# Lead poisoning is the number one preventable environmental health threat to children!



## How Do Children Get Lead Poisoning?

When a child licks, swallows, or breathes in dust from lead paint. Wash away lead dust, if you live in a home built before 1978.

## How Can Lead Poisoning Harm My Child?

Lead poisoning can cause problems with:

- a child's growth
- a child's behavior
- a child's ability to learn.

Lead can also harm babies before they are born. If you're planning to have a baby, it's important to protect yourself from lead now.

## How Can You Protect Your Family?

Be aware, homes built before 1978 most likely contain lead based paint.

### Keep children away from lead paint and dust

- Use wet paper towels or damp mop to clean up lead dust. Be sure to clean around windows, play areas, and floors.
- Wash hands and toys often, especially before eating and sleeping. Use soap and water.
- Use contact paper or duct tape to cover chipping or peeling paint.



## Don't Bring Lead into Your Home

Be extra careful with jobs or hobbies that involve working with lead such as:

- Building restoration
- Plumbing
- Stained glass work
- Using lead bullets, fishing sinkers, some craft paint, some kinds of pottery glaze, and lead solder.
- Imported spices, cosmetics, and ethnic home remedies



#### **Renovate safely**

- Home repairs like sanding or scraping paint can make dangerous dust.
- Keep children and pregnant women away from the work area.
- Make sure you and/or any workers are trained in lead safe work practices.

#### Testing My Child for Lead Poisoning

A child with lead poisoning may not look or feel sick. The only sure way to know is to get a blood test. Ask your child's doctor or your local health department about having your child tested TODAY!



#### **New York State Law**

Requires doctors to test ALL children for lead at age 1 and again at age 2.

For more information about lead or to have your child tested for lead, contact your local health department's lead poisoning prevention program:

Chemung County (607) 737-2028

Livingston County (585) 243-7299

Ontario County (585) 396-4343

Schuyler County (607) 535-8140

Seneca County (315) 539-1920

Steuben County (607) 664-2438

Wayne County (315) 946-5749

Yates County (315) 536-5160

## Finger Lakes Coalition to



#### Mission:

Increase awareness and promote the prevention and early detection of lead poisoning in our communities

#### Vision:

Eliminate lead poisoning in the Finger Lakes Region

www.bit.ly/FingerLakesLeadCoalition

