

# DEPARTMENT OF FAMILY MEDICINE

University of Rochester School of Medicine & Dentistry

Highland Hospital

Newsletter of One of the Premier Family Medicine Departments in the United States

Fall 2020

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## Highland Family Medicine Redesigns Practice to Address COVID-19 Pandemic

Highland Family Medicine is a medical practice where walk-ins are welcome. So when the area saw its first signs of COVID-19 they knew they had to take action to ensure patient and staff safety.

At 777 South Clinton they quickly closed off the front entrance and set up nurses and medical assistants as screeners at the back door. If a patient had COVID symptoms they were escorted to what they called the Respiratory Care Clinic in the closest suite to the entrance, Suite 200.

Initial screening questions were about travel, respiratory symptoms, cough, and fever. That progressed to adding other symptoms as they were determined to be signs of COVID, temperature taking, and mask and hand sanitizer distribution, according to **Mathew Devine, DO**, Medical Director, Highland Family Medicine.



*Class of 2022 Residents—Alisa Liu, Sandy Jiang, Allison McKeown, Emily White, Eric Sager, Stephanie Mazzawi, Megan Carey, and Kailyn Rigby.*

Staff had to redesign their practice model while triaging and treating COVID patients. The question “how can we still meet and/or see patients who had acute and chronic needs while keeping everyone safe?” was at the heart of their planning according to **Heidi Tompkins**, Nurse Manager, Highland Family Medicine.

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## HFM Supports Black Lives Matter



Highland Family Medicine staff and residents support Black Lives Matter initiative as expressed during White Coats for Black Lives.



Since our last newsletter, the novel coronavirus hit our Finger Lakes region. In March 2020, Medical Director **Mathew Devine, DO**, together with **Brenda Houtenbrink**, our new Senior Program Administrator, and our outstanding management team, developed a respiratory suite designed to provide patients with acute respiratory symptoms rapid access to care with a clinical team well versed in the use of PPE. Our positivity rate for COVID testing for the month of March was 13% of tests obtained. Our positivity rate steadily declined to a nadir of zero in June and September. Monroe County, under the able leadership of County Health Commissioner **Michael Mendoza, MD, MPH**, “crushed the curve.” October’s data for Highland Family Medicine shows a positivity rate of 2.6%, which is mirroring our local trends for overall positivity.

I am beyond proud of the way our teams handled the initial phases of the pandemic—Family Physicians and Family Medicine Residents were prepared to reassign to inpatient settings, and Family Nurse Practitioners were prepared to pick up more of the outpatient practice as well as managed many walk-in patients. All clinicians and staff made a rapid switch to telephone and video visits to enable our patients ongoing access to care. While our behavioral health team tended to the mental health of our patients, they also provided “Zoom check-ins” groups for faculty and staff, and increased the number of Balint groups for the residents to provide support during such an unprecedented time of stress and uncertainty. **Drs. Sachiko Kaizuka, Susan McDaniel, and Tziporah Rosenberg** developed the “Breath of Fresh Air,” a thrice weekly e-mailed missive containing inspiring photography, poetry, music, and other media to help us all find moments of beauty.

By early summer, our clinical volume had returned to over 100% our pre-COVID volume, with under 10% virtual visits. In the midst of the pandemic, I am pleased that we were able to welcome aboard our new Family Medicine Interns, who hail from across the nation, 2 new FNP residents, and several new faculty—1 Family Nurse Practitioner and 6 Family Physicians, who replaced vacancies from the last several years. Our Nurse Practitioner Residency, under the leadership of **Kristin Smith, DNP**, and **Aaron William, FNP**, is expanding to the Tri-County Family Medicine practice in Dansville and Canaseraga, New York. We are all looking for a “new normal” as we anticipate another COVID surge with the onset of cooler weather. As ever, I remain honored to work with such an incredible team of colleagues.

