# THE HOTSEAT

ORTHODONTIC DEPARTMENT NEWSLETTER



#### CONTENTS

Message from the Chairman: 1

Message from Dr. Fishman: 3

Clinic Director Update: 4
Dr. Bob Malloy

**Alumni News: 5** 

**Department News: 6** 

**Resident News: 7** 

**Giving: 8** Dr. Bob Bray

**Resident Features: 9** 



HOTSEAT Newsletter in honor of the late Dr. J. Daniel Subtelny.

#### A MESSAGE FROM OUR CHAIRMAN



As we begin a new year, I see it as an ideal time to rekindle friendships, cherish loved ones, remember those that are not with us anymore and say thank you for the wonderful gifts one received throughout the previous year. Heide and I look back with gratitude; we have had an amazing journey and consider ourselves privileged indeed to now live in the Rochester area (...Penfield).

Each person can probably identify his or her greatest gift of the year. Mine is to have been included in a fantastic group of individuals who all have the same goal — work to make our department the best it can be. I deem this indeed a great opportunity to celebrate! I can say without hesitation that being at Eastman Dental and working with superb individuals is more than anyone can wish for. Each member of our department, faculty, residents and staff, brings individual richness to share with everyone, a factor that brings enjoyment to my academic life more than ever. We truly have an excellent orthodontic team that provides a superb education to our students. Our reward as faculty and staff is to see our residents grow and become professionals equipped with the right "stuff" to make orthodontics stronger. We cannot function without our tremendous staff — you are an asset to our discipline, and I thank you.

Our faculty, full- and part-time, form the cornerstone of our clinical and didactic program. I am privileged to serve our institution and our profession with you, and in particular, I am truly honored to be your Chairman. We work in an environment second to none; thus, we all have a tremendous responsibility to maintain this. Let's build on our solid foundation and make 2016 a great year at Eastman.

A wonderful quote by the poet Kahlil Gibran: "work is love made visible" brings to mind a note I recently received from an applicant to our program. This applicant wrote: "In my eyes, your program contains the 'whole package' with a very strong didactic component, superb clinical facilities and faculty, a research history that is unmatched, and an alumni association that is extremely active and generous. The 'family feel' of your program stood out to me and I think that atmosphere is a testament to the education your residents receive".

This statement is testimony to the hard-work of everyone in our tremendous Eastman team including faculty, residents, staff and very importantly, our

#### A MESSAGE FROM OUR CHAIRMAN CONTINUED...

alumni. We are without a doubt in a fortunate position to have all our faculty positions filled; moreover, we have a strong, experienced team (both full-time and part-time faculty) providing our residents with an excellent education.

As you can see, my orthodontic gift this last year was absolutely enormous and you all had a part to play. Thank you. I am proud to be a member of the Eastman family. I hope you all had similar great professional gifts this past year and my wish for you now is to have a happy, healthy and prosperous New Year. See you in 2016.

Sincerely,

P. Emile Rossouw, BSc, BChD, BChD(Hons-Child Dent), MChD (Ortho), PhD, FRCD(C)

Professor and Chairman

## OUR EASTMAN ORTHODONTICS – A WONDERFUL GIFT TO REFLECT ON DURING THIS SPECIAL TIME OF THE YEAR.



Heide Rossouw, Emile Rossouw, Denise Malloy & Bob Malloy at the Eastman Alumni Reception held during the AAO Annual Session in San Francisco May 2015.

#### ABOUT DR. ROSSOUW

After receiving his dental degree at the University of Stellenbosch in his native South Africa, world-renowned Dr. Rossouw earned advanced degrees in pediatric dentistry and orthodontics before earning his Ph.D. in dental science, all at the same university.

He later became professor and chair of the University of Stellenbosch's Department of Orthodontics, a position he held for many years until he was recruited to run the Orthodontics Department at the University of Toronto. After seven years in that role, he was named director of the university's Burlington Growth and Research Centre.

In 2002, Dr. Rossouw was recruited by Baylor College of Dentistry, a division of the Texas A&M University in Dallas, where he was appointed professor and clinic director in the Department of Orthodontics. In 2004, he served as professor and chair of the Department of Orthodontics before joining the University of North Carolina in 2010. Dr. Rossouw obtained an Orthodontic Specialty Certificate from Baylor College of Dentistry in 2006 and became American Orthodontic Board Certified in 2007.

His published works range through the areas of clinical orthodontics, biomaterials, jaw growth and long-term stability. Dr. Rossouw, who has lectured nationally and internationally, has contributed more than 130 publications to the dental literature, which include scientific articles, book chapters and abstracts.

He is a member of many professional associations and societies, among them the widely known Tweed Foundation. He also serves on the reviewing panels for various leading orthodontic and general dentistry journals.

