Facing the Crowd:

WAYS TO UNDERSTAND AND DEAL WITH STIGMA AND UNHELPFUL ATTITUDES ABOUT YOUR CHILD WITH AUTISM.



Introductions

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During this module we will discuss:

 Stereotyping, Rejection, Isolation and Exclusion

Ways to respond to "the crowd"

Helpful Resources





Definition of Stigma:

Stigma refers to attitudes and beliefs that lead people to reject, avoid, or fear those they perceive as being different.



Stigma in the Community

- Misconceptions about autism don't help!
- "If You Know One Child with Autism...You know ONE Child with Autism".
- •What can you do?







Stereotyping





How to Overcome Stereotyping

- Teach
- "Preach"
- Be Proactive





Stigma in the Family



Educating your family.



Autism in Minority Families (Families of Color)







African American Families

Asian American Families

Latino/Hispanic Families

Rejection, Isolation, and Exclusion





Resources

- Family Resouce Centers: Federal family resource center that provides free resources, support, training and consultation to families of children with special needs birth to 5 years of age. New York State Office of Children and Family Services (518) 474-9613 or at info@ocfs.state.ny.us.
- <u>Parent Training and Impowerment Center:</u> Federal family resource center for all ages of children with disabilities.
- <u>Families for Early Autism Treatment of Northern NY:</u> A non-profit, volunteer-driven organization dedicated to providing advocacy and support for the Northern NY autism community.
- Strong Center for Developmental Disabilities: an interdisciplinary University Center for Excellence, is to bring the University of Rochester and its community together to provide professional education, state-of-the-art service, community education and information sharing, pioneering research, and advocacy in support of people of all ages with developmental disabilities.
- <u>Understood</u>: A website that gives parents practical ideas for social, emotional and behavioral challenges.
- **Disability is Natural:** A website that gives news ways of thinking about disability.



Autism Acceptance

different...



Are there other questions we can answer for you today?



Thank You!



