

Emergency Department Research Associate (EDRA) Program

Beau Abar, PhD & Nancy Wood, MPA, MS

Department of Emergency Medicine
EMResearch@urmc.rochester.edu
(585) 275-1198



History

- In the mid-90s, influential EM researchers pioneered the use of undergraduate, pre-health profession students to enroll subjects into investigator-initiated research studies.
- Led to significant expansion of the scope of research performed in emergency medicine.
- URMC was a very early adopter of this model (1996).

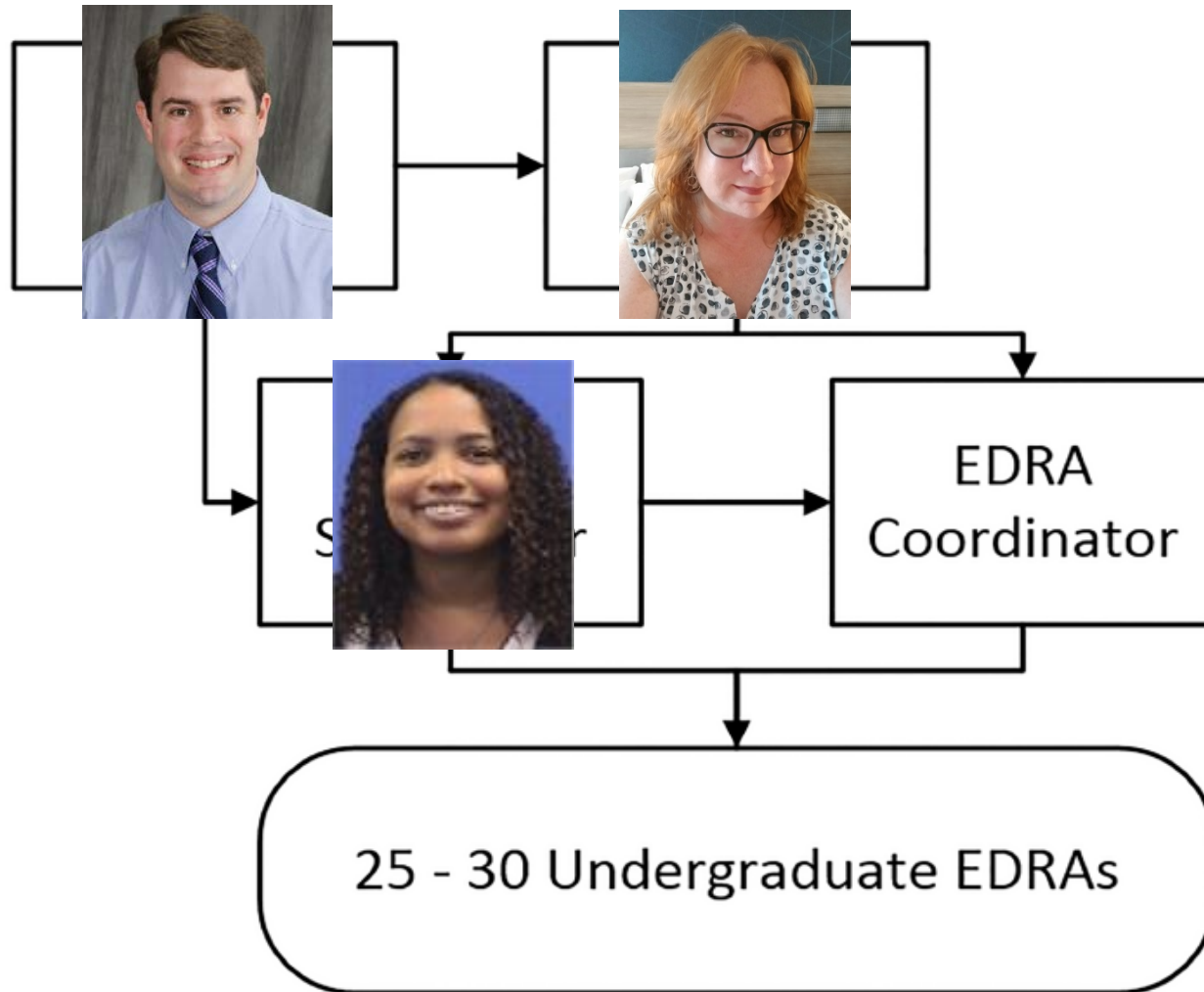


History

- In the past 10 years alone, over 20,000 study participants have been enrolled by the EDRA program into a wide variety of research studies.
- Been responsible for URMC being among the top enrolling institutions in many of the recent multi-center ED studies in which we participate.