# CONTROL OF THE PARTY OF THE PAR

Celebrating Dr. Fishman's Birthday!



Some of Dr. Fishman's incredible stone work!



Dr. Fishman and SANTA!

## A MESSAGE FROM OUR ONE AND ONLY

#### DR. FISHMAN

We continue to be fortunate having such wonderful residents in the program. I am sure you can remember the friendships and wonderful experiences you had with your class members. Well, it is still that way! From my point of view, it is what still brings me here after so many years. I just don't want to give it up. Getting so old now, I appreciate it all even more. I sort of figured it out that I have been teaching well over 50 years and have driven from Syracuse to Rochester and back over a hundred thousand miles. Yipes! Besides orthodontics, I am periodically still in my barn studio carving out stone sculpture. I no longer have my private orthodontic practice but I come to Eastman an average of three days a week. Where did all that time go??

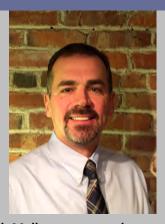
The amazing thing is that every year brings to us wonderful residents to work with. I am still involved with a lot of the research. I am sure you all know that our orthodontic program is still a two year program— not three years like the majority. The surprise is that many of the residents take on the extra load of completing a master's degree voluntarily and complete the program and master's in the two year period. This is so true at the present time. The senior class has five of the six residents working hard to complete the master's program. The junior class has four of the six residents. They have a lot to juggle to accomplish this but they are determined to complete it.

I certainly want to mention how fortunate we are having Dr. Emile Rossouw as our new Chairman. He is exceptionally dedicated to the program. Nobody can replace Dan in so many fantastic ways, but Emile is doing a wonderful and exceptional job with our residents and our staff. We are so very fortunate. Everyone feels that way! Bob Malloy has returned to Eastman as our Clinical Director. Everyone is also very excited about that! Bob has been coming periodically for a few years to voluntarily lecture. He has sold his Montana practice and is now settling in with his wife Denise here in Rochester.

I want to personally wish all of you a Happy New Year. We would really like to hear from you periodically. Let's all wish for world peace and good health.

Sincerely,

Len Fishman



Dr. Bob Malloy was recently appointed as the Clinic Director of the Orthodontic Department. He has maintained three offices in private practice in Montana since graduating from Eastman in 2000. We are excited to welcome him and his wife back to Rochester!

## RAPID FIRE WITH DR. MALLOY

**Ideal AAO Meeting location?** 

Seattle

Bracket system?

.022 Unitek MBT

**Dental school?** 

University of Louisville 1994

**Favorite Tooth?** 

A straight one

**Favorite Wife?** 

Denise

**Pizza Topping?** 

Veggie

Number of children?

2 (18 and 20 years)

**Favorite Rochester season?** 

Fall

T.V. show?

Downtown Abbey

Beer, liquor or wine?

Yes

Subtelny-ism?

Get up there and draw that bone!

## A MESSAGE FROM OUR CLINIC DIRECTOR

First, I would like to thank everyone for the wonderful welcome back to Eastman. In the years since I graduated from the program, it is evident that the most important aspect of our program has not changed- the quality of people. Without question, as we move into a new and exciting future, we will continue to honor the strong traditions built by Dr. Subtelny.

As Clinic Director, my main focus will be clinical administration and instruction. These continue to be key components of the Eastman program. Those of you in private practice recognize that the landscape for new orthodontists has changed drastically over the last decade. Residents today face a different array of challenges than long-time practitioners faced at graduation. Student loan debt for dental education has skyrocketed. The number of orthodontists being trained in new residency programs has drastically increased. More patients now receive orthodontic treatment by non-orthodontists. Fewer private practice opportunities are available for new graduates. While it is critical that graduates be well-versed in the latest technological advances and treatment modalities, it is equally important that they comprehend the realities they will face upon graduation.

My objective is to establish an efficient, modern clinical environment that will enhance resident education and patient care. The tradition of a strong curriculum continues under the leadership of Dr. Rossouw. Our goal is to continue developing a state-of-the-art orthodontic program that will rank among the best in the nation. Thanks to the J. D. Subtelny Fund, our clinic has begun this move into the future with the addition of a new Pan/Ceph/CBCT machine and two intraoral scanners. The generous support of our Eastman Alumni has helped us begin to transform this vision into a reality. The continued support of our Alumni is essential to the success of our program!

I will continue to keep everyone up-to-date on current events within the program and please feel free to contact me anytime with questions or concerns. My door is always open!

Sincerely,

**Bob Malloy** 

#### **ALUMNI NEWS**

Dr. Bahreman was recently honored with an award of appreciation for his enormous contribution to the dental profession in Iran at the 50<sup>th</sup> anniversary of Shahid Beshati University Dental.



