience (F31)	
	B. Training Goals and Objectives	
	☐ C. Activities Planned Under this Award	
	Research Training Plan Section	4
	Specific Aims (Page F-61)	1 page
	Research Strategy (Page F-62)	6 pages
	1. Significance	
	2. Innovation – Only if it is specified in the FOA	
	3. Approach	
_	4. Preliminary Studies	1
	Respective Contributions (Page F-63)	1 page
	Selection of Sponsor and Institution (Page F-64)	1 page
	Responsible Conduct of Research (Page F-65)	1 page

	Sponsor and Co-Sponsor(s)/ Collaborator and Consultant Section		
	Sponsor and Co-Sponsor(s) Biosketch(es)		
	Sponsor and Co-Sponsor(s) Statement (Page F-66)	6 pages	
	☐ A. Research Support Available		
	☐ B. Sponsor's/Co-Sponsor's Previous Fellows/Trainees		
	☐ C. Training Plan, Environment, Research Facilities		
	<ul> <li>NOTE: F31, F32, F33 Applications: The Research Training Plan should facilitate the app</li> </ul>		
	transition to the next stage of his/her career. Sponsors and co-sponsors should discuss	this	
	aspect of the Research Training Plan as well.		
	D. Number of Fellows/Trainees to be Supervised During the Fellowship		
	E. Applicant's Qualification and Potential for a Research Career	6 pages	
U	Letters of Support from Collaborators, Contributors and Consultants (Page F-68)	6 pages	
	Institutional Environment and Commitment to Training Section (Bage E 69)		
	Institutional Environment and Commitment to Training Section (Page F-68)  Required for F30 and F31		
	Facilities and Other Resources (Page F39 and F-68)	2 pages	
	Equipment (Page F39 and F-68)	z pages	
	Foreign Sponsorship (If applicable) (Page F39 and F-68)		
	Collaborators and Dissertation Advisor (If applicable)		
_	Collaborators and Dissertation Advisor (if applicable)		
	Other Research Training Plan Section (Page F-69)		
	Other Research Training Plan Section (Page F-69) Human Subjects Section		
	Human Subjects Section		
	,		
	Human Subjects Section Human Subject Involvement Indefinite Clinical Trial		
	Human Subjects Section Human Subject Involvement Indefinite Clinical Trial Protection of Human Rights		
	Human Subjects Section Human Subject Involvement Indefinite Clinical Trial		
	Human Subjects Section Human Subject Involvement Indefinite Clinical Trial Protection of Human Rights Data Safety Monitoring Plan		
	Human Subjects Section Human Subject Involvement Indefinite Clinical Trial Protection of Human Rights Data Safety Monitoring Plan Inclusion of Women and Minorities		
	Human Subjects Section Human Subject Involvement Indefinite Clinical Trial Protection of Human Rights Data Safety Monitoring Plan Inclusion of Women and Minorities Inclusion of Children		
	Human Subjects Section Human Subject Involvement Indefinite Clinical Trial Protection of Human Rights Data Safety Monitoring Plan Inclusion of Women and Minorities Inclusion of Children Vertebrate Animals		
	Human Subjects Section Human Subject Involvement Indefinite Clinical Trial Protection of Human Rights Data Safety Monitoring Plan Inclusion of Women and Minorities Inclusion of Children Vertebrate Animals  Description of Procedures		
	Human Subjects Section Human Subject Involvement Indefinite Clinical Trial Protection of Human Rights Data Safety Monitoring Plan Inclusion of Women and Minorities Inclusion of Children Vertebrate Animals  Description of Procedures Justifications Minimization of Pain and Distress		
	Human Subjects Section Human Subject Involvement Indefinite Clinical Trial Protection of Human Rights Data Safety Monitoring Plan Inclusion of Women and Minorities Inclusion of Children Vertebrate Animals  Description of Procedures Justifications Minimization of Pain and Distress		
	Human Subjects Section Human Subject Involvement Indefinite Clinical Trial Protection of Human Rights Data Safety Monitoring Plan Inclusion of Women and Minorities Inclusion of Children Vertebrate Animals  Description of Procedures Justifications Minimization of Pain and Distress Vertebrate Animals Use Indefinite Are Vertebrate Animals Euthanized		
	Human Subjects Section Human Subject Involvement Indefinite Clinical Trial Protection of Human Rights Data Safety Monitoring Plan Inclusion of Women and Minorities Inclusion of Children Vertebrate Animals  Description of Procedures Justifications Minimization of Pain and Distress Vertebrate Animals Use Indefinite Are Vertebrate Animals Euthanized		

Additional Information Section (page F-75)	
Human Embryonic Stem Cells	
Note from page F-75 down there are a number of other categories that your administrator should be able to assist you with	
Budget (Page F-79)	
Tuition and Fees	
Appendix (Page F-80)	