## UR Medicine Food Pantry Nourish today for a better tomorrow



## **Food Drive Needs**

Non-perishable food items only, please!

- Canned vegetables
- Peanut butter
- Pasta box/bag Whole wheat or egg noodles
- Canned or vacuum sealed meat
- Rice
- Crackers
- Cereal not XL boxes for bag packing purposes
   Cheerios, Bran flakes, Rice Krispies or Chex
- Oatmeal tub or instant oats (low sugar)
- Canned fruits 100% juice or water
- Applesauce unsweetened
- Canned soup low sodium
- Jelly/jam no high fructose corn syrup
- Tomato sauce/Pasta sauce
- Beans

