**University of Rochester Medical Center**

**Breastfeeding & Lactation Medicine Block Diagram**

**FIRST YEAR BLOCK DIAGRAM**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Block**  | **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** | **9** | **10** | **11** | **12** | **13** |
| **Site**  | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 |  |
| **Rotation Name** | BFLM | Breast/BFLM | Research | BFLM | BFLM | BFLM | BFLM | Inpt | BFLM | Outpt and Supportive/Electives | BFLM | BFLM | Vacation |
| **% Clinical** | 80% | 90% | 20% | 80% | 80% | 80% | 80% | 100% | 80% | 90% | 80% | 80% | 0% |
| **% Research**  | 20% | 10% | 80% | 20% | 20% | 20% | 20% | 0% | 20% | 10% | 20% | 20% | 0% |

**SECOND YEAR BLOCK DIAGRAM**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Block** | **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** | **9** | **10** | **11** | **12** | **13** |
| **Site**  | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 |  |
| **Rotation Name** | Research | BFLM | BFLM | Collaborative Subsp/BFLM | BFLM | BFLM/Elective | BFLM | BFLM | Electives | BFLM | Research | BFLM | Vacation |
| **% Clinical** | 20% | 80% | 80% | 90% | 80% | 80% | 80% | 80% | 80% | 80% | 20% | 80% | 0% |
| **% Research** | 80% | 20% | 20% | 10% | 20% | 20% | 20% | 20% | 20% | 20% | 80% | 20% | 0% |

**Notes**

**BFLM Clinical Rotations:** 80% Clinical

30% Outpatient: 3 half-days per week in outpatient clinics

30% Inpatient: 3 half-days per week rounding inpatient

10% Lactation Study Center Calls (LSC)

10% Weekend call coverage, 2 of 4

20% Research

**Research Rotations:** 80% Research

10% Lactation Study Center Calls (LSC)

10% weekend call coverage, 2 of 4

**4 Required Rotations:**

Expectation to continue taking LSC calls and 2 of 4 weekend calls for each Rotation

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| --- |
|  |
| 1. Outpatient and Supportive Services, 2 weeks, **90% Clinical, 10% research** |
| Lactation Study Center Orientation x 1 week |
| **Prenatal intakes** in OBGYN clinic, MFM, and/or midwifery clinic x 1 week |
| 2. Inpatient Experiences, 4 weeks, **100% Clinical** |
| **NICU team rounding in AM**-complex team x 0.5 week-more stable team x 0.5 week**Birth Center/Nursery Care in PM** |
| **Inpatient LCs**: Birth experience vaginal and c/s skin to skin and baby crawl) x 2 weeks |
| **NICU Occupational Therapy** x 1 week |
| **Observation of Milk Techs**’ flow, orientation to Prolacta products |
| 3. Collaborative Subspecialties, 2 weeks, **90% Clinical, 10% research** |
| Pediatric GI/PANS clinic x 1 week |
| Pediatric Allergy x 1 week |
| 4. Breast anatomy and pathology, 2 weeks, **90% Clinical, 10% research** |
| Breast surgery x 1 week |
| Breast imaging x 1 week |

**Elective Rotations and Experiences, choose 2:**

1. Home Visiting Program: WIC, Newborn program, private Lactation Consultant, La Leche League

2. Pediatric Allergy x 2 weeks

3. Pediatric GI/PANS Clinic x 2 weeks

4. Milk banking, milk bank visit, milk techs, prolacta visit

5. Away rotation to another BFLM Clinic: Wisconsin, Virginia, Connecticut, California, Vermont, Pittsburgh

6. Visit to laser provider of frenotomy

7. Visit to Chiropractor or Craniosacral provider

8. Visit to speech-language pathologist

9. Visit to WIC BF Peer Counselors

**Other requirements:**

Attendance at community meetings when not in a clinic session: Rochester Regional Breastfeeding Coalition, Infant Feeding Collaborative, Rochester Hospitals Networking Meetings, Lactation Study Center/Finger Lakes Environmental Health Collaborative

Attendance at breastfeeding support groups x 4 in 2 years: Baby Cafes, La Leche League, Beautiful Birth Choices, PC groups

Attendance at Academy of Breastfeeding Medicine's yearly international meeting

**Consider:**

Attendance at ISRHML (International Society for Research in Human Milk and Lactation) biannual meeting

Attendance at NYS collaborative meetings