He has previously been awarded with a prestigious research award and the status of professor emeritus at Shahid Beshati University Dental- a school which he helped found. In addition to being one of the founders of the dental school, he also established the orthodontic and pediatric departments. Bahreman developed the curriculum for the orthodontic and pediatric dentistry residencies of which other programs in Iran are modeled. efforts and accomplishments were recognized and honored by the dental school, his past mentors, his colleagues, and previous It was a special and memorable students. moment.

## CONGRATULATIONS DR. BAHREMAN!

Dr. Bruce Haskell was awarded the University of Louisville Orthodontic Alumni Association Award at its Annual Alumni Meeting held this past November. The program recognized Dr. Haskell for his 37 years of outstanding service and dedication. In his acceptance speech Dr. Haskell recognizes our own Dr. Subtelny stating: *To paraphrase my own mentor from Rochester, Dr. J. Daniel Subtelny, "I could never teach anyone anything... All I could really do was to try to get them to think!"* 





DR. GRACIELLA STURDIVANT HAS RECEIVED HER ABO CERTIFICATE.

CONGRATULATIONS DR. STUDIVANT!

We excitingly welcome the newest members of the Eastman Orthodontic family the Class of 2018! Dr. Hani Alsibai: MISR University for Science & Technology

Andrea Frantz: Kornberg School of Dentistry Leah Peres: University of Pennsylvania Patrick Scannell: University of Buffalo Michael Skrobola: University of Buffalo

Alberto Tostado: Universidad Autonoma De Nuevo Leon

#### **DEPARTMENT NEWS**

On November 14<sup>th</sup> 2015 the Eastman residents, some faculty and their families gathered at Dr. Rossouw's house for a holiday dinner.

# Dr. Rossouw and his wife generously hosted us all, serving South African cuisine, traditional to their family's background and culture.

We loved the delicious food and enjoyed the time we had together to socialize and relax some before final exams. In addition, we all enjoyed meeting *Solo*, Dr. Rossouw's four-year-old rescued greyhound. We know Dr. Rossouw will continue this tradition, as there were many great memories formed from this evening together. We greatly appreciate his generosity and all he does for the Eastman family.



**SOLO ROSSOUW** 





Residents, faculty, staff and local alumni took part in two in-service training days with Care Stream to learn the techniques needed to correctly utilize the departments new PAN/Ceph/CBCT Machine and Intraoral scanners. After being without our own x-ray machine for a while, the new equipment is an incredible and much needed addition to our clinic! We thank all the alumni, faculty and staff who helped make them possible!

While the Eastman Orthodontic department was sad to see Julie Curall leave we were all excited for her to begin her next adventure. In Julie's place we welcome Robin Maloney! Robin grew up in Rochester and lives in Greece. She has been married to her wonderful husband Dan for 33 years. Together they have four sons and five beautiful grandchildren. Her hobbies include serving as a Girl Scout leader, spending time with her grandkids, learning martial arts and watching the walking dead. Robin joins Laurie as one of the two lovely faces you see when you walk into our clinic! Say Hi to Robin the next time you come through Eastman!



#### RESIDENT NEWS

One month into residency, the first year residents took their first trip together to St. Louis, MO to attend the annual GORP meeting.

# After starting our adventure by spending 22 hours in the Philadelphia airport, we felt like family before we even made it to Missouri!

The trip was a wonderfully memorable bonding experience, with a multitude of well-organized activities such as a Cardinals game, an obstacle course, a BBQ, and many informative lectures. We were even able to take a tour of the AAO headquarters! It was a great experience for all of us, and we can't wait to next year's GORP in Ann Arbor, Michigan!





Dr. Tallents, his wife Kathleen and his daughter Laurie once again invited all the orthodontic and TMJ residents over to their lovely home for dinner.

# On the menu: fantastic homemade lasagna prepared by Chef Tallents himself.

After dinner we all sunk right into their amazing couches; we felt right at home! With many of our families being not only across the country, but across the world, we all so appreciated a home cooked meal and a cozy atmosphere.

For the first time in Eastman history, residents attended the 119<sup>th</sup> Tweed Study Course offered by the Charles H. Tweed International Foundation in Tucson, Arizona. One would be mistaken to expect time to enjoy sunny Arizona or a break by the pool. With bleeding fingers, calluses, and sore backs, "Wire bending boot camp" is the phrase that can be used to describe our time here. Despite this, the four of us who attended would relive the experience in a heartbeat! The course was educationally rewarding, clinically beneficial, and exposed us to the fundamental TWEED philosophy that is a huge part of orthodontic history. We are eternally grateful to Dr. Rossouw for granting us this memorable, educational opportunity.



Pictured in the photo are senior residents (from left to right): Omar Said, Annia Le Goff-Lattanzi, Tatiana Witte, Dr. Herbert Klonz (Director of Education of the Tweed Foundation) and Dimitris Michelogiannakis.

