

THE HOEKELMAN CENTER

(PLC/CARE Program) www.hoekelmancenter.org



SCHOOL OF
**MEDICINE &
DENTISTRY**
UNIVERSITY OF ROCHESTER
MEDICAL CENTER

Exploratory Learning

Think about something that has fired you up in your day-to-day clinical and personal experiences over the past couple of weeks/months.

Maybe something you read, heard, observed. Perhaps an interaction with someone that struck a nerve.

Perhaps it has something to do with a specific patient encounter, or perhaps a systems problem, or perhaps a neighborhood problem.

Ideas:

- 1. Dig deep into a health-related social problem you have seen a lot of lately – housing, employment, access to affordable daycare – and become the local expert.**
- 2. Why won't my patient/family eat better/exercise more?**
 - * Do a home visit, or develop a community asset map for one of your patients, identifying valuable and accessible resources in and around their neighborhood.
- 3. Meet with one of your local legislators to discuss a topic of inspiration or concern.**
- 4. Create a community resource handout/poster/video that you can share with patients/families at the end of an appointment.**
- 5. Write an article on a community-based organization to be highlighted on the Kids' Thrive 585 website, or facilitate an interview for the Thriving Forward Podcast.**
- 6. Write a letter to the editor to the D&C or City Newspaper on a topic of inspiration.**
- 7. Create a "dot phrase" (aka smart phrase), letter template, or similar 'macro' in EPIC to more efficiently and effectively disseminate information to your patients, document social issues pertaining to your patient's health, or make more meaningful referrals to community-based resources.**
- 8. Attend and/or speak at a local legislative meeting.**
- 9. Other ideas? Ask and we'll probably say yes.**