*Colleen Fogarty MD MSc*

**Colleen Fogarty, MD, MSc, FAAFP**

William Rocktaschel Professor and Chair of Family Medicine

## Colleen T. Fogarty, MD, MSc, FAAFP Accepted as a Fellow in Prestigious Leadership Program

**Colleen T. Fogarty, MD, MSc, FAAFP**, William Rocktaschel Professor and Chair of the University of Rochester Medical Center’s Department of Family Medicine, has been accepted as a Fellow in the 2020-2021 Hedwig van Ameringen Executive Leadership in Academic Medicine® (ELAM) Program for Women. Established in 1995, the ELAM program, which is hosted by Drexel University College of Medicine, offers an intensive one-year fellowship of leadership training with extensive coaching, networking and mentoring opportunities aimed at expanding the national pool of qualified women candidates for leadership in academic medicine, dentistry, public health, and pharmacy.

Acceptance into ELAM is determined through an annual competitive selection process, in which approximately 60 candidates are chosen each year. “I am truly honored to be part of this distinguished program,” said Dr. Fogarty.

Each Fellow works on an Institutional Action Project addressing a need or priority of their institution. This project will be developed jointly with a senior staff person to ensure that it will be meaningful and productive for the institution and fellow.

Dr. Fogarty’s Institutional Action Plan is to develop training and on-boarding curricula regarding equity and race for new University of Rochester School of Medicine and Dentistry faculty. She will work in collaboration with Dr. Adrienne Morgan, associate vice president for the URSMO Office of Equity and Inclusion, and

Continued on page 8.

## Residents Volunteer in Community COVID Efforts

For four Saturdays in September and October, Brown Square/Anthony Jordan in partnership with the Black Physicians’ Network offered free COVID evaluation, testing, and education to the Northwest quadrant of Rochester, a section of the city which has been lacking in testing availability throughout the pandemic.

Brown Square family medicine residents offered up their time for the clinical evaluations. Each of these sessions also offered information about census participation and voter registration outside the building, and were well attended by members of the community.



R3 **Michael Ialeggio, MD**; '17 graduate **Branko Matich, MD**; BSQ residency site director **Sarah Hudson, MD**; URMC 3<sup>rd</sup> year medical student **Ramya Sampath**; R3 **Patrick Kelley, MD** gather at Brown Square before testing/evaluation session.

## Department of Family Medicine Physician Serves as Monroe County Commissioner of Public Health

When **Michael Mendoza MD, MPH**, former medical director of Highland Family Medicine, took the post as Commissioner of Public Health for Monroe County in 2016 no one dreamed of a pandemic in the future. But when COVID-19 presented in the Rochester, New York area he was ready to lead the county with information, education, and compassionate leadership. Under his watch cases and death rates in the area were kept low and he helped guide hospitals and physicians on best practices for patient care during the pandemic and ways to gradually re-open facilities with precautions this summer.

Dr. Mendoza, who honed his passion for public health in graduate school, still practices medicine at Highland. He feels that the skill set of a family medicine doctor helped him with his approach to the pandemic. "Being a family medicine doctor means approaching care for the patient from a broad perspective and dealing with a lot of uncertainty," he said. "And uncertainty is the hallmark of this pandemic."

He continued to wear two hats as commissioner and physician with only a short break from practicing medicine during the pandemic. "Being a doctor is important to me," he said. "Seeing patients has put everything in perspective for me."

Along with the pandemic his work as commissioner is focusing



*Photo courtesy of Monroe County Communications.*

on issues of systemic racism, mental health, the opioid crisis and access to health care. He is cautiously optimistic that Monroe County is prepared for a possible rise in COVID-19 in the fall but stresses that incidents can be kept low with the use of masks and social distancing. Flu shot compliance is important.

## HRSA Awards \$1.2 Million to Train Nurse Practitioners



*Laura Aierstuck, NP resident '20 precepted NP student, Ryenn Sanger.*

A \$1.2 million grant from the Health Resources and Services Administration (HRSA), an agency of the U.S. Department of Health and Human Services, will help expand the Nurse Practitioner (NP) Residency program that is integrated into the University of Rochester/Highland Hospital Family Medicine Residency Program. Funding of \$400,000 each year for three years will be used to expand the NP residency program from two residents per year to four residents per year, with a rural medicine component.

