

MyHealth

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GOAL

- Product labels can be overwhelming
 - 90 million Americans misinterpret medicine labels
- Some information is more relevant to each consumer
 - Not everyone is fully aware of what will affect them directly
- Relevant for prescribed drugs and OTC medications
- FDA Priority Area 8 (3c)

1	Drug Facts	Drug Facts (continued)	
	Active ingredient (in each caplet)	Stop use and ask a doctor if	
	Acetaminophen 500 mg.....Pain reliever/fever reducer	<ul style="list-style-type: none"> ■ pain gets worse or lasts more than 10 days ■ fever gets worse or lasts more than 3 days ■ new symptoms occur ■ redness or swelling is present These could be signs of a serious condition.	
	Purpose	If pregnant or breast-feeding , ask a health professional before use.	
	Pain reliever/fever reducer	Keep out of reach of children. Overdose warning: In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222). Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.	
2	Uses	Directions	4
	temporarily relieves minor aches and pains due to:	do not take more than directed (see overdose warning)	
	<ul style="list-style-type: none"> ■ the common cold ■ headache ■ minor pain of arthritis ■ backache ■ muscular aches ■ toothache ■ premenstrual and menstrual cramps ■ temporarily reduces fever 	adults and children 12 years and over <ul style="list-style-type: none"> ■ take 2 caplets every 6 hours while symptoms last ■ do not take more than 6 caplets in 24 hours, unless directed by a doctor ■ do not use for more than 10 days unless directed by a doctor 	
3	Warnings	children under 12 years	5
	Liver warning: This product contains acetaminophen. Severe liver damage may occur if you take	ask a doctor	
	<ul style="list-style-type: none"> ■ more than 4,000 mg of acetaminophen in 24 hours ■ with other drugs containing acetaminophen ■ 3 or more alcoholic drinks every day while using this product 	Other information ■ store at 20-25°C (68-77°F)	6
	Allergy alert: Acetaminophen may cause severe skin reactions. Symptoms may include:	Inactive ingredients carnauba wax, corn starch*, croscarmellose sodium*, hypromellose, polyethylene glycol, povidone, pregelatinized starch, sodium starch glycolate*, stearic acid *may contain one or more of these ingredients	7
	<ul style="list-style-type: none"> ■ skin reddening ■ blisters ■ rash If a skin reaction occurs, stop use and seek medical help right away.	Questions or comments? 1-800-719-9260	
	Do not use ■ with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.		
	■ if you have ever had an allergic reaction to this product or any of its ingredients		
	Ask a doctor before use if you have liver disease		
	Ask a doctor or pharmacist before use if you are taking the blood thinning drug warfarin		

The screenshot shows the FDA's Drugs@FDA website. The header includes the FDA logo and navigation links for Home, Food, Drugs, Medical Devices, Radiation-Emitting Products, Vaccines, Blood & Biologics, Animal & Veterinary, Cosmetics, and Tobacco Products. The main content area is titled "Drugs@FDA: FDA-Approved Drugs" and includes social media sharing options (Share, Tweet, LinkedIn, Print, Email, Print). Below this, it lists the "New Drug Application (NDA): 019872" and the "Company: J AND J CONSUMER INC". A section titled "Products on NDA 019872" contains a table with columns for Drug Name, Active Ingredients, Strength, Dosage Form/Route, Marketing Status, TE Code, RLD, and RS.

Drug Name	Active Ingredients	Strength	Dosage Form/Route	Marketing Status	TE Code	RLD	RS
TYLENOL	ACETAMINOPHEN	650MG	TABLET, EXTENDED RELEASE;ORAL	Over-the-counter	None	Yes	Yes
TYLENOL	ACETAMINOPHEN	650MG	TABLET, EXTENDED RELEASE;ORAL	Over-the-counter	None	Yes	Yes

Showing 1 to 2 of 2 entries

FDA Drug Database



The screenshot shows the MyDMGHealth patient portal interface. The header includes the Epic logo and navigation links for Menu, Visits, Messages, Test Results, and Medications. The main content area is titled "Test Results" and includes a search bar. Below the search bar is a table with columns for Test, Ordered By, and Date. The table lists several tests, including COVID-19 PCR, Ultrasound Scan Abdomen, Vitamin D, and various metabolic panels.

Test	Ordered By	Date
2019 NOVEL CORONAVIRUS (COVID-19), PCR DMG	Mahnukh Subhani, MD	Jan 26, 2021
Ultrasound Scan Abdomen	Mahnukh Subhani, MD	Jan 17, 2021
VITAMIN D, 25-HYDROXY	Mahnukh Subhani, MD	Jan 14, 2021
COMP METABOLIC PANEL (14)	Mahnukh Subhani, MD	Jan 14, 2021
HEMOGLOBIN A1C	Mahnukh Subhani, MD	Jan 14, 2021
TSH W REFLEX TO FREE T4	Mahnukh Subhani, MD	Jan 14, 2021
LIPID PANEL	Mahnukh Subhani, MD	Jan 14, 2021
URINALYSIS, ROUTINE	Mahnukh Subhani, MD	Jan 14, 2021
CBC W/ DIFFERENTIAL	Mahnukh Subhani, MD	Jan 14, 2021

There are no more test results available.

