



UNIVERSITY of
ROCHESTER
MEDICAL CENTER

HOTSEAT

ORTHODONTICS DIVISION NEWSLETTER EASTMAN INSTITUTE FOR ORAL HEALTH SUMMER 2013

From the Chairman:



Oh my God, it's time for another "Hot Seat" publication. Will I ever learn to keep up with my computer or my email? It seems we are truly in an upscale electronic age with a vast amount of information stored in the wire complex of our computers— all those red, white, green and black wires, all those messages sent out into cyber

space, it just has to be piling up someplace, where? In fact, it's all simply amazing to an "Old Timer Like Me." It's nothing short of "mind-boggling."

I watch our students, oops residents, if they need some information, they just "Google it up," really amazing, but likewise somewhat disconcerting. Google can supply enormous amounts of sought after information, but remember it is just that— information; a regurgitation of facts called up on a screen. It is not wisdom, Google can't think for you, Google can't reason things out for you, it is just plain and simple regurgitation of information.

We still have to use our brains and thank God for that. It is what makes Orthodontics fun! Do you ever wonder, is what's on the computer the honest to goodness truth? Is it really applicable to your needs or has it caught a virus? They say, "The truth can set you free," but sometimes people have been known to stretch-h-h the truth. Other times we can either accept it or ignore it and not just stretch it. Let's face it, it's an easy way to get information or to store information-stuff that we can regain at a moment's notice. But while electronic appliances can store a voluminous amount of information for you, it just can't think for you. That's important to realize and acknowledge. Orthodontics is a thinking person's game and let's be glad for it. It makes us think, we have to put our brain cells to work. How can you not enjoy a professional discipline if it forces you to think? You play a "mind game" with yourself; happy when you succeed and disappointed when you don't and work at

figuring things out to rectify the situation so that you will succeed when you next encounter a similar situation. We encounter great variation in our patients and "think hard" about how to overcome the variable situations, even twins are not necessarily alike and we must reason things out to rectify the variable variation. In orthodontics, variation is the name of the game. Where have you heard that before?

Keep that brain working and progressing. It's fun and many thanks to our great professional discipline, it makes us use our brain!

Meliora Weekend

As part of the University of Rochester Meliora Weekend during October 11-14 of 2012, the Eastman Institute for Oral Health held general and divisional reunions. Activities included full day seminars with scientific and specialty sessions, dinners, and tours of the new/renovated Eastman installations.

Orthodontic scientific sessions covered topics on craniofacial dysmorphologies, temporomandibular joint disorder, and three-dimensional imaging. Speakers who addressed the attending orthodontists included J. Daniel Subtelny, D.D.S., Ross H. Tallents, D.D.S., Pedro E. Santiago, D.M.D., Joel F. Brodsky, D.D. S., M.S., Bruce S. Haskell, D.M.D., Ph.D, and Michael E. Spoon, D.D.S.

At the alumni dinner Dr. Leonard Fishman and Dr. Frederick (Fritz) Haring received an award in celebration of their 50th graduation anniversary. Also, Dr. Ross Tallents was given an honorary orthodontic certificate by Dr. J. Daniel Subtelny for his years of service to the program. Since 1983, Dr. Tallents has led the newly CODA and ADA accredited Orofacial Pain program.

In addition, it was announced that the Eastman Dental Center, University of Rochester alumni Dr. Al Guay will receive the ADA Distinguished Service Award at the next annual House of Delegates meeting. Overall the weekend was a great opportunity to listen to alumni, reminisce about old times while creating new memories. As part of the big Eastman orthodontic family, we hope to see you all at the next reunions.

2012-2013 RECAP

Pictures from Meliora Weekend



For more pictures, please visit: http://eiohmediaservices.smugmug.com/Advancement/Reunion-2012/Ortho-Div-Dinner/25945725_Bw5CSK#!i=2151629158&k=PxvQ2dN

Victor orthodontist brings smiles to Portugal's first orthodontic residency program

Long-time Victor resident and orthodontist **Dr. Michael Spoon** traveled to Portugal recently to lecture at the first orthodontic residency program in that country — the University of Lisbon School of Dentistry. That's a long way from Maple Avenue where he's been seeing patients since 1991. But when one of our former students from the Eastman Institute of Oral Health, **Dr. Joana Godinho**, extended the invitation, it was an offer he couldn't refuse.