The Highland Family Medicine (HFM) Nurse Practitioner Residency program was developed in collaboration with the University of Rochester School of Nursing. It is the first program of its kind in New York state. "We are very excited about this opportunity to expand our program and help provide more health care in rural communities," said **Kristin E. Smith, DNP, FNP-C, AAHIVS**, who serves as director.

Created in 2016, the program is accredited by the National Nurse Practitioner Residency and Fellowship Consortium (NNPRFTC). The HFM clinic has the third oldest physician residency program in the country, internationally recognized for leadership and innovation in the integration of behavioral health into primary care practice. These qualities were brought into the NP residency program at its inception in 2016, where residents from all disciplines train together to create an inter-professional collaborative learning environment.

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) and does not necessarily represent the official views of, nor an endorsement, by HRSA/HHS, or the U.S. Government.

**"The HFM clinic has the third oldest physician residency program in the country, internationally recognized for leadership and innovation in the integration of behavioral health into primary care practice."**

## Alumni Spotlight

### LeWanza M. Harris, MD, MPH '07

"Family medicine must continue to shape the landscape in healthcare," said **LeWanza M. Harris, MD, MPH '07**. "We are uniquely trained and positioned to handle the many perspectives that impact the health and health outcomes of our patients and the communities we serve."



Dr. Harris serves as Associate Chief Quality Officer and Liaison to the Weill Cornell Physician Organization and Columbia Doctors Faculty Practice Organization at NewYork-Presbyterian. In these roles, she is responsible for leadership, alignment, strategic direction, and implementation of quality and patient safety initiatives. She also serves as the MCIC Vermont Associate Chief Quality Officer for NewYork-Presbyterian.

Dr. Harris received her Doctor of Medicine and Master of Public Health from the University of Rochester School of Medicine & Dentistry. She completed her residency in Family Medicine at University of Rochester/Highland Family Medicine and then completed the Greater New York Hospital Association/United Hospital Fund Clinical Quality Fellowship. Dr. Harris was also a Ruth L. Kirchstein AHRQ Health Services Research & Policy Fellow. In 2019, she was inducted as a Fellow in the New York Academy of Medicine.

She is active in her community serving on the Board of Directors on the American Heart Association, New York City. As a board member, Dr. Harris served as the campaign leader for Children's Heart Health Campaign. She is committed to improving the lives of communities and is an advocate and activist to increase awareness for improving healthy food access in NYC.

Dr. Harris stresses that family medicine physicians are vital to health care in our country. "Training in biopsychosocial medicine and health disparities enable family medicine physicians to be at the forefront in policy, advocacy, translation, and integration for our communities," said Dr. Harris. "How we continue to position ourselves within health and health systems will help family medicine become the best primary care voice for the driving outcomes."

## HFM Redesigns Practice, continued from page 1

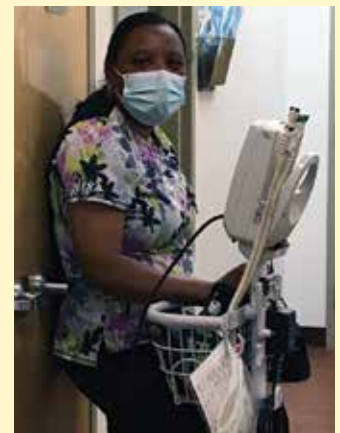
Telemedicine by video or phone was quickly implemented to help give patients access to clinicians. Well child and prenatal clinics were located in a separate part of the building at 757 South Clinton. "All of the processes that we put in place didn't happen overnight, but we did everything as fast as we could and in step with how information was changing daily," said Tompkins.



*Dr. Michael Mendoza and Medical Assistant Brandin Ousley*

Dr. Devine and **Dr. Rachel Bian** put together a tutorial to educate staff on new procedures and work flow. Staff input was involved and was critical to getting these sessions to run smoothly. "This was truly a team effort," said Dr. Devine. "The entire practice helped create our plans in comprehensive, efficient ways. Camaraderie and dedication were our secrets to successful implementation."