Test Result Tips: DuPage Medical Group is committed to ensuring you have the best access to your medical information, results from tests ordered during or prior to your appointment will be released to you as soon as they are received. In some cases, you may see test results prior to your clinical care team being able to review those results. Rest assured, your care team will review all results and communicate any follow up instructions to you. Should you have any urgent questions or concerns about your test results, choose the Ask A Medical Question message and route your question to the provider that ordered your test. You may need to click on the Show Hospital Results box next to the search box to see Hospital testing results.

ASK A MEDICAL QUESTION

Patient Electronic Medical Records

U.S. National Library of Medicine

MedlinePlus
Trusted Health Information for You

ergocalciferol

About MedlinePlus What's New Site Map Customer Support

Health Topics Drugs & Supplements Genetics Medical Tests Videos & Tools **Español**

combat COVID hhs.gov
COVID-19 is an emerging, rapidly evolving situation.
Get the latest public health information from CDC: <https://www.coronavirus.gov>
Get the latest research information from NIH: <https://covid19.nih.gov>
Learn more about COVID-19 and you from HHS: <https://combatcovid.hhs.gov>

Home → Search Results Search Help

Refine by Type

All Results (655)

- **Health Topics** (26)
- **Medical Encyclopedia** (91)
- **External Health Links** (347)
- **Medical Tests** (10)
- **Genetics** (18)
- **Drugs and Supplements** (50)
- **National Institutes of Health** (132)
- **MedlinePlus Magazine** (10)
- **Healthy Recipes** (86)
- **Multiple Languages** (5)

Refine by Format

All Results (655)

- **PDF** (29)
- **Images** (6)
- **Videos** (5)

Vitamin D

Vitamins are substances that your body needs to grow and develop normally. Vitamin D helps your body absorb calcium. Calcium is one of the main building blocks of bone. A lack of vitamin D can lead to bone diseases such as osteoporosis or rickets. Vitamin D also has a role in your nerve, muscle, and immune systems.



You can get vitamin D in three ways: through your skin, from your diet, and from supplements. Your body forms vitamin D naturally after exposure to sunlight. However, too much sun exposure can lead to skin aging and skin cancer. So many people try to get their vitamin D from other sources.

(Read more)

Results 1 - 10 of 655 for **ergocalciferol**

- Vitamin D** (National Library of Medicine)
... your body needs to grow and develop normally. **Vitamin D** helps your body absorb calcium. Calcium is one ... main building blocks of bone. A lack of **vitamin D** can lead to bone diseases such as osteoporosis ...
<https://medlineplus.gov/vitamind.html> - Health Topics
- Vitamin D Deficiency** (National Library of Medicine)
What is **vitamin D** deficiency? **Vitamin D** deficiency means that you are not getting enough **vitamin D** to stay healthy. Why do I need **vitamin D** and how do I get it? **Vitamin D** ...
<https://medlineplus.gov/vitaminddeficiency.html> - Health Topics
- Ergocalciferol**

What special precautions should I follow?

Before taking ergocalciferol,

- tell your doctor and pharmacist if you are allergic to ergocalciferol, aspirin, tartrazine (a yellow dye in some processed foods and drugs), any other medications, or any of the ingredients in ergocalciferol capsules. Ask your pharmacist for a list of the ingredients.
- tell your doctor and pharmacist what other prescription and nonprescription medications, vitamins, nutritional supplements, and herbal products you are taking or plan to take. Be sure to mention any of the following: calcium supplements; other vitamin D supplements and fortified foods; or thiazide diuretics ("water pills") such as chlorothiazide (Diuril), hydrochlorothiazide (in many blood pressure medications), indapamide, and metolazone (Zaroxolyn). You and your caregiver should know that many nonprescription medications are not safe to take with ergocalciferol. Ask your doctor before you take any nonprescription medications while you are taking ergocalciferol. Your doctor may need to change the doses of your medications or monitor you carefully for side effects.
- tell your doctor if you have high blood levels of calcium and vitamin D, an abnormal sensitivity to high levels of vitamin D, or if you have malabsorption syndrome (problems absorbing food). Your doctor will probably tell you not to take ergocalciferol.
- tell your doctor if you have or have ever had kidney or liver disease.
- tell your doctor if you are pregnant, plan to become pregnant, or are breast-feeding. If you become pregnant while taking ergocalciferol, call your doctor.

What special dietary instructions should I follow?

Ergocalciferol will work only if you also get the right amount of calcium from the foods you eat. If you get too much calcium from foods, you may experience serious side effects from taking ergocalciferol. If you do not get enough calcium from foods, ergocalciferol will not control your condition. Your doctor will tell you which foods are good sources of calcium and how many servings you need each day. If you find it difficult to eat enough of these foods, tell your doctor. In that case, your doctor can prescribe or recommend a calcium supplement.

Your doctor may also prescribe a low-phosphate diet during your treatment with ergocalciferol. Follow these directions carefully.

