

WHAT WILL MY VISIT LOOK LIKE AND HOW DO I PREPARE?

A social story to prepare families and patients for a blood draw.

FOR PATIENTS GETTING THEIR BLOOD DRAW

1. I will drive in my car with my parents to the hospital.



2. I can bring something I like in the car and into my visit with me.



3. I will arrive at the hospital and walk to the Outpatient Lab.



4. A parent or staff will be with me.



5. I will check in and sit in the waiting room.



6. The person doing the blood draw will call my name when it is my turn.



7. When I get to the room I will sit down in a chair.



8. First the person helping me will look at my arm and put a rubber band (tourniquet) around my arm.



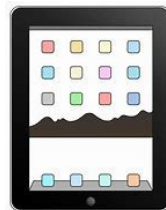
9. Then the person helping me will clean my arm with a wipe that feels cold and wet.



10. Then the person helping me will do my blood draw. They will count 1, 2, 3. I will sit still like a statue.



11. My parent or staff can help to hold my hands. I can also look at a book or a tablet.



12. When it is all done the person helping me will put a Band-Aid on my arm.



13. After I'm finished, my mom, dad, or caregiver can reward me with something special.