As more awareness of COVID-19 increased, patient walk-ins dropped. After redesigning the facility, in-person visits started to increase week after week, "At this point we are over 90% back to in-person vs telemedicine visits," said Dr. Devine.



*Medical Assistant Calisse Gayton*

Highland Family Medicine has created day long walk-in/acute care sessions that allows them to continue to screen, diagnose, and treat COVID. These sessions also see other acute needs and have helped to decrease unnecessary visits of patients in the Emergency Department or Urgent Care.

"We continue to be vigilant and prepared with plans that would allow us to transition if there is another surge in our community," said Tompkins. "We are currently in a better place with supplies and knowledge if we were to have a

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## Class Prepares Providers and Staff for Obstetric Emergencies

Advanced Life Support for Obstetrics (ALSO) is a day long course involving simulations of obstetric emergencies to prepare providers and staff to manage them efficiently within a standard framework. The course has been taught for nearly 30 years by Highland Family Medicine (HFM) faculty, first in conjunction with the other NYS Family Medicine residencies, now as a full day course at HFM. This year, **Sarah Hudson, MD**, Assistant Program Director, URM Family Medicine Residency, Brown Square Site Maternity Care Faculty is course coordinator.

"ALSO is an intensive course meant to standardize approaches in common obstetrical emergencies," said Dr. Hudson. "The hands-on skills demonstrated and taught during



*Left: Medical Assistants Brenda Coughlin & Tracy Lewis*

*Top: Dr Deborah Pierce and Medical Assistant Catie Bannerman*

resurgence. Our team will be ready to care for our patients and meet the challenges.”

“I will always prefer to see patients in person,” said Dr. Devine. “The ability to be in a room with a person, getting to know them and see them is a special part of being a family medicine physician. I am grateful that we could accommodate and accomplish visits with phone and video when we had to and I do foresee these types of visits could be continued in the future.”



*Patient Registration Associates Jenna Morey, Mary Gelsler and Andrea Singletary*

“This is a long, long marathon,” said Dr. Devine. “But we continue to get more information and learn about the virus, testing, antibody testing, vaccine development, and more. Because the population is taking precautions we are seeing drops across the country in diagnoses like strep throat and RSV and the flu season ended early in the spring. This shows that people are doing the right things and need to continue to keep doing them. Social distancing, mask wearing, hand washing and getting a flu shot continue to be best practices.”

these courses require in-person participation, although we will be slightly modifying our course to meet the social distancing requirements of our current pandemic.”

The course infrastructure has changed and evolved over time, though the core emphasis has always been around improving safety in maternity care. The shift has been from a primarily content-focused course to one that now really emphasizes team-work, collaboration, and communication.

“The Department of Family Medicine has long recognized the importance of inter-professional work across the spectrum of our work, and for many years has been honored to include our labor & delivery nursing colleagues as both learners and teachers in these courses,” said Dr. Hudson. “I have taught these courses for 10 years now, and truly enjoy the opportunity to help learners develop competence and confidence in the care they provide for women and families.”

## Resident Spotlight Rachel Ellenbogen, MD, and Patrick Kelley, MD



Husband and wife third year residents **Rachel Ellenbogen, MD,** and **Patrick Kelley, MD,** pursued family medicine for similar reasons. “We value that family medicine gives us the ability to create longitudinal relationships with our patients,” said Rachel. “We both studied psychology and have always been interested in the intersection of medicine and mental health and felt like family medicine was the place we would be able to continue to explore this.”

Rachel is a native of Seattle, Washington. She received her Bachelor’s degree in psychology and her Doctor of Medicine from Brown University. Patrick, a native of Millersville, PA, received his Bachelor’s degree in psychology from Penn State University and his Doctor of Medicine from Brown University.

They were attracted to the University of Rochester Family Medicine residency because of the focus on psychosocial medicine. Patrick was drawn to the Global Health program as well as the ability to train at a Federally Qualified Health Center.

