

Livingston County Community Health Improvement Plan (CHIP) 2022-2024

Priority: Promote Well-Being and Prevent Mental and Substance Use Disorders

Focus Area #1

Prevent Mental and Substance User Disorders

Focus Area Goal

Prevent suicides

Objectives Through 2024

Reduce the age-adjusted suicide mortality rate

Interventions

Create protective environments

Identify and support people at risk

Promote connectedness teach coping and problem-solving skills

Family of Measures

- Number of gun locks, medication locks, and disposal pouches distributed per year
- Number of drug collection boxes
- Weight of collected items from boxes
- Number of retailers engaged
- Increase in awareness of "access to lethal means," as measured by survey results or polls

- Proportion of healthcare providers who felt comfortable applying suicide prevention skills: active listening, problem-solving, anger management, and stress management skills to identify and refer individuals at risk for suicide to appropriate care
- Proportion of healthcare providers who were knowledgeable about the signs and symptoms of suicide, as well as the mental health problems associated with suicide, such as depression and substance abuse (e.g., depression is an illness that a doctor can treat)
- Suicide Mortality Rate (NYDOH Prevention Agenda and Medical Examiner Data)

- Extent to which individuals have engaged in help-seeking behaviors in the past three months
- Proportion who had positive expectancies about living, engaged in civic life

By December 2023, we will have completed...

Implementation of Lock & Talk initiative, adapted from Virginia's statewide Lock & Talk program, to reduce access to lethal means.

- Survey healthcare providers regarding screening assessment tools utilized, comfort level regarding suicide prevention skills, and referral process
- Gather data from healthcare providers regarding number of patients screened

- Assessment of local assets and resources
- Conduct attendee surveys at community events to identify the proportion who had positive expectancies about living, engaged in civic life
- Conduct program utilization and effectiveness assessments
- Expand Be Well In Livingston (Chronic Disease Prevention initiative focused on eating better, moving more and stressing less) to Lima, NY
- Promote assets and resource to community

Implementation Partner

Community Based Organizations

Hospital(s)

Community Based Organizations

Partner Role(s) and Resources

- Suicide Prevention Task Force to implement and evaluate Lock & Talk
- CASA-Trinity to promote drug collection boxes in Liv. Co.
- Liv. Co. Sheriff's Office to collect and weigh items from drug collection boxes

- MH/SU CSB, GVHP/Suicide Prevention Task Force to gather data and conduct surveys
- All partners to evaluate data and survey responses: discuss next steps for 2024

- Peer norm programs: CASA Trinity Peer Specialist, LCMH explore MH Peer Programming, LC Veterans -Dwyer Peer Support Program
- Community engagement activities- LC Veterans Outdoor RX, CASA AIR Program, GVHP Be Well In Livingston Stress Less
- Community events such as 5Ks and Euchre tournaments, MHA social support group, OFA Tai Chi and Aging Mastery Program, URM/Noyes Health Caregiver Support Program, and GLOW Out! (LGBTQ+ drop in centers)