Spoon's lectures included topics such as 3D imaging of the head, dispelling common orthodontics myths using recent scientific studies, and information about a study he supervised that dealt with how the airway shape can be a risk factor for sleep apnea.

"It was an honor and a pleasure to share my knowledge, research and experiences with orthodontists and students around the world," said Spoon. "The residents were genuinely sincere about learning and they asked good questions."

With an ongoing commitment to education at all levels, Spoon has been a long-time supporter of Dollars For Scholars and the Victor Free Library, and for 22 years has taught at the Eastman Institute of Oral Health (EIOH) at the University of Rochester Medical Center. That's where he met Godinho, who invited him to speak at the ULSD. Shortly after moving back to Portugal, she, along with two other Portuguese orthodontists, helped start the first university-trained orthodontic residency department in their country.

According to Spoon, there are only 60 university-trained orthodontists in all of Portugal so far, so the school meets a real need that will improve patient care.

"This trip was a delight both professionally and personally," said Spoon. "Portugal is a friendly, wonderful country to visit. It has a rich history, proud citizens, and many World Heritage sites to visit." Spoon currently supervises several studies within the orthodontic department at EIOH, and is an officer in the prestigious Edward H. Angle Society of Orthodontists, and is also one of the featured speakers in next month's EIOH reunion during the University of Rochester's Meliora Weekend. His lecture will be on the best methods to measure facial growth and treatment changes.

Read more: <http://www.victorpost.com/business/x1931755739/Victor-orthodontist-brings-smiles-to-Portugal-s-first-orthodontic-residency-program#ixzz2VXWNxQvb>



2012-2013 RECAP

American Cleft Palate Craniofacial Association Announces Scholarship in Honor of Dr. J. Daniel and Joanne Subtelny

During the most recent alumni meeting dinner in Rochester, Dan Subtelny was happily surprised that the alumni from the Orthodontic Department had established two research grants in the fields of Orthodontics and Speech Pathology for patients with clefts and craniofacial anomalies. These grants honor Joanne and Dan's lifetime commitment to clinical care, research and education in the cleft/craniofacial fields.

The grants will be publically advertised in the Cleft Craniofacial Journal and the first grants will be awarded at the 71st Annual American Cleft Palate Craniofacial Association meeting in Indianapolis, Indiana, March 25-29, 2014.

One of the grants will be given to an orthodontist or orthodontist in training who submits a significant project that will enhance the field of orthodontics as it pertains to the care of patients with cleft and other craniofacial deformities. The second grant will be awarded to a speech and language pathologist and/or audiologist who submits a significant research project that will benefit the care of patients with clefts in the speech and audiology fields.

The American Cleft Palate Craniofacial Association will provide the necessary materials for grant application, submission and also will review and select the recipients of the **J. Daniel and Joanne Subtelny Orthodontic and Speech Pathology Clinical Research Grants**. The grants will be announced every year during the annual meeting of the American Cleft Palate Craniofacial Association. Publishable materials that result from partial or complete funding from the grants will be properly acknowledged.

For those of you who have already made a donation, we want to take this opportunity to thank you for your generosity and continued support honoring the Subtelny's legacy in the cleft/craniofacial field for many years to come. For those of you who have not had the chance to send your contribution, it is not too late. We are requesting an initial \$500.00 donation. This will cover 2 years of grant support. Afterwards we will request a yearly \$250.00 contribution for as long as you wish to support this worthwhile cause. Donations can be sent directly to the Cleft Palate Foundation, the philanthropy arm of the American Cleft Palate Craniofacial Association. You can make your donation by check or credit card. The American Cleft Palate Craniofacial Association will also send you a notification of this tax-deductible contribution for your records and will acknowledge your generous donation in the American Cleft Palate Craniofacial Association Newsletter.

If you or someone you know would like additional information please call or write to either Pedro Santiago or myself. We look forward to honoring the **Subtelny's legacy** at the next American Cleft Palate Craniofacial Association Meeting to be held in Indianapolis, March 25-29, 2014. We hope you can be there to share this special occasion with Dan. The Orthodontic Alumni Association is very proud to support this cause that honors our mentor and his beloved wife, as it will foster excellence in care for children with clefts and other craniofacial anomalies, their life-long goal.