#### IN THE SPIRIT OF GIVING

Hello all,

I hope all is well and everyone has had a happy and healthy year. For those of you who attended our alumni reception in San Francisco at the A.A.O. Annual Meeting this past spring, you may recall that we made a request for all present members to make a pledge to the "J. Daniel Subtelny Fund". I'd like to recognize the following people:

Alumni who pledged at San Francisco and have paid the following amount toward their new pledge: Dr. Ingrid Barillas - \$2,000; Dr. Ron Bellohusen - \$5,000; Dr. Robert Bray - \$5,000; Dr. Joel Brodsky - \$2,500; Dr. Thomas Dietrich - \$10,000; Dr. Joseph Sweet - \$5,000; Dr. Rene Yabar - \$500 - And thank you to those who have pledged even more!

Additional Alumni with pledges made: Dr. Chris Baker's father; Dr. Barry Cohen; Graciella Alanise Sturdivent.

I know this is a time of year where giving, gratefulness, and appreciation are so important. We can all say we have benefited through the Eastman program and even more so through J. Daniel Subtelny. For those who were unable to attend our annual session in San Francisco, you can still make a pledge by contacting me through email: <a href="mailto:brayces@aol.com">brayces@aol.com</a> or phone: <a href="mailto:609-703-7775">609-703-7775</a>. Checks will be made out to the "J. Daniel Subtelny Fund" and can be mailed to my address: 1700 Revere Blvd, Brigantine, NJ 08203.

Thank you to all who have pledged, and for thinking of Dan and his legacy to all of us. Best wishes to everyone in the New Year! We will publish an updated Giving List in the new year. Please make sure your name is listed.

Kind Regards,

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The J. Daniel Subtelny Endowment Fund was formed in the mid 1980s to allow and ensure for continued financial support of the orthodontic department independent of the dental center as whole. The Fund, named to recognize and honor Dr. Subtelny and his legacy, has grown under the leadership of the late Dr. Robert Baker Sr. and current chairman of the fund, Dr. Bob Bray. The Fund is used for program improvements, and at the request of Dr. Rossouw recently contributed to the acquisition of a new CBCT/Pan/Ceph machine and two intraoral scanners. We thank those of you who have donated and those who had the forethought to create this fund – you all play a direct role in maintaining Eastman Orthodontics as one of the premiere training programs in the world.

#### RESIDENT FEATURES



**BORUSSIA TEETH SOCCER TEAM** 

The Eastman orthodontic residents have shown to be skilled both in and out of the clinic. The first (that we know of!) recreational league soccer team was created by the orthodontic residents and strengthened by residents from the general dentistry, pediatric, periodontic and oral surgery departments. We are now competing in a coed indoor soccer league held in Rochester, with an unbeaten record to

date. It has been a great opportunity for all of us to bond and share these glorious moments. We will bring home the trophy for the resident's room!



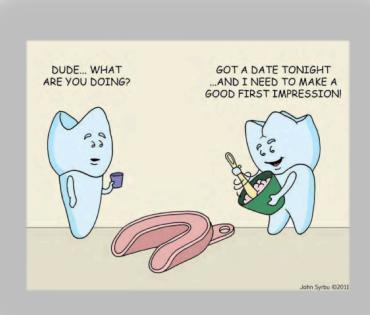
It's that time of year again— orthodontic residents have been busy studying for finals, preparing presentations, and squeezing in patients before the start of the New Year! With all the hustle and bustle of residency, it's time to think of the coming year and ways to make it even better than the last. The following are some New Year's resolutions to help make the next year of residency spectacular!

- 1. Catch up with AJO-DO articles. Those monthly issues add up so quickly!
- 2. Think about next year's t-shirt design for GORP. Who knew that orthodontic residents were such good graphic designers?
- 3. Master PowerPoint. After all those presentations, one should be a professional by now.
- 4. Become proficient in writing an Invisalign prescription.
- 5. Learn how to master the intraoral scanner. The rep did promise that each arch could be done in under half an hour...
- 6. Become an expert in placing TADs. Let's put those surgical skills to the test!
- 7. Get ahead on one's research project. Time really flies and that deadline with the statistician is looming.
- 8. Think and prepare for board cases. Graduation is quickly approaching and having board quality cases will get one ahead of the game.
- 9. Start looking for a job. A mandatory vacation after residency is nice and all, but those student loans aren't going to pay for themselves.
- 10. Lastly, be thankful that one is in an orthodontic residency. This time next year, one may be making a list of New Year's resolutions for the new grad!

## **BRING ON 2016**

#### WISHING YOU ALL A HAPPY AND HEALTHY 2016-

#### **COME VISIT US AT EASTMAN!**



**★Thank you to everyone who contributed and helped with this edition of HOTSEAT ★ AND THANK YOU ALL FOR READING!!**