

Hotseat

Spring 2014

Orthodontics Division Newsletter Eastman Institute for Oral Health

From the Chairman



Group dynamics is a perplexing phenomenon. It works well when everybody is on the same page – but boy, does it break down when people are not on the same page, and when somebody thinks there is nothing bigger than the individual

"self". How is it possible to be so self-centered?

You all know a great number of people through experiencing personal interchange -through word of mouth or through reading about them although you never met them. Have you ever met Rembrandt or Van Gogh? Yet you still know their paintings. None of us have met Edward Hartley Angle, but we still follow and use his basic appliance despite its extensive innovations. I keep thinking of our alumni association. We all started out as individuals - myself included (with each new class) and after two years, we were near to being a "close family". We may have moved continents apart, but when we manage to come together -meetings or just visiting – we greet each other happily, and feel a close kinship. It's as close as it could possibly get to a "family atmosphere" and now that I think about it, we have slowly but surely been developing a large family. We graduated our first class in 1957 and recently, we graduated our 56th class. Wow! To some it is almost a lifetime; to us it's a short time of making friends.

I got a "big kick" out of John Grahams "Hot Seat" treatise on Retention in the JCO recently.

Some of the answers were quite interesting and even humorous although there seemed to be a fairly consistent theme – disruptive muscle patterns and undesirable skeletal growth directions- you name it! There seems to be some "sameness" in the retainers supplied, but a greater variety in the skeletal patterns, muscle patterns, growth patterns etc., etc. Variation is the name of the game – but we have a tendency to throw the same retainers into most of our patients' mouths. Isn't it time we thought out Retention a little more intelligently? We have got to put as much "thinking" into Retention as we put into diagnosis and treatment. In retention we have to try - at least try - to make the punishment (Retention) fit the crime (all the facets involved in the variables we have to contend with in an individual malocclusion). All malocclusions are NOT ALIKE! Should all retainers be alike? I think not - but I have vet to come up with the magic One and Only Great Retainer. Maybe we can get our Great Family together and find the "Magic Retainer". In the meantime, we have to seriously think each retainer out to properly suit each individual patient.

As an example – when we corrected a bilateral cross-bite, why, why, do we put in a maxillary Hawley Retainer when it takes up palatal space and prevents the tongue from getting up there?? I can't figure out why! A better question would be – "why shouldn't we" – or is this negative thinking? I think not!! I think it's POSITIVE THINKING!

Alumni News 2014

Announcements:

- Dr. Leopoldo Vesco (Class of 2013) has been named as a part-time teacher in the orthodontic program of San Carlos State University, Guatemala.
- Congratulations to our alum Bruce Haskell, DMD, PhD, FACD who was recently named President of the Louisville Dental Society.
- The Angle Orthodontist is publishing an article titled "The relationship of vertical skeletofacial morphology to oropharyngeal airway shape using cone beam computed tomography: possible implications for airway restriction" by Jennifer A. Haskell (Orthod Class of 2010), Bruce S. Haskell (Orthod Class of 1975), Michael E. Spoon (Orthod Class of 1991), and Changyong Feng (Associate Professor of Biostatistics and Computational Biology, University of Rochester). The research was completed at Eastman Dental using a sample from Joel Brodsky (Orthod Class of 1976)

Damon Forum 2014 Phoenix Arizona

This past January the Ormco sponsored the senior residents, led by Dr. Bellohusen, to Phoenix for the Damon Forum held at the IW Marriott Desert Ridge Resort. Lectures ranged from an overview of the Damon philosophy to the latest in orthodontic technology. The group walked away with a new appreciation of Dr. Bellohusen's commitment to bring this system into the Eastman clinics, and gave them the prowess to use it. When not at lectures, the conference offered a chance for residents to enjoy nearby Scottsdale, and Tempe at a dinner with alumni including Dr. Joseph Detrich. The conference ended with a Great Gatsby themed ball with all the props to boot.

Dr. Subtelny's Christmas Party

The annual Christmas party was extra festive this year with the accompaniment of a snowstorm, and exceeded the expectations of all. Live piano music set the stage for dancing led by the host, and the food was delicious.



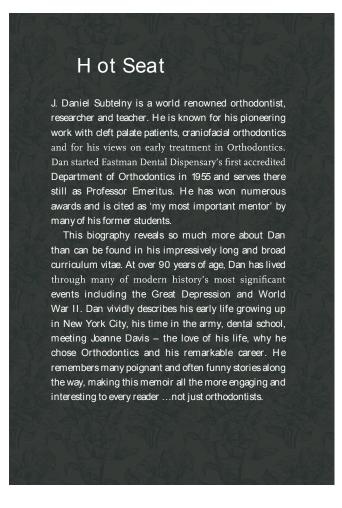
Class of 2013:

Congratulations to the following new orthodontists:

- -Aida Ameri D.D.S. in California
- -Benjamin Hardyk D.D.S. in California
- -Jeremiah Juson D.D.S. in New York
- -Patra Ong D.D.S. in Pennsylvania
- -Rupali Shah D.D.S. in New York
- -Leopoldo Vesco D.M.D. in Guatemala