So who are we...



What do we do, and how do we do it?

- Our EDRA program is a university service center, with funding received from investigators
 - Costs consist primarily of administrative effort, EDRA hourly wages, and training expenses, resulting in a fixed hourly rate for program utilization
- Our EDRA's are able to use the URMC EMR track-board to monitor characteristics of patients presenting to the ED
- Each login is monitored by hospital administration for appropriate usage



What do we do, and how do we do it?

- EDRAAs use this tool to initially screen patients for eligibility
- EDRA sometimes contact a PI/coordinator to alert them of a potentially eligible patient
- Other times the EDRA to approach those patients who meet the inclusion criteria
 - Introduce themselves/the study, answer any questions, determine capacity, and obtain document informed consent

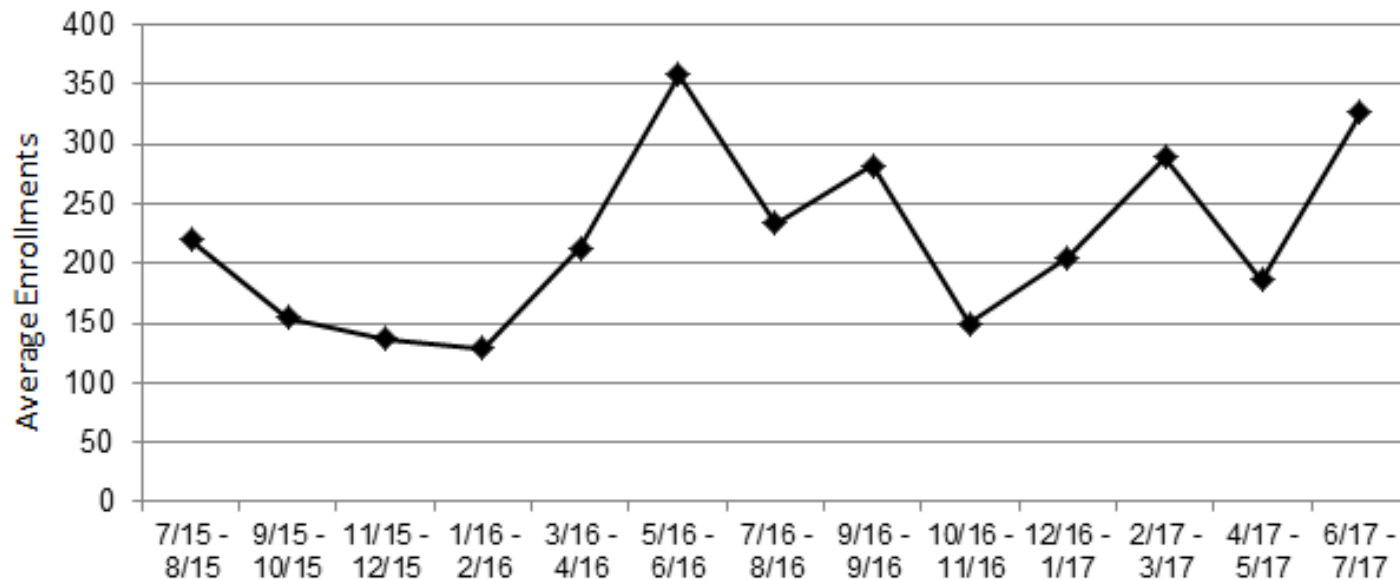


What do we do, and how do we do it?

- Responsibilities of our EDRAs following consent are highly variable.
 - Contact the contracted study team to hand off the consented patient
 - Perform study procedures
 - Administer surveys
 - Obtain specimens (e.g., nasal swabs, saliva, blood)
 - Perform brief interventions (e.g., brief motivational interviewing, referral to treatment).



So...are we any good?



- During same time period, program actively enrolled for an average of 8.98 studies at a time (range = 7 - 12).
- Importantly, across the wide variety of studies, we have demonstrated a 3 to 1 ratio of enrollments to refusals.



So... what is this gonna cost me?

- Our program does cost more than volunteers ☹️
- Relative to research assistants, we tend to be quite cost effective
- 16 hours a day/7 days a week
- Already trained and monitored
- Able to sign a contract and enroll within a week
- Umbrella RSRB approval