“Rochester is far away from home for both of us but we have enjoyed exploring a new corner of the country,” said Rachel. “We have learned so much from our faculty and colleagues. We have had many challenging, interesting, and varied learning experiences.”

The couple plan on becoming full time primary care doctors in a community closer to their families. “It is hard to believe we will be graduating in just a few short months,” said Patrick, “but we feel this program has prepared us well for our future practices.”

## Barnett Honored with 2020 Satcher Award

**Steven L. Barnett, MD**, Professor, Departments of Family Medicine and Public Health Sciences; Director, Rochester Prevention Research Center: National Center for Deaf Health Research; University of Rochester School of Medicine & Dentistry, is the recipient of a 2020 Satcher Community Health Improvement Award.



*Steven L. Barnett, MD*

The awards recognize University of Rochester Medical Center faculty and staff for significant contributions to the health of the community through research, teaching, practice, and/or service programs.

The awards reflect the mission of the Center for Community Health & Prevention and the URMC to develop and expand community-university partnerships that support community-engaged research and interventions that reduce health inequities and improve the community's health. Awards are made based on work done in the greater Rochester area and Finger Lakes region.

Dr. Barnett directs the Rochester Prevention Research Center (RPRC): National Center for Deaf Health Research (NCDHR) and in that capacity has engaged and partnered with populations of Deaf sign language users and people with hearing loss in Rochester and nationally to collaboratively identify and address health priorities with those communities.

## Congratulations

**Mechelle R Sanders, PhD**, has been accepted as a Grant Generating Project (GGP) Fellow in the class of 2020-2021 for *The North American Primary Care Research Group* (NAPCRG), a multidisciplinary organization for primary care researchers. The NAPCRG GGP is a year-long grant development training experience open to family medicine researchers and clinician researchers in the United States and Canada. The GGP seeks to equip family medicine and primary care researchers with the skills they need to successfully develop and submit grants for research funding.



*Mechelle R. Sanders, PhD*

**Michael Mendoza, MD, MPH**, is the recipient of a Rochester Business Journal COVID 19 Heroes Award recognizing those who are helping our community through the COVID 19 pandemic. Dr. Mendoza, along with Dr. Michael Apostolakos, Dr. Robert Mayo, and Dr. Edith Grannum have been selected to receive a **Distinguished Service Award in the category of Health Care Team** from the Rochester Academy of Medicine Annual Awards.



*Michael Mendoza, MD, MPH*

**Holly Russell, MD, MS**, is the recipient of the Susan B. Anthony Emerging Leader Award presented by the Susan B. Anthony Center to recognize a female leader who is in the early stages of her career. Dr. Russell is the Medical Director of Clinical and Community Programs at the Center for Community Health and Prevention and the director of the Faculty Development Fellowship in the Department of Family Medicine.



*Holly Russell, MD, MS*

## Welcome

The Department of Family Medicine welcomes the following.

### Faculty

All new faculty members are all serving as Instructors of Family Medicine.

Jingnan Bu, MD  
Jacob Castiglia, MD  
Alissa Correll, MD  
Sumaiya Kabir, DO  
Jennifer Maguire, MD  
Nina Piazza, MD  
Natasha Vadera, MD

### Fellows

Caroline Donohue, MD (Academic Fellow)  
Cristina Enrique, DO (Maternal Child Health)  
Halley Hunt, MD (Maternal Child Health)  
John McNeil, MD (Sports Medicine)

### Family Nurse Practitioner

Katie Kamm, FNP



*Jacob Castiglia, MD*



*Sumaiya Kabir, DO*



*Jennifer Maguire, MD*



*John McNeil, MD*



*Nina Piazza, MD*



*Natasha Vadera, MD*

# FACULTY ACCOMPLISHMENTS

## Selected Publications from the Department

An A; Ladwig S; **Epstein RM**; Prigerson H; Duberstein P. "The Impact of Caregiver-Oncologist Relationship on Caregiver Bereavement Experience." *Supportive Care in Oncology*. 2020;28(9):4219-4225.

