



What should participants expect?

Visits are scheduled at specific times during a study. Typically, a thorough evaluation may include:

- Detailed medical history
- Physical examination
- Neurological examination
- Mental status exam
- Laboratory tests
- CT, MRI and/or PET scans

Participants must have a consistent study partner for all visits.

Visit our website at urmc.rochester.edu/ADCARE for more information and help.

Our Location.

AD-CARE is located in the front of the building, Entrance A, Suite 100. As you enter the building, use the door on the right to enter your waiting area. Once in the waiting area, please ring the doorbell near on the wall next to the interior waiting room door. After you ring the bell, kindly have a seat and someone will come out to assist you.

AD-CARE Program
315 Science Parkway
Entrance A – Suite 100
Rochester, NY 14620
585-602-5200
adcare@urmc.rochester.edu



Help support local Alzheimer's research
with the Forget-Me-Not Fund.

Visit urmc.rochester.edu/ADCARE



AD-CARE

Alzheimer's Disease Care Research and Education Program



What is AD-CARE?

AD-CARE is a program that is committed to Alzheimer's research. We participate in a variety of national and international clinical studies that offer people with memory problems, a diagnosis of Alzheimer's Disease, or an interest in prevention studies the opportunity to take part in current research initiatives.



Participating in Research

Our AD-CARE specialists have expertise in dementia treatments and research. Together, our highly skilled team oversees the day-to-day activities of our clinical studies. To participate in our research, a person needs to have memory problems, a diagnosis of Alzheimer's Disease, or an interest in prevention studies.

- Participation is voluntary – anyone who takes part in a study is allowed to stop at any time with no questions asked.
- All information is kept confidential.
- Participants will receive frequent check-ups with our staff to monitor their health.
- All study-related medications and procedures are of no cost to participants.

We have a wide array of active studies and new studies are continually added.

To find out if you qualify for one of our studies, please call (585) 602-5200.

Our Study Team

Anton Porsteinsson, MD

Director

Dr. Porsteinsson is the William B. and Sheila Konar Professor of Psychiatry, Neurology, Neuroscience, and Medicine at the University of Rochester.

As the director of the AD-CARE Program, Dr. Porsteinsson has devoted his career to the care and study of individuals with memory disorders. His clinical and research interests are focused on cognitive deficits and behavioral changes associated with these disorders, especially treatment interventions and improved diagnostics – areas in which he is internationally recognized.

Emily Clark, DO

Associate Director

Dr. Clark joined the AD-CARE team in 2020 as a Co-Investigator. Her time is shared between the AD-CARE program and the Memory Care Program clinical service, where she devotes her time to the treatment and management of memory disorders and behavioral changes associated with these disorders.

Susan Salem-Spencer, RN, MSN, CCRC

Clinical Operations Manager

Megan Fisher, RN, FNP

Study Coordinator

Nancy Kowalski, RN, MS

Study Coordinator

Abby Mathewson, BSN, RN

Study Coordinator

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Kim Martin, BSN, RN

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