

Emergency/Disaster Preparedness Plan

- ✓ The Ambu bag is your PRIMARY piece of emergency equipment. This should be with your child at all times.
- ✓ Have an emergency contact list of providers and family members readily accessible.
- ✓ Ensure the 'Go-Bag' travels with your child at all times.
- ✓ Your home should have fire extinguisher, smoke alarms and carbon monoxide detector. Check batteries every 6 months.

Long term loss of power:

- Ensure *back-up ventilator battery* has full charge. Check this daily. The internal battery only provides power to the ventilator for a limited amount of time.
- You can estimate how long power is expected to be out by calling local power provider.
 - RG&E (800-456-5153)
 - NYS Electric and Gas (800-456-5153)
 - National Grid (315-428-5140)
- *Identify a facility with a backup power source* (such as emergency power generator). Call and discuss your child's needs, and availability of the facility during possible emergency. Possible facilities include:
 - Local police, fire or EMS station
 - Nearest hospital
 - Local hotel
 - Friend or family member who has not lost power, or with generator in the home, or
- When power is restored, *ensure settings of the ventilator and other devices have not changed*, as some will reset to factory settings.

Options for back-up power at home:

- External battery pack
 - This is a portable battery that produces AC and/or DC power.
 - There are different types and capacities, typically this will need to produce more than 300watts to power a ventilator alone.
 - This needs to be kept to a maximum charge, follow manufacturer instructions.
- Generator
 - Generators need to be stored in a well ventilated area. Apartment buildings are not appropriate for generator use due to being gas powered.

- Talk with your DME provider to calculate how much power is needed to power devices
- Car battery and power inverter
 - Do not leave car running in an enclosed space due to carbon monoxide. Do not use a humidifier device in a car.