Butow PN; Clayton JM; **Epstein RM**. "Prognostic Awareness in Adult Oncology and Palliative Care." *J Clin Oncol*. 2020;38(9):877-884.

**Campbell TL**. "Screening for Adverse Childhood Experiences: A Cautionary Note." *JAMA*. 2020;323(23):2379-2380.

**Campbell TL**. "Social Isolation, Loneliness and Health in the time of COVID." *Arch Community Med Public Health*. 2020 6(1):102-1-3.

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Duberstein PR; Chen M; Hoerger M; **Epstein RM**; Perry LM; Yilmaz S; Saeed F; Mohile SG; Norton SA. "Conceptualizing and Counting Discretionary Utilization in the Final 100 Days of Life: A Scoping Review." *Journal of Pain Symptom Management*. 2020;59(4):894-915.

**Epstein RM**. "Mindfulness in Medical Education: Coming of Age." *Perspect Med Educ*. 2020;9(4):197-198.

**Fiscella KA**; Beletsky L; Wakeman SE. "Patients With Opioid Use Disorder Deserve Trained Providers." *Annals of Internal Medicine*. 2020;172(11):772-773.

**Fiscella KA**; **Sanders M**; Holder T; Carroll JK. "The role of data and safety monitoring boards in implementation trials: When are they justified?" *Journal of Clinical and Translational Science*. 2020;4(3):229-232.

**Fogarty CT**. "Compassion, Gratitude and Awe: The Role of Pro-Social Emotions in Training Physicians for Relational Competence." *Int Journal Psychiatry Med*. 2020;55(5):314-320.

Gamble-George JC; Longenecker CT; Weibel AR; Au DH; Brown AF; Bosworth H; Crothers K; Cunningham WE; **Fiscella KA**; Hamilton AB; Helfrich CD; Ladapo JA; Luque A; Tobin JN; Wyatt GE. "Implementation REsearch to DEvelop Interventions for People Living with HIV (the PRECluDE consortium): Combatting Chronic Disease Comorbidities in HIV Populations Through Implementation Research." *Progress in Cardiovascular Diseases*. 2020;63(2):79-91.

Hamad R; Penko J; Kazi DS; Coxson P; Guzman D; Wei PC; Mason A; Wang EA; Goldman L; **Fiscella KA**; Bibbins-Domingo K. "Association of Low Socioeconomic Status With Premature Coronary Heart Disease in US Adults." *JAMA Cardiology*. 2020;5(8):899-908.

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Hlubocky FJ; Taylor LP; Marron JM; Spence RA; McGinnis MM; Brown RF; McFarland DC; Tetzlaff ED; Gallagher CM; Rosenberg AR; Popp B; Dragnev K; Bosserman LD; Dudzinski DM; Smith S; Chatwal M; Patel MI; Markham MJ; Levit K; Bruera E; **Epstein RM**; Brown M; Back AL; Shanafelt TD; Kamal AH. "A Call to Action: Ethics Committee Roundtable Recommendations for Addressing Burnout and Moral Distress in Oncology." *JCO Oncol Pract*. 2020;16(4):191-199.

Jean-Pierre P; Shao C; Cheng Y; Wells KJ; Paskett E; **Fiscella KA**. "Patient Satisfaction with Navigator Interpersonal Relationship (PSN-I): Item-Level Psychometrics Using IRT Analysis." *Supportive Care in Cancer*. 2020;28:541-550.

**Kaizuka S**; Johnsen G; Tamura Y; Salter T; Turnipseed BW; Chawla A. "Lessons Learned from Taking Over Chronic Pain Management with Opioids from Other Clinicians." *A Journal of the New York State Academy of Family Physicians*. 2020;3(8):44-47.

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Loh KP; Xu H; **Epstein RM**; Mohile SG; Prigerson HG; Plumb S; Ladwig S; Kadambi S; Wong ML; McHugh C; An A; Trevino K; Saeed F; Duberstein PR. "Associations of Caregiver-Oncologist Discordance in Prognostic Understanding With Caregiver-Reported Therapeutic Alliance and Anxiety." *J Pain Symptom Manage*. 2020;60(1):20-27.