With Warm Regards,
Alvaro Figueroa & Pedro Santiago
(Alvaro_Figueroa@rush.edu & Pedro.Santiago@duke.edu)

Donation: Send your checks made to "Cleft Palate Foundation-Subtelny Grant" directly to:

Nancy Corke Smythe, Executive Director

American Cleft Palate-Craniofacial Association

Cleft Palate Foundation

1504 East Franklin Street, Suite 102

Chapel Hill, NC 27514-2820

Phone: 919-933-9044 (Call for credit card payment)



ALUMNI NEWS 2012-2013 RECAP

Births:

Dr. Genevieve Abi-Nahed ('10) and her husband Yamil are excited to announce the birth of their second daughter, Zoe Zuzu, born on September 28, 2012.



Dr. Yu-Ching Lai ('09) and her husband would like to announce the birth of their healthy baby girl, Luna Tai. She was born on August 18, 2012 in Berkeley, California.



Dr. Jeffrey Toothman ('09) and his wife welcomed their second daughter, Charlotte Grace Toothman, on January 2, 2012. She was born at 7 lbs 11 oz.



Melissa Yannello, orthodontic assistant, and her husband welcomed the birth of a baby boy, Gianni, born on August 7, 2012.



Birthdays:

Dr. Subtelny celebrated his 91st birthday this year on March 30th! The residents and staff celebrated the special day with his favorite dessert... pies!



Dr. Fishman celebrated his 80th birthday this year on March 8th. The residents visited Dr. Fishman in his hometown of Skaneateles, NY and enjoyed a nice brunch at the Sherwood Inn in celebration of his birthday! Faculty and staff contributed to buy Dr. Fishman a gift certificate to use towards carving and stone sculpting materials.



Weddings:

Congratulations to **Dr. Patra Ong ('13)** and her husband, Dr. Matthew Eppright who got married on September 2, 2012 in Reading, PA. They will both be moving to Pennsylvania after graduation.



ALUMNI NEWS 2012-2013 RECAP

Anniversaries:



Dr. Sarah Shoaf ('89) and her husband celebrated their 20th wedding anniversary on February 13, 2013. Sarah is the owner of Salem Smiles orthodontic practice in Salem Winston, NC. Her husband does the practice marketing, and provides artwork through his expertise in photography.

The couple met during their tenure at Eastman where Sarah was always eager to get her film processed by Alan who worked in the photo lab. The two waited to pursue their relationship until after Sarah finished her residency and master's degree when she had asked him to help her move back to her home town.

The couple enjoy traveling extensively for scuba diving to bolster Alan's underwater photography career. When out of the water they can be found with a driver in hand playing the links, cooking, making jewelry, or following the Wake's Forest University sports teams. Congratulations on 20 years!

New Faculty:

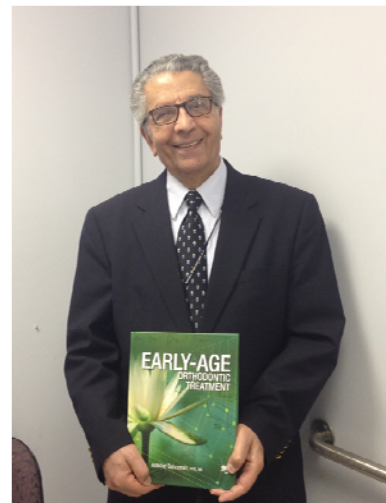
Eastman welcomes three new faculty to the program: **Drs. Deborah New, Xiomara Restrepo, and Maureen Wood**

Awards:

Dr. Leopoldo Vesco ('13) won the Basil G. Bibby award for outstanding scientific merit at the 2013 Rochester Section of the American Association for Dental Research meeting.

Announcements:

Congratulations to **Dr. Aliakbar Bahreman** who recently published his book on "Early-Age Orthodontic Treatment"! This is truly a lifetime accomplishment for him.



Dr. Jennifer Haskell ('10) was inducted as an Affiliate Member of the Angle Orthodontic Society.

Dr. Hector Vesco ('83) was appointed executive director of The Dental Federation of Central American Countries, which includes Guatemala, El Salvador, Honduras, Nicaragua, Costa Rica and Panama.



