Respiratory Distress Pathway

Remain calm

Suction the trach

If problems continue, change the trach.

If you have an inner cannula, change that, too.

If you **can** reinsert the trach, and breathing is still hard:

- Check oxygen tubing/tank.
- Give nebulizer if prescribed.
- Do CPT.

If you **cannot** reinsert the trach:

- Reposition child.
- Re-lubricate tube.
- Wipe away secretions.
- Attempt reinsertion.
- If you can't reinsert the trach, try a trach one size smaller.

If child stops breathing or breathing very slowly, give rescue breaths using the **resuscitation/ambu bag** attached to the trach. Make sure chest is rising with each breath.

1 breath every 3 seconds

If still unable to reinsert trach, and the child is still having trouble breathing, give rescue breaths using the **resuscitation/ambu bag,** with mask covering child's mouth and nose. Be sure to cover stoma with gauze and tape.

1 breath every 3 seconds

Call 911.

Continue to use resuscitation bag

until child begins to breathe on their own or the ambulance arrives.

If child becomes limp or very blue, begin CPR.