



Sometimes in the work of caring for others and responding to critical incidents we forget to take care of ourselves. YoUR Support Team recognizes the importance of providing clinicians, staff, and leaders with the kind of support that enables all of us to continue to provide the best care possible.

The members of YoUR Support Team are available to serve as an interdisciplinary resource to coordinate support efforts for faculty, staff, and leadership at the Medical Center. The team offers:

- formal debriefing following a critical incident
- one-to-one support
- small and large group support sessions
- stress management and self-care skill development.

To request our services or to talk about how to meet staff support needs, feel free to contact any member of the team. We will mobilize available resources to meet your needs.

If there is a need for an immediate response in your unit or department, begin by calling the Employee Assistance Program.

Employee Assistance Program (EAP)

Ann Cornell, Director
(585) 276-9110

Human Resources

Contact HR Business Partner
Page Office if not known 275-2222

Nursing

Clinical Resource Nurse
Adult: via cell 9-478-2648 or Page Office 275-2222
Pediatric: via page office: 275-2222

Social Work Division

During business hours: 275-2851
After hours and weekends: 275-1915 (ED SW cell phone)

Psychiatry Consultation Liaison Services (Contact PCLS for patient support)

Day: 275-3592

Chaplaincy Services

Via page office 275-2222

Palliative Care

Adult and Pediatric via Page Office 275-2222