Dr. Michael Spoon ('91), Dr. Bruce Haskell ('75), and Dr. Jennifer Haskell ('10) presented at the 39th Annual Moyers Symposium and 38th International Conference on Cranio-facial Research at the University of Michigan. The paper was based on Dr. Jennifer Haskell's research, based on the relationship of skeleton-facial vertical morphology to oropharyngeal airway shape using CBCT.

ORTHODONTICS DEPARTMENT 2012-2013 RECAP

GORP 2013: Ann Arbor, MI

At the beginning of the school year, Rochester residents went to the University of Michigan for the 2012 Graduate Orthodontic Residents Program (GORP). This event gave the residents a chance to meet up with Orthodontic residents from other programs, including those they may have met on the interview trail or in dental school. Every year, students design T-shirts for their respective schools and compete for the best design. This year, Junior Rene Yabar, designed the Rochester T-shirt with a Batman theme called Bracketman which honored our orthodontic lineage from Dr. Subtelny to Dr. Angle.



The curriculum of the event includes a full weekend of Orthodontic lectures, which the residents attended between social events. The activities included canoeing, formal dinners, and a tour of The Big House (Michigan Football Stadium) along with a reception up in the stadium luxury suites. The residents roomed in pairs in the freshman dorms for the long weekend and got to know each other pretty well. Next year's GORP is at the University of North Carolina in August 2013, and will be another opportunity for residents to bond.



NESO 2012 – New York, NY

The annual meeting of the Northeastern Society of Orthodontics was held last November 9-11, 2012 at the Hilton, New York. Most of our orthodontic residents along with faculty: Dr. Subtelny, Dr. Bellohusen & Dr. New attended the meeting. Scientific sessions for doctors included topics like Smile, Esthetic & Change by Dr. David Sarver, The Carriere Distalizer by Luis Carriere, 3D Orthodontics by Dr. Ed Lin, Arch Development with Self Ligation by Dr. Birte Melsen, Management of Class II Dentition by Dr. Richard McLaughlin and many more. The meeting not only catered to doctors but offered scientific and hands-on sessions for the orthodontic staff and practice management sessions for the office managers.

NESO 2012 was not just about continuing education but it was also an avenue for socializing and fun. A reception for the new & younger member's resident reception was at The Hilton's Penthouse. Other highlights that captivated the participants were the Sponsors' Exhibit, The President's Gala and the Scrubs Fashion Show. Overall the NESO 2012 was a success. Our residents and faculty are excited for next year's NESO which will be combined with the Middle Atlantic Society of Orthodontics (MASO) meeting. It will be held on November 14-17, 2013 at the Rio Mar Wyndham Beach Resort in Puerto Rico. Visit www.neso.org for more information & registration.

Dr. Subtelny's Annual Christmas Party

This year Dr. Subtelny hosted another fun night at his house celebrating Christmas. His daughter, Alysa Subtelny prepared an amazing meal. The party was well attended by faculty, residents, and friends. The junior class did a great job preparing their signature drink and it was a good time had by all. Dr. Subtelny gave everyone a tour of his house and showed everyone his collection of paintings, statues and art from all over the world.



ORTHODONTICS DEPARTMENT 2012-2013 RECAP

Damon Forum 2013 — Orlando, FL

In February, the senior residents headed to sunny Orlando for the annual Damon Forum. The group was treated to several days worth of lectures and presentations, including two keynote presentations given by Eastman

Ortho alumni: Stuart Frost and John

Graham. While the days were filled with conference events and speakers (yes, Dr. Subtelny, we went to the



lectures!), there were a few hours each evening that gave the group a chance to visit Downtown Disney and enjoy some Mexican food, which is now becoming a bit of an Eastman tradition. But the south-of-the-border cuisine couldn't hold a candle this time to an unbelievable Italian dinner, hosted by our own faculty Damon guru, Dr. Bellohusen. The final evening featured Eastman faculty, residents, and alumni tearing up the stage with a live band karaoke version of "Don't Stop Believing," complete with electric rainbow dentures.

Aging of the Face

Dr. Spoon invited world-renowned sculptor, Phillippe Faraut, to demonstrate how one's face changes with age, an important consideration before removing teeth or changing jaw position. Before the class began, Faraut picked first-year resident, Kirk Round, from the audience to serve as his model, and aged him over fifty years in forty-five minutes. Dr. Spoon said he wanted his class of future

orthodontists to understand that the treatment outcome can be very different with the same procedure when working on a young teen versus an adult whose lip may drape differently over their dentition.



