

CANCER SERVICES PROGRAM OF THE FINGER LAKES REGION (CSP-FLR)

WELCOME!

Meet the Team



Michele joined the team as program manager in August of 2019. She

comes to us from Highland Family Planning with many years of grant management experience.



Gabriela, "Gaby," is our staff veteran and case manager.

She is a Registered Nurse and has been with the program since 2010 and is a wealth of knowledge. We turn to Gaby when clients need diagnostic services or we have other clinical questions.



Casara is our intake and enrollment specialist.

She is the first point of contact for clients enrolling in our program. Casara also ensures that forms get to and from provider offices.

Welcome to the first edition of our quarterly newsletter for the Cancer Services Program of the Finger Lakes Region (CSP – FLR). The CSP, which is funded by the State of New York and facilitated by the Center for Community Health & Prevention, is pleased to help uninsured men and women throughout Livingston, Monroe, Wayne, Ontario, Yates, and Seneca Counties get screened for breast, cervical, and colorectal cancer. We are excited to launch this newsletter to share updates in cancer prevention!

January is **Cervical Cancer Awareness Month!** Almost all cervical cancer is caused by the human papillomavirus (HPV). There are over 100 different kinds of HPV, however, there are 13 types of HPV that are considered high-risk types that are more likely to develop into cancer (CDC, 2018). Although nearly all sexually active men and women will acquire at least one type of HPV at some point in their lives, vaccination and regular screening can prevent cervical cancer. The Advisory Council on Immunization Practices (ACIP) recommends vaccination against HPV for both males and females at age 11 to 12; through age 26 for females and age 21 for males, if not previously vaccinated. In New York State, only 55.8% of adolescents 13 through 17 have completed the HPV series, although 71.5% have received at least one dose in the series. Screening for cervical cancer can be done by a Pap smear and/or HPV testing. During a Pap smear, a collection of cells are taken from the cervix to check for cells that are abnormal and may become cancerous. An HPV test can be done during a Pap smear or alone, but the test looks for high-risk HPV types that can cause cell changes, and possibly cancer.



CERVICAL CANCER AWARENESS MONTH

PARTNER SPOTLIGHT

Is your organization or clinical practice hosting a cancer prevention event?

Do you have a "big or small win" related to breast, cervical, or colorectal cancer prevention that you would like to share with the community?

Contact us at CSP@URMC.rochester.edu for the chance to be featured in our newsletter!

Screening Tip

Don't miss the chance to educate your patients about cervical cancer! Is your patient coming in for an STI, UTI, or other sick visit? Check to see if they are due or overdue for a cervical cancer screening and, if time allows, screen then. If not, make a note for them to schedule their appointment on the way out!

Finger Lakes Region

Cancer Services Program

Your partner for cancer screening, support and information

This program is supported with funds from the State of New York.



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Jana provides group and one-to-one education in Monroe County. She also works with

providers throughout the Finger Lakes Region to ensure our clients have access to the services they need.



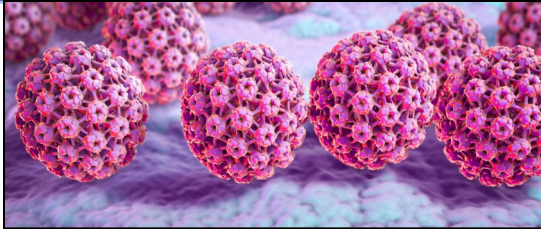
Hannah is located in Canandaigua and travels across Wayne, Ontario, Yates, and

Seneca to provide group and one-to-one education. Hannah splits her time with another cancer prevention program at the Center for Community Health & Prevention, Promote Health. Prevent Cancer.



One of the newest members of our team, **Caleigh**, joins us from the

URMC Billing Department. Caleigh has jumped right in and comes with a wealth of knowledge in billing and insurance. She will be the patient navigator working with a partnering practice to improve their screening rates.



Common Myths and Misconceptions about the Human Papillomavirus (HPV) and Cervical Cancer

Myth #1: I have no family history of cervical cancer, so I don't need to be screened. (CDC, 2018)

Fact: Most cervical cancers are caused by infection with HPV. Almost all sexually active people will get HPV at some point in their lives. Because of this, lack of cervical cancer in family history is not a reason to skip screenings.

Myth #2: If you have HPV, you will get cervical cancer (Mount Sinai, 2019)

Fact: Getting HPV does not mean you will get cervical cancer. Although HPV is very common, cervical cancer is not. For most women HPV infections will go away on their own without causing cell changes that lead to cervical cancer. Regular screening can detect cell changes if they start to occur and provide an opportunity to treat them before cervical cancer can occur.

Myth #3: Only women can get HPV (University of Nevada, 2018).

Fact: Both men and women can get HPV. That is why vaccination is recommended at age 11 to 12, before sexual activity. Although men will not develop cervical cancer from HPV infection, there are several other cancers that can be caused by HPV in males.

Myth #4: "I've been vaccinated against HPV. I don't need to be screened." (Mount Sinai, 2019)

Fact: There are over 100 different types of HPV. More than a dozen are known to cause cancer. HPV vaccinations only protect against two cancer causing strains.

What does the CSP offer?*

- Clinical breast exams and screening mammograms for uninsured women 40 and older.
 - Pap and pelvic exams for uninsured women 40 and older.
 - At-home kits to screen for colorectal cancer for uninsured men and women age 50 and older.
- * Personal and family history might change eligibility for when testing happens and what tests can be covered through our program. Unsure? Call us at 1-877-803-8070.

- ◇ **Are you interested in provider in-service education or education to your patients or clients?** Contact Jana at Jana_Darlington@urmc.rochester.edu.
- ◇ **Do you have questions about our program or services?** Visit us at getscreened.urmc.com.
- ◇ **Would you like to receive this newsletter?** Email CSP@URMC.rochester.edu.

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