**Loomis E**; Bajwa J; **Kaizuka S**. "Buprenorphine-Naloxone as A Novel Treatment of Narcotic Bowel Syndrome: A Case Report." *Annals Intern Med*. 2020;173(2):164-166.

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**Mendoza MD**; **Russell HA**. "Chapter 1 – Epidemiology and Public Health Implications of the Opioid Crisis" in *Opioid Therapy in Children and Adolescents*. Shah and Suresh, eds. 2020.

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Saeed F; Sardar M; Rasheed K; Naseer R; **Epstein RM**; Davison SN; Mujtaba M; **Fiscella KA**. "Dialysis Decision Making and Preferences for End-of-Life Care: Perspectives of Pakistani Patients Receiving Maintenance Dialysis." *J Pain Symptom Manage*. 2020;60(2):336-345.

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**Strujo E**; **Sanders M**; **Fiscella KA**; Thomas M; Johnson B; Deets A; Sanchez-Lucas C; Holder T; Johal N; Luque A; Cassells A; Williams S; Tobin JN. "COVID-19 Impact on Multi-site Recruitment and Enrollment." *Sage Journals. Clinical Trials*. 2020.

Wang L; Ren J; **Fiscella KA**; Bullock S; **Sanders MR**; **Loomis E**; Eliav E; **Mendoza M**; Cacciato R; **Thomas M**; Kopycka-Dedzierawski DT; Billings RJ; Xiao J. "Interprofessional Collaboration and Smartphone Use as Promising Strategies to Improve Prenatal Oral Health Care Utilization among US Underserved Women." *Maternal & Fetal Medicine - Dentistry*. 2020;1-19.

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"University of Rochester Family Medicine Residency," and join us!



## Fellow, continued from page 2.

others, to develop this training in support of the UR Medicine Equity and Anti-Racism Action Plan.

Dr. Fogarty will participate in the ELAM Leaders Forum in the spring of 2021. The Forum is a unique opportunity for Fellows and their institutional leaders to discuss the wide range of organizational change initiatives addressed during the Fellowship year. The core of the Leaders Forum is a poster symposium showcasing the outcomes of the Fellows' Institutional Action Projects – the capstone of the ELAM Fellowship year.

The effectiveness of ELAM's distinctive approach to leadership preparation is broadly recognized within the academic health community. ELAM graduates now number over 1,000 and serve in numerous leadership positions – department head through university president – at 287 U.S. and Canadian academic health centers. View their Fast Facts for more information on the far-reaching impacts of the ELAM program on their website.

## Mary Buswell Named STFM Student Scholar

University of Rochester School of Medicine and Dentistry fourth year student Mary Buswell has been selected as a student scholar for the 2021 Society of Teachers of Family Medicine (STFM) Medical Student Education Conference.

The scholarship awarded with this honor provides support for her to attend the 2021 Virtual Conference on Medical Student Education that will be held February 1-3, 2021. This is a highly competitive award, as some of the best and brightest medical students are nominated from across the country.

In addition to recognizing her strong commitment to academic family medicine through scholastic, volunteer, and leadership pursuits, this award also acknowledges her potential for a career in academic medicine.

Buswell worked with several other medical students and an OB/GYN resident to design and conduct a reproductive health needs assessment among female-identifying clients at a local syringe exchange program. She earned the Student Scholar recognition for this research project.



Mary Buswell

## Congratulations

University of Rochester School of Medicine and Dentistry students won a Second Prize in the 2020 Family Medicine Education Consortium annual meeting's poster competition for *Effectiveness of Student-Run Conference for Improvement in Self-reported knowledge and Attitudes on im/Migrant Farmworker Health*. Congratulations to **Veronica Yu, BA; Jessica Meyer, BA; Mahima Iyengar, BS** and fourth year student **Chance Najera, BS**, who rotated in the Department of Family Medicine and will enter the match in Family Medicine.