What should I do if I forget a dose?

Take the missed dose as soon as you remember it. However, if it is almost time for the next dose, skip the missed dose and continue your regular dosing schedule. Do not take a double dose to make up for a missed one.

What side effects can this medication cause?

Ergocalciferol may cause side effects. Tell your doctor if any of these symptoms are severe or do not go away:

- pale skin
- tiredness

Some side effects can be serious. If you experience any of these symptoms, call your doctor immediately:

- feeling tired, difficulty thinking clearly, loss of appetite, nausea, vomiting, constipation, increased thirst, increased urination, or weight loss
- drowsiness
- muscle aches, stiffness, and weakness



Menu



Visits



Messages



Test Results



Medications



MyHealth



Aliza

Welcome!

Have you received care at UR Medicine? Create a link to see all your information in one place.



Explore

You have an appointment that needs to be scheduled. Make sure to schedule your



Schedule Now

Share Everywhere

Give one-time access to your health information to any clinician with a computer and internet access.

Learn More


Dismiss





View Details

View All (4)

Care Team and Recent Providers

 **MD**
Primary Care Provider
Internal Medicine

See provider details

Explore More

Price Transparency

Wondering how much a procedure costs?

Share Everywhere

Give one-time access to your health information to any clinician with a computer and internet access.



Menu



Visits



Messages



Test Results



Medications



MyHealth



MyHealth Library

Search MyHealth for information on medications' allergens, side effects, and more personalized to your medical history.

Find information on:

MYHEALTH SEARCH

BACK TO THE PREVIOUS PAGE

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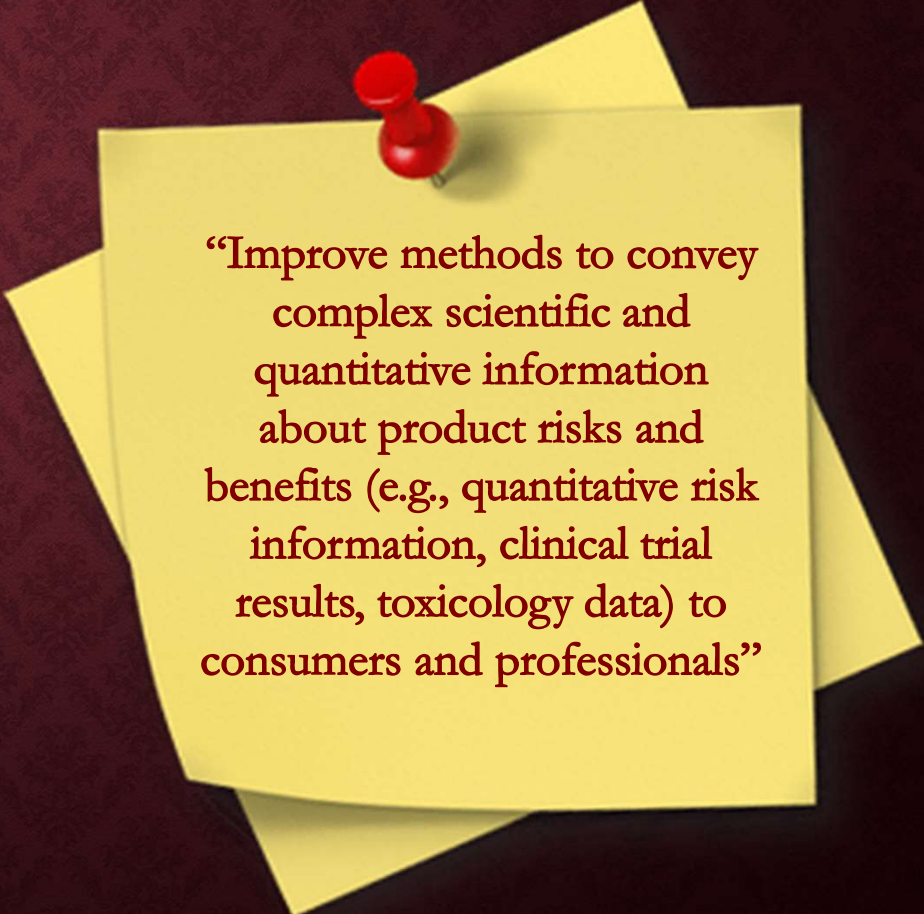
- pale skin
- tiredness

Some side effects can be serious. If you experience any of these symptoms, call your doctor immediately:

- feeling tired, difficulty thinking clearly, loss of appetite, nausea, vomiting, constipation, increased thirst, increased urination, or weight loss
- drowsiness
- **muscle aches**, stiffness, and weakness

MYHEALTH

- Patients can find relevant medication information through MyChart
 - Side effects
 - Interactions with other medications
 - Allergens
- Confidential
- Easily accessible for any patient
 - Increase MyChart usage
 - Use trusted source for information



“Improve methods to convey complex scientific and quantitative information about product risks and benefits (e.g., quantitative risk information, clinical trial results, toxicology data) to consumers and professionals”