



*Improving the health  
of our community  
through collaboration  
among our members:*

**University of Rochester**  
Strong Memorial Hospital  
Highland Hospital

**Rochester Regional Health**  
Rochester General Hospital  
Unity Hospital

**Monroe County**  
Department of Public Health  
Office of Mental Health

**Common Ground Health**

**Finger Lakes Performing  
Provider System**

*...and several additional  
community health partners  
in Monroe County  
and the region*

*Coordinated Through  
The Center for Community  
Health & Prevention, URM*

46 Prince Street  
Rochester, NY 14607

(585)-602-0801

## Who We Are

The Community Health Improvement Workgroup (CHIW) is a collaborative group of leaders from hospitals, the health department, and community agencies that meets monthly to advance the Community Health Improvement Plan's priorities for Monroe County, NY.

## Our Mission

To improve the health and wellness of individuals and families of Monroe County by addressing prioritized needs and inequities through sustainable systems change built on collaboration and supported by shared resources.

## Our Work

Every three years, through a process mandated by the Affordable Care Act, and the New York State Department of Health, non-profit hospitals and the health department conduct a Community Health Needs Assessment (CHNA) to determine areas of community health concern. With community input, we prioritize community health needs and develop and implement a Community Health Improvement Plan (CHIP) to address the most pressing issues of our community. An overview of the CHNA and CHIP can be reviewed in the Executive Summary. After the creation periodically of the CHNA and the CHIP, the work of the CHIW becomes implementation and evaluation of the plans.

## The Plan

The Monroe County 2025 - 2027 Collaborative Community Health Improvement Plan is focused in the following areas:

**FOCUS 1: POVERTY:** Monroe County seeks to lower its poverty rate by expanding equitable workforce development in health positions and addressing the health impacts of unemployment and poverty. Efforts include screening for social needs and connecting individuals to community resources through partnerships,

**FOCUS 2: ANXIETY & STRESS:** To reduce frequent mental distress among adults, the county plans to promote evidence-informed mindfulness practices, trauma-informed care, and social prescribing to connect residents to local activities and supports that improve well-being.

**FOCUS 3: MATERNAL MORTALITY:** Monroe County is working to reduce maternal mortality, especially reducing disparities, by expanding access to doulas and home visitation programs. The initiative also uses demographic-stratified data to identify and address health disparities.

## Expectations

The CHIW typically meets the 3rd Monday of each month from 3:30 to 5 pm via Zoom. Members are expected to join and actively participate in discussions and to share best practices with the group.