AAO 2013 — Philadelphia, PA

The 113th AAO Annual Session "The Key to Excellence" was held at the Philadelphia Convention Center, from May 3 to 7, where more than 16,500 orthodontists, residents, staff and retired professionals from 88 countries attended the event. A variety of topics including New trends in orthodontics, TADs, Lingual orthodontics, Interdisciplinary treatment, Practice management among others were discussed.

As usual, "Eastman Orthodontics" was well represented. Faculty members, including Dr. Subtelny, alumni and residents had the opportunity to share and catch up during the alumni reception held on Saturday night. During the Convention, Dr. Aliakbar Bahreman's book "Early-Age Orthodontic Treatment" a work of 17 years, was released.



Future Plans: Class of 2013

Graduation will be held on June 28th at the Daisy Flour Mill in Rochester, NY.

Future plans:

Aida Ameri, DDS— private practice in Bakersfield, CA
Benjamin Hardyk, DDS— private practice in Stockton, CA
Jeremiah Juson, DDS— community health center practice in Fall River, MA
Patra Ong, DDS— private practice in Allentown, PA
Rupali Shah, DDS— private practice in Buffalo, NY
Leopoldo Vesco, DDS— joining his father (Dr. Vesco '83) in private practice in Guatemala City, Guatemala



ORTHODONTICS DEPARTMENT

Hot Seat Bios : Welcome to the Class of 2015!

Elizabeth Barbi, DDS

Elizabeth was born and raised in Lyons, New York. She spent her undergraduate career at SUNY Geneseo and received a BS in Biology in 2009. Elizabeth earned her DDS this past May at Stony Brook University School of Dental Medicine. She enjoys playing soccer and softball.



Hugo Calero, DDS

Hugo Calero was born in Cali, Colombia, where he attended the University del Valle and received his DDS. After spending several years in private practice, he moved to New York City in 2007, where he studied professional theater and became part of theater and film productions. In 2009, he was accepted for the TMJ fellowship at Eastman. After graduating from the TMJ fellowship, he completed 3 years of the International AEGD program, which included 1 year in Community Dentistry and 2 years in AEGD combined with a fellowship in Pediatric Dentistry. He enjoys movies, dancing, soccer and food.

Timothy Calnon, DDS

Timothy Calnon, DDS. Tim was born and raised in Rochester, NY. He attended undergrad at SUNY Geneseo and recently received his DDS from the University at Buffalo. In his spare time he enjoys running and golfing. Tim is elated to join the Eastman Orthodontic family and to come back home to Rochester.

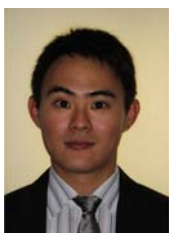


Tyler Hart, DDS

Tyler was raised in Heber City, UT and graduated with a degree in microbiology from Brigham Young University followed by dental school at Virginia Commonwealth University. He practiced in Texas for two years then completed a two-year TMJ Fellowship here at Eastman prior to being accepted into the orthodontic program. He loves camping with his wife, Jana, and three daughters Fae, Lexi, and Ellery. When not doing family activities, he enjoys running and cycling. Tyler is very grateful and excited to be a part of the orthodontic program.

Shane Markey, BDS, DDS

Shane was born in the New Jersey, and moved with his family to Ireland at a young age. He grew up in County Down, N. Ireland and then moved to England to study dentistry, achieving his BDS degree from The University of Liverpool Dental School in 2001 and Membership of the Joint Dental Faculties of The Royal College of Surgeons, London, in 2008. After a period in residency and private practice, he returned to the US and graduated in May of 2013 from NYU College of Dentistry with a DDS degree. The family ethos and supportive environment to the Eastman Ortho program, was, for Shane, key in deciding to apply to Rochester. He's looking forward to the start of a whole new career, in America and is excited to become an Eastman-trained Orthodontist!



Thian Srisurapol, DDS

Thian was born and raised in Khon Kaen, Thailand close to the area that dinosaur fossils were found. He went to Khon Kaen University and received his DDS from the Faculty of Dentistry in 2008. He moved to Phuket, Thailand to work in a community hospital for three years before he went to Arizona as an orthodontic research fellow in 2011. Thian enjoys scuba diving, traveling, meeting new people, and learning new things.

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