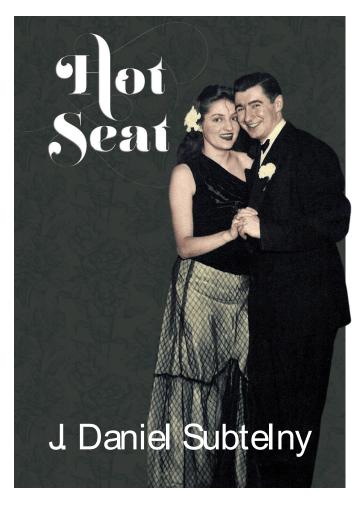


HOTSEAT: Eastman Institute for Oral Health



H ot Seat

J Daniel Subtelny



Well, it's about time – and well, here it is! It's not earthshaking, nor is it a story where you will be brought out of the darkness, and come to see the light. If it's not this or that, exactly what is it?

The book approaches 200 pages, and is all about "us", and surprisingly its title is "Hot Seat". The cover picture is of Joanne and me, when my hair was still black, and we are dancing at my senior dental prom. I was courting her then, and trying to get her to say yes. "Those were the days my friend..."

It's really a story of the evolution of our orthodontic department, of our philosophy, and of our growth. It is a story of some of the great faculty members we have had in the past, and those we still have at present. Unfortunately, some of our great faculty members are no longer with us, but our memories of them are still with us, and their contributions to our knowledge, are still embedded in our minds.

Please note, the book is not for sale for personal gain. It is for sale for a contribution to our orthodontic department.

We want to keep our Ortho department a viable growing department. Together we have created something really worthwhile, and good. Let's keep it that way and keep our department going. Please contact the orthodontic department for a copy and information about a voluntary contribution at Lisa Grasta@urmc.rochester.edu or 585-275-5012.

Alumni News 2014

New Staff:

Lisa Grasta was recently hired as secretary of the Division of Orthodontics and Dentofacial Orthopedics. She has already proven herself to be a valuable asset.



GORP:



This past August the residents made their way down to Chapel Hill NC for the 25th annual Graduate Orthodontic Residents Program (GORP) Conference where residents from every orthodontic program in the country come together all in one place. This was a great chance for residents to meet the icons such as Dr. William Proffit.



HOTSEAT: Eastman Institute for Oral Health

Alumni News

Hotseat Bios: Welcome to the class of 2016!



Christopher D. Baker: From Hanover, NH has been a member of the Eastman family since 2012, when he was accepted into the 2-year Fellowship in Orofacial Pain. Prior to Eastman, Chris attended the University of New Hampshire, where he received his B.A. in Political Science in 2005. After graduation, he worked as a men's soccer & alpine ski racing coach, while completing a Post-baccalaureate Pre-Med program at the University of Vermont. He received his DMD from Boston University in 2012. In his spare time, Chris enjoys being with family and friends, rooting for Boston sports, and training for bike races throughout the northeast.



Annia LeGoff was raised in Clifton NJ. She attended Seton Hall University in South Orange, NJ where she received her BS in Biology and minors in Chemistry and French. Annia will be earning her DDS and MPH this coming May 2014 from Columbia University College of Dental Medicine and Mailman School of Public Health. In her free time she likes working on small home repairs, watching period dramas and House Hunters. Annia is very grateful and excited to become part of the Eastman family.



Dimitrios Michelogiannakis: was born in Rochester NY but was raised in Athens, Greece. He attained his DDS degree from the University of Athens in 2012. He practiced general dentistry in his family's private clinic as well as during his compulsory military service. During his free time he enjoys marathon running, swimming, water polo, playing chess and competing in debate tournaments. Dimitrios is very excited to join the Eastman Orthodontic family, while spending some years at his birthplace.



Omar Said: from Paris, France, was raised in Cairo, Egypt. He graduated from Dental school at Cairo University in 2010, and completed a one year externship there after graduation. Concurrently he began training at a private orthodontic practice. After, he attended orthodontic courses at the University of Bordeaux in France, then continued working in the same private orthodontic clinic for another 2 years. In 2013 he completed a pedodontic residency in Cairo, and went on to a preceptorship in orthodontics at UCLA. Aside from teeth, he enjoys playing soccer, waterskiing, camping.



Lauren Vitkus: was raised in Skaneateles, N.Y. & attended college at Brown University in RI, graduating with her degree in Civil Engineering in 2009. Prior to dental school, she spent a year as a graduate assistant coaching lacrosse at LeMoyne College in Syracuse, N.Y. She received her DDS this past May from the University at Buffalo School of Dental Medicine. She enjoys spending time with her family, traveling, cooking and outdoor activities. She is very much looking forward to what the next two years will bring!



Tatiana Witte: was born in a small town in Western Ukraine next to the Carpathian Mountains. When Tatiana was 21 years-old, she immigrated to the United States, and obtained her bachelors degree in biology from the Ohio State University along with her DDS from University of California, Los Angeles. Tatiana is very excited to join the Eastman Orthodontic family this year. She enjoys spending time with her husband, Curt, and her 5 year-old daughter, Katerina. She loves traveling, outdoor activities and music."

University of Rochester
Eastman Institute for Oral Health
Division of Orthodontics
625 Elmwood Avenue
Rochester, NY 14620-2989

Please send us your news!