

BEING A GOOD ADVOCATE

- BE a good listener
- BE collaborative
- BE polite
- BE on time
- Do your homework before you meet
- Keep a notebook/journal on all meetings and communications (include a current copy of your child's IEP)
- Have a list of all the items you want to talk about or ask about
- Try never to go alone, always have someone with you (friend, family member) so they can take notes for you
- Put a picture of your child on the conference table before the meeting begins to remind everyone who they are meeting about

•It's ok to disagree with the school, but always keep the lines of communication open and remain calm in the process.



- Attend School Board Meetings
- Keep in contact with your local legislators
- Volunteer at your school, help in your child's classroom
- Be involved in SAC (Student Advisory Councils)
- Become a member of your local Autism Society groups